

English Bench Press Championships 22/06/19

| Grp C | Name | Team | Div | Bwt - kg | IPF Wt Cls | lot# | BP-1 | BP-2 | BP-3 | Best BP | Pl/Div/Cls/Event | IPF Points |
|-------|-----------------------|------|--------|----------|------------|------|--------|--------|--------|---------|------------------|------------|
| A | Ishka Trace-Kleeberg | SE | F-J-U | 49.20 | 52 | 1 | 55.0 | 60.0 | -62.5 | 60.0 | 1/F-J-U/52/BP | 551.25 |
| A | Vicky Mirceta | NW | F-O-U | 50.30 | 52 | 2 | 65.0 | 67.5 | -70.0 | 67.5 | 1/F-O-U/52/BP | 606.81 |
| A | Lydia Forrest | SE | F-J-U | 55.50 | 57 | 5 | 57.5 | 62.5 | -67.5 | 62.5 | 1/F-J-U/57/BP | 544.09 |
| A | Ruth Grigg | YNE | F-O-U | 55.35 | 57 | 6 | 80.0 | 85.5 | -90.5 | 85.5 | 1/F-O-U/57/BP | 721.48 |
| A | Emma Ludlow | GL | F-O-U | 55.60 | 57 | 7 | 62.5 | 67.5 | 70.0 | 70.0 | 2/F-O-U/57/BP | 601.22 |
| A | Anastasia Harmer | SE | F-O-U | 56.60 | 57 | 8 | 57.5 | 62.5 | -67.5 | 62.5 | 3/F-O-U/57/BP | 539.91 |
| A | Krishnaa Mahbubani | GBR | F-O-U | 55.85 | 57 | 9 | 45.0 | 47.5 | 50.0 | 50.0 | 4/F-O-U/57/BP | 447.10 |
| A | Emma Stott | NW | F-M1-U | 55.75 | 57 | 4 | 62.5 | -67.5 | 67.5 | 67.5 | 1/F-M1-U/57/BP | 581.42 |
| A | Jessica Tomlinson | GBR | F-M1-U | 56.40 | 57 | 3 | 50.0 | 52.5 | -57.5 | 52.5 | 2/F-M1-U/57/BP | 464.53 |
| A | Sophie Hardy | NM | F-O-U | 60.65 | 63 | 14 | 72.5 | 75.0 | 77.5 | 77.5 | 1/F-O-U/63/BP | 635.95 |
| A | Galit Goldshmid | SM | F-M1-U | 61.85 | 63 | 12 | 80.0 | 85.0 | -87.5 | 85.0 | 1/F-M1-U/63/BP | 685.61 |
| A | Kerys Lee Knight | EM | F-M1-U | 60.50 | 63 | 13 | 65.0 | 70.0 | -75.0 | 70.0 | 2/F-M1-U/63/BP | 581.45 |
| A | Judith Mcgauley | EM | F-M4-U | 58.05 | 63 | 10 | 32.5 | 35.0 | 37.5 | 37.5 | 1/F-M4-U/63/BP | 347.08 |
| B | Sophia Ellis | GL | F-J-U | 71.85 | 72 | 23 | 90.0 | 95.0 | -100.0 | 95.0 | 1/F-J-U/72/BP | 715.27 |
| B | Holly OShea | NM | F-J-U | 70.30 | 72 | 24 | 82.5 | 87.5 | 90.0 | 90.0 | 2/F-J-U/72/BP | 686.95 |
| C | Rachel Bradish | YNE | F-O-U | 71.70 | 72 | 26 | 80.0 | 85.0 | 87.5 | 87.5 | 1/F-O-U/72/BP | 664.97 |
| C | Zoe Clark | SM | F-O-U | 71.90 | 72 | 29 | 80.0 | 85.0 | 87.5 | 87.5 | 2/F-O-U/72/BP | 664.29 |
| C | Bea Wright | SW | F-O-U | 70.05 | 72 | 25 | 72.5 | 75.0 | 77.5 | 77.5 | 3/F-O-U/72/BP | 602.20 |
| C | Claire Fuller | EM | F-O-U | 71.70 | 72 | 27 | 55.0 | 60.0 | -62.5 | 60.0 | 4/F-O-U/72/BP | 478.49 |
| B | Lincoln Rose | SE | F-M1-U | 70.45 | 72 | 21 | 77.5 | 80.0 | 82.5 | 82.5 | 1/F-M1-U/72/BP | 635.14 |
| B | Wendie Kirkland | NM | F-M1-U | 70.40 | 72 | 20 | 67.5 | 72.5 | 75.0 | 75.0 | 2/F-M1-U/72/BP | 584.02 |
| B | Rita Shergold | SM | F-M2-U | 68.20 | 72 | 17 | 65.0 | 70.0 | 72.5 | 72.5 | 1/F-M2-U/72/BP | 573.43 |
| B | Melanie Kaye | YNE | F-M2-U | 66.10 | 72 | 19 | 55.0 | -60.0 | 60.0 | 60.0 | 2/F-M2-U/72/BP | 492.01 |
| B | Kelly Clark | YNE | F-M2-U | 70.05 | 72 | 15 | 50.0 | 55.0 | -57.5 | 55.0 | 3/F-M2-U/72/BP | 447.99 |
| B | Julie Briggs | SE | F-M2-U | 70.65 | 72 | 18 | 47.5 | 52.5 | 55.0 | 55.0 | 4/F-M2-U/72/BP | 446.74 |
| C | Bianca Carew | EM | F-O-U | 77.70 | 84 | 33 | -70.0 | 72.5 | -77.5 | 72.5 | 1/F-O-U/84/BP | 547.85 |
| C | Amelia Allen | SW | F-M1-U | 76.70 | 84 | 32 | 85.0 | -90.0 | 95.0 | 95.0 | 1/F-M1-U/84/BP | 698.29 |
| C | Lisa Messersmith | GL | F-M2-U | 75.35 | 84 | 30 | 40.0 | 45.0 | -50.0 | 45.0 | 1/F-M2-U/84/BP | 371.26 |
| C | Rebecca Coggle | SE | F-O-U | 131.75 | 84+ | 34 | -95.0 | 95.0 | 103.5 | 103.5 | 1/F-O-U/84+/BP | 633.21 |
| C | Sarah Bouskill | NM | F-M1-U | 118.90 | 84+ | 37 | 92.5 | 97.5 | 103.5 | 103.5 | 1/F-M1-U/84+/BP | 652.44 |
| C | Jacqueline Gough | NM | F-M1-U | 144.25 | 84+ | 35 | 92.5 | 97.5 | -103.5 | 97.5 | 2/F-M1-U/84+/BP | 586.50 |
| C | Lisa Pilkington | NW | F-M1-U | 110.70 | 84+ | 36 | 82.5 | 87.5 | -92.5 | 87.5 | 3/F-M1-U/84+/BP | 576.14 |
| A | Ted Brown | SM | M-M5-U | 58.55 | 59 | 1 | 65.0 | 70.0 | 75.0 | 75.0 | 1/M-M4-U/59/BP | 403.44 |
| A | Luca Kawahara Musiu | EM | M-SJ-U | 68.85 | 74 | 3 | 100.0 | 107.5 | 111.0 | 111.0 | 1/M-SJ-U/74/BP | 519.75 |
| A | Christopher Gallagher | GBR | M-J-U | 74.00 | 74 | 4 | 142.5 | 152.5 | -163.0 | 152.5 | 1/M-J-U/74/BP | 675.10 |
| A | Chris Eaton | NW | M-O-U | 72.50 | 74 | 5 | 117.5 | 125.0 | 130.0 | 130.0 | 1/M-O-U/74/BP | 584.47 |
| A | Thomas Goodspeed | SW | M-O-U | 73.85 | 74 | 6 | -125.0 | -127.5 | -127.5 | 0.0 | | 0.00 |
| A | Joshua Steen | SM | M-J-U | 78.50 | 83 | 10 | 117.5 | 125.0 | 130.0 | 130.0 | 1/M-J-U/83/BP | 550.30 |
| B | Adam Manery | GBR | M-O-U | 82.85 | 83 | 13 | 150.0 | 157.5 | 162.5 | 162.5 | 1/M-O-U/83/BP | 661.87 |
| B | Dan Magee | SE | M-O-U | 79.70 | 83 | 16 | 147.5 | 152.5 | 160.0 | 160.0 | 2/M-O-U/83/BP | 670.07 |
| B | Todd Willis | SM | M-O-U | 80.60 | 83 | 15 | 150.0 | 157.5 | -162.5 | 157.5 | 3/M-O-U/83/BP | 654.23 |
| B | James Vickers | GL | M-O-U | 82.05 | 83 | 11 | 135.0 | -142.5 | 142.5 | 142.5 | 4/M-O-U/83/BP | 584.32 |
| B | Ben Richens | GBR | M-O-U | 82.35 | 83 | 14 | 115.0 | 120.0 | 122.5 | 122.5 | 5/M-O-U/83/BP | 500.89 |
| B | James Ingram | SE | M-O-U | 78.95 | 83 | 12 | 115.0 | 120.0 | -125.0 | 120.0 | 6/M-O-U/83/BP | 505.76 |
| A | Nigel Seymour | SM | M-M2-U | 80.70 | 83 | 8 | 105.0 | 110.0 | -112.5 | 110.0 | 1/M-M2-U/83/BP | 456.23 |
| A | David Horne | SM | M-M2-U | 81.45 | 83 | 7 | 102.5 | 110.0 | -115.0 | 110.0 | 2/M-M2-U/83/BP | 453.22 |
| A | Steve Messersmith | GL | M-M2-U | 82.40 | 83 | 9 | 70.0 | 75.0 | -80.0 | 75.0 | 3/M-M2-U/83/BP | 306.22 |
| B | Brodie Lewis | GBR | M-O-U | 91.95 | 93 | 21 | -127.5 | 135.0 | -140.0 | 135.0 | 1/M-O-U/93/BP | 512.08 |
| B | Jason Talbot | NM | M-M2-U | 92.75 | 93 | 19 | -155.0 | 155.0 | 165.0 | 165.0 | 1/M-M2-U/93/BP | 622.36 |
| B | Paul Abbott | GBR | M-M3-U | 89.20 | 93 | 18 | 132.5 | 140.0 | 145.0 | 145.0 | 1/M-M3-U/93/BP | 561.22 |
| B | John O'Riordan | SW | M-M3-U | 89.35 | 93 | 17 | 110.0 | 120.0 | 125.0 | 125.0 | 2/M-M3-U/93/BP | 483.22 |
| C | Jamie Green | NM | M-SJ-U | 101.10 | 105 | 27 | 122.5 | 128.5 | 130.0 | 130.0 | 1/M-SJ-U/105/BP | 464.24 |
| C | Josh Pollard | YNE | M-J-U | 102.60 | 105 | 29 | 155.0 | 162.5 | 167.5 | 167.5 | 1/M-J-U/105/BP | 592.66 |
| C | Beck Phillips | SW | M-J-U | 94.30 | 105 | 28 | 155.0 | 160.0 | 162.5 | 162.5 | 2/M-J-U/105/BP | 606.35 |
| C | Micheal Monda | GBR | M-J-U | 103.75 | 105 | 30 | 132.5 | 140.0 | -145.0 | 140.0 | 3/M-J-U/105/BP | 492.07 |
| C | Mihails Monastirskis | WM | M-O-U | 104.30 | 105 | 32 | -220.0 | 220.0 | 225.0 | 225.0 | 1/M-O-U/105/BP | 788.01 |

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|---|------------------------|-----|--------|--------|------|----|--------|--------|--------|-------|------------------|--------|
| C | Joey Watson | SE | M-O-U | 101.00 | 105 | 31 | 175.0 | 182.5 | -190.0 | 182.5 | 2/M-O-U/105/BP | 651.99 |
| C | Nathan Oxford | EM | M-O-U | 102.90 | 105 | 34 | 155.0 | -162.5 | 165.0 | 165.0 | 3/M-O-U/105/BP | 582.78 |
| C | Christopher Scotchings | EM | M-O-U | 103.20 | 105 | 33 | 125.0 | 130.0 | 135.0 | 135.0 | 4/M-O-U/105/BP | 476.05 |
| C | Harbans Bansal | WM | M-M1-U | 101.85 | 105 | 26 | 170.0 | -180.0 | 180.0 | 180.0 | 1/M-M1-U/105/BP | 639.74 |
| C | Darren Stafford | NW | M-M1-U | 102.28 | 105 | 25 | 127.5 | 135.0 | 137.5 | 137.5 | 2/M-M1-U/105/BP | 487.51 |
| B | Bob Baxter | NM | M-M3-U | 103.25 | 105 | 23 | 130.0 | -135.0 | -140.0 | 130.0 | 1/M-M3-U/105/BP | 458.30 |
| B | Paul Graham | EM | M-M3-U | 101.20 | 105 | 24 | 65.0 | 70.0 | 75.0 | 75.0 | 2/M-M3-U/105/BP | 0.00 |
| B | Tom Collins | YNE | M-M4-U | 104.20 | 105 | 22 | 130.0 | 140.0 | -150.0 | 140.0 | 1/M-M4-U/105/BP | 490.78 |
| C | Harry O'Neill | SE | M-O-U | 117.85 | 120 | 35 | 180.0 | 190.0 | -200.0 | 190.0 | 1/M-O-U/120/BP | 619.55 |
| C | Carl Sheppard | WM | M-O-U | 108.60 | 120 | 36 | 150.0 | 157.5 | -160.0 | 157.5 | 2/M-O-U/120/BP | 538.56 |
| C | Toby Caswell | SE | M-O-U | 128.00 | 120+ | 39 | 162.5 | 172.5 | -177.5 | 172.5 | 1/M-O-U/120+/BP | 537.55 |
| C | Ross Arbery | SE | M-O-U | 127.10 | 120+ | 38 | 137.5 | -145.0 | -145.0 | 137.5 | 2/M-O-U/120+/BP | 430.37 |
| B | Isaac Ugen | GL | M-M1-U | 130.45 | 120+ | 23 | 140.0 | 145.0 | 150.0 | 150.0 | 1/M-M1-U/120+/BP | 462.89 |
| A | Faye Jordan | EM | F-O | 62.25 | 63 | 2 | 100.0 | -115.0 | -115.0 | 100.0 | 1/F-O/63/BP | 575.30 |
| A | Galit Goldshmid | SM | F-M1 | 61.85 | 63 | 1 | 90.0 | 95.0 | 97.5 | 97.5 | 1/F-M1/63/BP | 567.95 |
| A | Wendie Kirkland | NM | F-M1 | 70.40 | 72 | 4 | 100.0 | 105.0 | 108.0 | 108.0 | 1/F-M1/72/BP | 574.69 |
| A | Kelly Clark | YNE | F-M2 | 70.92 | 72 | 3 | -65.0 | -67.5 | -72.5 | 0.0 | | 0.00 |
| A | Amy Crossland | NM | F-O | 81.85 | 84 | 5 | 92.5 | -100.0 | -107.5 | 92.5 | 1/F-O/84/BP | 501.16 |
| A | Jacqueline Gough | NM | F-M1 | 144.25 | 84+ | 6 | 135.0 | -160.0 | -160.0 | 135.0 | 1/F-M1/84+/BP | 531.51 |
| A | Sarah Bouskill | NM | F-M1 | 118.90 | 84+ | 8 | 130.0 | -160.0 | -160.0 | 130.0 | 2/F-M1/84+/BP | 545.13 |
| A | Kelly Layden-Farrer | NM | F-M1 | 116.25 | 84+ | 7 | 110.0 | 115.0 | 120.0 | 120.0 | 3/F-M1/84+/BP | 524.92 |
| B | Chris Eaton | NW | M-O | 72.40 | 74 | 9 | 100.0 | 120.0 | -132.5 | 120.0 | 1/M-O/74/BP | 468.63 |
| B | Steve Wakefield | EM | M-O | 82.35 | 83 | 11 | 135.0 | 142.5 | -147.5 | 142.5 | 1/M-O/83/BP | 484.13 |
| B | Gary Lovett | YNE | M-M1 | 81.65 | 83 | 10 | -150.0 | -150.0 | 150.0 | 150.0 | 1/M-M1/83/BP | 504.21 |
| B | Andy Champ | EM | M-O | 93.00 | 93 | 14 | 250.0 | -275.5 | -275.5 | 250.0 | 1/M-O/93/BP | 677.92 |
| B | David Murray | SM | M-O | 91.40 | 93 | 16 | 170.0 | -177.5 | 177.5 | 177.5 | 2/M-O/93/BP | 530.32 |
| B | Kyran O'Neill | SM | M-O | 87.05 | 93 | 15 | 150.0 | 160.0 | -170.0 | 160.0 | 3/M-O/93/BP | 507.15 |
| B | Jason Talbot | NM | M-M2 | 92.75 | 93 | 13 | 190.0 | 205.5 | 210.0 | 210.0 | 1/M-M2/93/BP | 594.51 |
| B | Glyn Belsher | NM | M-M3 | 92.70 | 93 | 12 | 140.0 | -150.0 | -150.0 | 140.0 | 1/M-M3/93/BP | 446.73 |
| B | Bob Baxter | NM | M-M3 | 103.25 | 105 | 18 | 130.0 | 145.0 | -160.0 | 145.0 | 1/M-M3/105/BP | 432.25 |
| B | Tom Collins | YNE | M-M4 | 104.20 | 105 | 17 | 160.0 | 170.0 | -180.0 | 170.0 | 1/M-M4/105/BP | 478.89 |
| B | Martin Marshall | GL | M-O | 119.00 | 120 | 19 | -220.0 | 220.0 | -230.0 | 220.0 | 1/M-O/120/BP | 538.02 |
| B | Daniel Lupton | EM | M-O | 112.85 | 120 | 21 | -177.5 | 177.5 | -192.5 | 177.5 | 2/M-O/120/BP | 474.12 |
| B | Graham Mellor | NM | M-O | 167.40 | 120+ | 25 | 280.0 | -320.0 | -320.0 | 280.0 | 1/M-O/120+/BP | 552.24 |
| B | Ross Arbery | SE | M-O | 127.10 | 120+ | 24 | 165.0 | 175.0 | 177.5 | 177.5 | 2/M-O/120+/BP | 448.75 |