

West Midlands Womens - Masters & Juniors Powerlifting Championships 3rd April 2016 - Hatchford Brook Youth Centre																				
Class	BW	Age	Name	Division	Squat				Bench				Sub Total	Deadlift				Total	Wilks	Place
					1	2	3	Best	1	2	3	Best		1	2	3	Best			
52	50.1	Senior	Maryam Saberi	W.Mids	80.0	85.0	87.5	87.5	40.0	42.5	45.0	42.5	130.0	90.0	105.0	117.5	117.5	247.5	317.4668	1st
63	59.8	Senior	Susanne Escher	W.Mids	45.0	55.0	60.0	60.0	27.5	32.5	37.5	32.5	92.5	65.0	75.0	85.0	85.0	177.5	198.4053	1st
63	62.8	Junior	Karenjeet Bains	W.Mids	115.0	122.5	127.5	122.5	60.0	65.0	67.5	67.5	190.0	135.0	142.5	150.0	142.5	332.5	357.9522	1st
72	70.9	Sub junior	Deanna Dawkins	W.Mids	80.0	90.0	97.5	90.0	50.0	55.0	57.5	55.0	145.0	100.0	112.5	117.5	117.5	262.5	258.8745	1st
72	70.8	Master 1	Jeni Aulman	W.Mids	110.0	120.0	122.5	122.5	65.0	70.0	72.5	70.0	192.5	150.0	165.0	167.5	165.0	357.5	352.9005	1st
72	71.2		Mel Cicero	Wales	85.0	100.0	110.0	100.0	57.5	60.0	62.5	62.5	162.5	135.0	145.0	155.0	155.0	317.5	312.2214	Guest
84	82.8	Senior	Deirdre Fenlon	W.Mids	135.0	145.0	155.0	145.0	60.0	65.0	70.0	70.0	215.0	160.0	175.0	185.0	185.0	400.0	359.311	1st
84	83.3	Senior	Takara Hawthorne-Smith	W.Mids	120.0	125.0	130.0	130.0	70.0	75.0	77.5	75.0	205.0	180.0	190.0	190.0	180.0	385.0	344.7711	2nd
84+	135.5		Pauline Reeves	W.Mids	-	-	-		47.5	52.5	55.0	55.0	55.0	80.0	85.0	92.5	92.5	147.5	115.3942	Guest
59	56.5	Sub junior	Jacob Meluin	W.Mids	100.0	110.0	112.5	112.5	65.0	70.0	72.5	72.5	185.0	110.0	115.0	130.0	130.0	315.0	284.289	1st
66	65.2	Junior	Ploutis Koumi	W.Mids	150.0	160.0	162.5	160.0	90.0	97.5	102.5	102.5	262.5	185.0	200.0	205.0	205.0	467.5	370.8034	1st
66	66.0	Sub junior	Jonathan Horton	W.Mids	110.0	110.0	110.0	110.0	65.0	67.5	70.0	67.5	177.5	140.0	140.0	140.0	0.0	0.0	-	-
66	62.4		Suhail Mulla	W.Mids	95.0	102.5	107.5	107.5	65.0	70.0	77.5	77.5	185.0	130.0	165.0	170.0	165.0	350.0	288.2185	Guest
74	69.3	Master 3	Stan Macrow	W.Mids	155.0	162.5	pass	162.5	95.0	100.0	102.5	102.5	265.0	175.0	182.5	pass	175.0	440.0	332.2905	1st
83	82.6	Sub junior	Alex Tellam	W.Mids	160.0	170.0	180.0	160.0	100.0	105.0	110.0	110.0	270.0	190.0	210.0	230.0	230.0	500.0	334.7106	1st
83	81.4	Junior	Ryan Truman	W.Mids	160.0	172.5	175.0	175.0	105.0	120.0	122.5	122.5	297.5	195.0	210.0	227.5	227.5	525.0	354.5724	1st
83	80.2	Junior	Jason Tsang	W.Mids	185.0	197.5	205.0	205.0	95.0	102.5	110.0	110.0	315.0	190.0	200.0	210.0	200.0	515.0	351.0378	2nd
83	79.0	Junior	Victor Mulimakwenda	W.Mids	165.0	175.0	180.0	175.0	95.0	105.0	110.0	110.0	285.0	175.0	190.0	205.0	205.0	490.0	337.2132	3rd
83	81.9	Junior	Dylan Davies	W.Mids	150.0	165.0	165.0	150.0	105.0	105.0	105.0	0.0	0.0	200.0	220.0	220.0	200.0	0.0	-	-
83	77.9	Junior	Adeel Khalil	W.Mids	160.0	170.0	170.0	160.0	90.0	100.0	105.0	100.0	260.0	200.0	210.0	215.0	210.0	470.0	326.4132	Guest
83	81.8	Junior	Khristian Rualo	S.Mids	180.0	200.0	200.0	180.0	105.0	105.0	105.0	105.0	285.0	190.0	210.0	230.0	210.0	495.0	333.3127	Guest
93	91.1	Junior	Sanjay Dhokia	W.Mids	150.0	160.0	167.5	167.5	115.0	115.0	122.5	122.5	290.0	210.0	220.0	230.0	230.0	520.0	329.946	1st
93	92.4	Master 1	Paul Watton	W.Mids	135.0	147.5	152.5	152.5	90.0	100.0	100.0	90.0	242.5	175.0	185.0	185.0	175.0	417.5	263.0815	1st
93	92.4		Jamie Price	W.Mids	225.0	245.0	245.0	225.0	115.0	122.5	127.5	127.5	352.5	225.0	240.0	250.0	250.0	602.5	379.6566	Guest
93	93.0		Michael Tennant	S.Mids	190.0	210.0	227.5	210.0	130.0	140.0	145.0	140.0	350.0	250.0	265.0	280.0	265.0	615.0	386.3369	Guest
105	104.3	Junior	Balal Ahmed	W.Mids	200.0	220.0	225.0	220.0	130.0	140.0	145.0	140.0	360.0	250.0	270.0	280.0	270.0	630.0	377.3515	1st
105	96.7	Master 1	Jason Curtis	W.Mids	200.0	210.0	220.0	220.0	105.0	110.0	115.0	115.0	335.0	215.0	225.0	235.0	235.0	570.0	351.7806	1st
105	99.9	Master 1	David Allen	W.Mids	125.0	137.5	145.0	145.0	100.0	107.5	115.0	115.0	260.0	185.0	197.5	212.5	212.5	472.5	287.6735	2nd
120	112.4	Sub junior	Ross Cartwright	W.Mids	185.0	195.0	200.0	200.0	110.0	120.0	130.0	120.0	320.0	160.0	170.0	180.0	180.0	500.0	292.3693	1st
120	109.1		Omar Keshta	S.Mids	190.0	210.0	210.0	190.0	160.0	170.0	170.0	160.0	350.0	240.0	250.0	260.0	260.0	610.0	359.897	Guest
MANY THANKS TO STAN MACROW AND ALL AT HATCHFORD BROOK YOUTH CENTRE																				
REFEREE'S: RANBIR SAHOTA. JASVINDER SINGH. MIKE EDWARDS. MC: MATT PEARCE																				