

Manchester & Merseyside County Championships 2017

Power & Fitness Gym, Liverpool - 29th January 2017



Name	Team	Bwt (kg)	WtCls (kg)	lot#	Age	Classic / Eq	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	TOTAL	Wilks	Placing
Tania Robins	Lytham YMCA	47.8	52	8	Senior	Classic	62.5	70	75	75	35	40	-42.5	40	115	75	87.5	105	105	220	292.270	1-Snr-52-
Maria Andrews	Pennine Strength Training	54.8	57	2	Senior	Classic	110	115	120	120	55	57.5	-60	57.5	177.5	125	135	-440.5	135	312.5	373.969	1-Snr-57-
Natalie Banks		54.2	57	9	Senior	Classic	85	90	95	95	50	55	-57.5	55	150	135	140	142.5	142.5	292.5	353.077	2-Snr-57-
Jazmine Franks		55.6	57	4	Senior	Classic	95	100	105	105	50	55	-57.5	55	160	105	120	130	130	290	343.128	3-Snr-57-
Mariella Fisher		60.9	63	13	U18	Classic	105	120	-130	120	62.5	70	-75	70	190	130	150	-170	150	340	374.714	1-SJ-63-
Emily Burns	Bangor University	62	63	5	U23	Classic	-117.5	-117.5	-117.5	0	60	65	-67.5	65	0	x	x	x	0	0	0.000	
Hannah Philp	Rochdale S&C	63	63	25	Senior	Classic	135	140	145	145	70	75	-80	75	220	155	160	166	166	386	414.564	1-Snr-63-
Shannon Clifford	Viking Fitness	62.8	63	19	Senior	Classic	112.5	120	122.5	122.5	60	65	-67.5	65	187.5	145	155	160	160	347.5	374.084	2-Snr-63-
Lauren-May Drake	Core Fitness Centre	62.9	63	12	Senior	Classic	95	100	102.5	102.5	55	57.5	-60	57.5	160	150	160	162.5	162.5	322.5	346.784	3-Snr-63-
Jo Kelly	Power & Fitness	62.1	63	20	Senior	Classic	90	95	97.5	97.5	-65	-67.5	-67.5	0	0	112.5	115	122.5	122.5	0	0.000	
Andrea Wilkinson	Intershape	66.4	72	11	M2	Classic	97.5	102.5	107.5	107.5	57.5	60	-63.5	60	167.5	125	132.5	137.5	137.5	305	315.004	1-M2-72-
Elfie Higson		64	72	16	Senior	Classic	120	125	-130	125	57.5	-60	-60	57.5	182.5	163	170	-175	170	352.5	374.108	1-Gst-72-
Scarlett Portues	Fighting Fit	76.8	84	7	Senior	Classic	120	127.5	132.5	132.5	65	-70	-70	65	197.5	127.5	137.5	-145	137.5	335	313.862	1-Snr-84-
Victoria Eldridge		82.8	84	6	Senior	Classic	95	100	105	105	45	50	-55	50	155	95	100	110	110	265	238.049	2-Snr-84-
Adele Fothersgill	Intershape	79.2	84	18	M1	Classic	100	105	110	110	60	62.5	65	65	175	117.5	-125	125	125	300	276.060	1-M1-84-
Danielle Schofield	Lytham YMCA	94.3	84+	21	Senior	Classic	77.5	90	-110	90	47.5	52.5	-60	52.5	142.5	-110	132.5	-152.5	132.5	275	233.365	1-Snr-84+-
Lindsey Woodcock	West Midlands	86.2	84+	1	Senior	Classic	80	-90	90	90	55	60	65	65	155	120	130	137.5	137.5	292.5	257.605	1-Gst-84+-

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Daniel Haslam		73.4	74	14	U23	Classic	140	155	162.5	162.5	105	120	-130	120	282.5	180	190	-200	190	472.5	341.854	1-Jr-74-
Danny Potter		74	74	23	Senior	Classic	160	170	180	180	135	142.5	-145.5	142.5	322.5	205	215	225	225	547.5	393.817	1-Sen-74-
Ben Dandy	Adlington Barbell Club	71.4	74	3	Senior	Classic	150	162.5	167.5	167.5	117.5	125	127.5	127.5	295	170	185	200	200	495	365.459	2-Sen-74-
Adam Mack		71.9	74	15	Senior	Classic	-160	162.5	165	165	105	-110	-110	105	270	190	200	210	210	480	352.560	3-Sen-74-
SEAN MARLOW		72.2	74	24	M2	Classic	115	135	140	140	77.5	85	87.5	87.5	227.5	150	160	165	165	392.5	287.389	1-M2-74-
Dan Frampton		77.6	83	28	U18	Classic	-150	150	157.5	157.5	102.5	110	115	115	272.5	185	192.5	200	200	472.5	329.002	1-SJ-83-
Shariq Haidery		77.2	83	22	U18	Classic	-130	130	142.5	142.5	70	-75	-75	70	212.5	170	185	-200	185	397.5	277.733	2-SJ-83-
Edward Obakhavbaye-Hanson		81.9	83	29	U23	Classic	200	217.5	-235	217.5	135	-152.5	-152.5	135	352.5	250	262.5	-285	262.5	615	413.834	1-JR-83-
Benjamin Jenkins		82.8	83	13	U23	Classic	190	205	-210	205	110	117.5	125	125	330	220	230	240	240	570	381.045	2-JR-83-
LokYin Yeung Nicholas		79.1	83	17	U23	Classic	182.5	192.5	202.5	202.5	105	110	117.5	117.5	320	200	212.5	-230	212.5	532.5	366.147	3-JR-83-
Jac Lewis		80.8	83	12	Senior	Classic	200	210	215	215	150	160	165	165	380	200	220	235	235	615	417.277	1-sen-83-
Mathew Beenham		83	83	32	Senior	Classic	160	170	180	180	120	125	-130	125	305	200	210	217.5	217.5	522.5	348.769	2-sen-83-
Glynne jones	Adlington Barbell Club	81.4	83	5	M1	Classic	140	-145	-145	140	110	115	-117.5	115	255	210	222.5	230	230	485	327.569	1-M1-83-
James Redman	East Midlands	79.3	83	16	U23	Classic	150	165	170	170	80	85	90	90	260	180	190	-200	190	450	308.925	Guest
Rudi Obasi-Adams	Yorkhire North East	75.4	83	26	Senior	Classic	160	172.5	180	180	95	102.5	110	110	290	45	x	x	45	335	237.817	Guest
Alex Hayes	Strength Factory	90.7	93	23	U23	Classic	180	187.5	-195	187.5	117.5	122.5	-127.5	122.5	310	210	230	245	245	555	352.925	1-JR-93-
John Foy	Brick Gym Widness	92.8	93	35	Senior	Classic	170	200	-210	200	130	140	145	145	345	200	220	230	230	575	361.560	1-sen-93-
Paul Constantine		92.9	93	21	M1	Classic	170	180	190	190	120	127.5	135	135	325	180	190	200	200	525	329.962	1-M1-93-
Kenneth Lingard		88.1	93	8	M4	Classic	-117.5	120	125	125	80	85	87.5	87.5	212.5	130	140	145.5	145.5	358	231.089	1-M4-93-
Ryan Archer	North Midlands	91.5	93	30	Senior	Classic	197.5	210	217.5	217.5	150	160	-165	160	377.5	227.5	240	245	245	622.5	394.105	Guest
Akkas Miah	Core Fitness PT	87.2	93	7	Senior	Classic	162.5	170	175	175	105	110	115	115	290	170	185	195	195	485	314.814	Guest

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James Hannon	JD Gym	103.8	105	33	Senior	Classic	190	215	225	225	125	140	145	145	370	225	250	267.5	267.5	637.5	382.500	1-sen-105-
Christopher Horton	Power & Fitness	102.7	105	20	Senior	Classic	180	195	205	205	140	147.5	155	155	360	200	217.5	227.5	227.5	587.5	353.910	2-sen-105-
Marvin Turner	Crossfit Widnes	102.6	105	1	Senior	Classic	215	227.5	-240	227.5	-175	-180	-180	0	0	-275	x	x	0	0	0.000	
C J Banks		102.1	105	15	M1	Classic	150	170	185	185	-140	150	160	160	345	180	200	-220	200	545	329.016	1-M1-105-
Stephen Manuel	Power & Fitness	107.5	120	2	Senior	Classic	290	305	-324	305	190	197	205	205	510	310	-325	325	325	835	494.988	1-sen-120-
ewan cunliffe	Adlington Barbell Club	113	120	25	Senior	Classic	215	230	245	245	182.5	-192.5	192.5	192.5	437.5	215	240	260	260	697.5	407.270	2-sen-120-
Tamas Kurcz		116.3	120	31	Senior	Classic	190	200	210	210	150	160	170	170	380	245	260	-270	260	640	370.752	3-sen-120-
Chris Peters	Pennine Strength Training	111.3	120	4	Senior	Classic	180	-190	-190	180	130	137.5	-140	137.5	317.5	220	-235	-235	220	537.5	315.190	4-sen-120-
Harvey Robinson	Wales	116.7	120	9	U23	Classic	225	x	x	225	165	175	180	180	405	225	x	x	225	630	364.644	Guest
Richard Caine	Yorkhire North East	118.1	120	6	Senior	Equipped	-240	-240	-240	0	150	162.5	-170	162.5	0	215	230	245	245	0	0.000	Guest
Andrew Philp	Rochdale S&C	111.2	120	24	M1	Classic	230	240	x	240	-162.5	-162.5	-162.5	0	0	x	x	x	0	0	0.000	
Jord McLaughlin	Power & Fitness	139.1	120+	19	Senior	Classic	-305	305	317.5	317.5	205	217.5	-222.5	217.5	535	292.5	-305	305	305	840	469.812	1-sen-120+-
Andy Foster	Adlington Barbell Club	137.3	120+	3	Senior	Classic	275	285	292.5	292.5	185	192.5	-200	192.5	485	300	310	320	320	805	451.203	2-sen-120+-
Joshua Astley	Nuffield Health - Preston	134.7	120+	11	Senior	Classic	177.5	192.5	202.5	202.5	-140	140	162.5	162.5	365	175	195	205	205	570	320.454	3-sen-120+-