

02/09/2017

North West Powerlifting Championships 2017 - Saturday



Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Points	Placing	Events Entered	Qual	Qual Bench
Tania Robins	Lytham YMCA	F-C-Snr	45.6	47	9	Senior	-77.5	82.5	87.5	87.5	-40	40	-47.5	40	127.5	112.5	-126	-126	112.5	240	329.784	1st	PL	Br	
danielle firth	Crossfit Liverpool	F-C-Snr	50.2	52	8	Senior	95	100	105	105	-50	52.5	55	55	160	125	130	135	135	295	377.836	1st	PL	Br	Br
Natalie Banks		F-C-Snr	51.3	52	17	Senior	90	-95	-95	90	57.5	-60	-60	57.5	147.5	137.5	-140	140 ^{Sen}	140	287.5	362.164	2nd	PL	Br	Br
Jazmine Franks		F-C-Snr	52	52	7	Senior	-109	105	-110	105	-62.5	-62.5	-62.5	0	0	115	120		120	0	0.000		PL		
Charlotte Doughton		F-C-Gst	54	57	22	Senior	100	110	-112.5	110	-55	60	-62.5	60	170	120	125	130	130	300	363.180	Guest	PL	Br	Br
Beckie Hebson	Fighting Fit	F-C-Gst	52.4	57	14	Senior	95	102.5	107.5	107.5	55	-60	-60	55	162.5	125	130	-137.5	130	292.5	362.495	Guest	PL	Br	Br
Bobbie Butters	University of Central Lancashire	F-C-Snr	62.5	63	5	U23	140	147.5	155 ^{U23 Sen}	155	80	85	90 ^{U23 Sen}	90	245	150			150	395	426.798	1st	PL	Br	Br
Lauren-May Drake		F-C-Snr	62.4	63	24	Senior	102.5	-110	110	110	50	55	-57.5	55	165	147.5	160	166.5 ^{Sen}	166.5	331.5	358.617	2nd	PL	Br	
Jo Kelly	Power & Fitness Gym	F-C-Snr	62.9	63	13	Senior	100	-105	105	105	70	72.5	-75	72.5	177.5	115	122.5	130	130	307.5	330.655	3rd	PL	Br	Br
Sarah Pearson	Primal Gym	F-C-Snr	60.1	63	18	U23	100	105	110	110	55	60	-62.5	60	170	120	125	130	130	300	334.020	4th	PL	Br	Br
Alison Parkinson		F-C-Snr	61.5	63	2	M1				0	37.5	-40	40	40	0				0	40	43.760		BP		
Mariella fisher	Lytham YMCA	F-C-Snr	66	72	6	U18	120	132.5	143 ^{U18 U23}	143	75	80 ^{U18 U23}	-81	80	223	155	167.5	-183	167.5	390.5	405.105	1st	PL	Br	Br
Clare Patterson	Fighting Fit	F-C-Snr	70.7	72	17	Senior	-135	135	-142.5	135	95.5 ^{Sen}	97.5 ^{Sen}		97.5	232.5	130	135	140	140	372.5	368.067	2nd	PL	Br	Br
Sophie Gibbs	Taylor's Strength	F-C-Snr	68.2	72	9	Senior	125	135	140	140	-55	57.5	-62.5	57.5	197.5	142.5	150	155	155	352.5	357.118	3rd	PL	Br	Br
Victoria savage	Power & Fitness Gym	F-C-Snr	65.6	72	14	M1	102.5	110	115.5 ^{M1}	115.5	47.5	52.5	55	55	170.5	115	125	130	130	300.5	313.121	4th	PL	Bm	Bm
Megan Blunstone		F-C-Snr	70	72	5	Senior	97.5	107.5	-112.5	107.5	52.5	57.5	-60	57.5	165	120	-130	-130	120	285	283.518	5th	PL		
Laura Battersby	DJS Fitness	F-C-Snr	67.3	72	20	Senior	82.5	85	87.5	87.5	-50	52.5	-55	52.5	140	125	-130	-130	125	265	271.042	6th	PL		
Lynzi Shepherd	Olympic Sports Gym	F-C-Snr	67.2	72	8	Senior	-115	115	125	125	-57.5	-57.5	-57.5	0	0	-125			0	0	0.000		PL		

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Emma Sullivan		F-C-Snr	81.2	84	1	Senior	135	142.5	147.5	147.5	77.5	82.5	-85	82.5	230	155	165	-175	165	395	358.502	1st	PL	Br	Br
Adele fothersgill	Blanchflower Performance	F-C-Snr	81.3	84	3	M1	112.5	122.5 ^{M1}	-127.5	122.5	62.5	-67.5	-67.5	62.5	185	120	130	-135	130	315 ^{M1}	285.705	2nd	PL	Bm	Bm
Victoria Eldridge		F-C-Snr	80.9	84	15	Senior	115	122.5	127.5	127.5	55	-60	60	60	187.5	110	120	125	125	312.5	284.187	3rd	PL		
Lindsey Woodcock		F-C-Snr	80.5	84	21	Senior	90	100	-102.5	100	60	62.5	65	65	165	130	140	-145	140	305	278.129	4th	PL		
Kate Jackson	Olympic Sports Gym	F-C-Snr	76.4	84	23	U23	95	-102.5	-107.5	95	-45	45	50	50	145	110	120	130	130	275	258.472	5th	PL	Bj	
Elfie Higson	Blanchflower Performance	F-C-Gst	75.6	84	16	Senior	142.5	-152.5	-152.5	142.5	65	70	72.5	72.5	215	170	182.5	-190	182.5	397.5	375.995	guest	PL	Br	Br
Lucy Jackson	Olympic Sports Gym	F-C-Snr	104	84+	4	U23	140	147.5	155 ^{U23}	155	70	75	-77.5	75	230	160	172.5	182.5 ^{U23}	182.5	412.5 ^{U23}	339.776	1st	PL	Br	Br
Steevi Pugh	Fighting Fit	F-C-Snr	94.8	84+	16	Senior	140	147.5	152.5	152.5	62.5	-67.5	67.5	67.5	220	140	147.5	-152.5	147.5	367.5	311.273	2nd	PL	Br	
Graham Hayes		M-C-Sen	58.9	59	20	U23	135	142.5	147.5	147.5	95	102.5	105.5 ^{Jr}	105.5	253	140	160	-180	160	413	358.278	1st	PL	Bj	Br
Callum McGovern	DJS Fitness	M-C-Sen	58.8	59	12	U16	95 ^{U16 U18}	100 ^{U16 U18}	107.5 ^{U16 U18}	107.5	62.5 ^{U16 U18}	65 ^{U16 U18}	70 ^{U16 U18}	70	177.5	120 ^{U16 U18}	130 ^{U16 U18}	140 ^{U16 U18}	140	317.5 ^{U16 U18}	275.876	2nd	PL	Bj	Bj
Richard Gould	315 Lancaster	M-C-Sen	58.4	59	6	M2	90	95	100 ^{M2}	100	60	-65	65	65	165	125	132.5 ^{M2}	135 ^{M1 M2}	135	300 ^{M1 M2}	262.350	3rd	PL	Bm	
Henry Chay		M-C-Sen	63.5	66	10	M2	145	155	-160	155	80	85	-87.5	85	240	190	200	205 ^{M2}	205	445	360.940	1st	PL	Bm	Bm
Danny potter		M-C-Sen	73.7	74	7	Senior	180	190		190	130	140	146 ^{Sen}	146	336	220	230	-240	230	566	408.312	1st	PL		Br
Josh Wahlers	LJMU Powerlifting Club	M-C-Sen	72.7	74	11	U23	170	180	-182.5	180	100	110	-115	110	290	240	250	260 ^{U23 Sen}	260	550	400.675	2nd	PL	Bj	Bj
Michael Roskell		M-C-Sen	73.7	74	12	Senior	165	175	185	185	100	105	110	110	295	185	205	217.5	217.5	512.5	369.718	3rd	PL		
Ben Dandy	Adlington Barbell	M-C-Sen	73	74	4	Senior	160	170	175	175	122.5	130	132.5	132.5	307.5	180	192.5	200	200	507.5	368.648	4th	PL		Br
Daniel Whittall	Olympic Sports Gym	M-C-Sen	74	74	15	Senior	165	-175	-175	165	102.5	-107.5	-107.5	102.5	267.5	195	205	-210	205	472.5	339.869	5th	PL		
Chris Eaton		M-C-Sen	70.3	74	2	Senior	125	132.5	-140	132.5	110	117.5	122.5	122.5	255	180	192.5	-200	192.5	447.5	334.238	6th	PL		Br
Martyn wood		M-C-Sen	73	74	18	Senior	140	-150	-150	140	90	-97.5	-97.5	90	230	150	160	175	175	405	294.192	7th	PL		
Shariq Haidery		M-C-Sen	70.9	74	1	U18	-135	135	140	140	-70	70	-75	70	210	-170	170	185	185	395	293.169	8th	PL	Bj	

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 Qualification for British Championships: Br = Seniors Bj = Juniors (incl sub-juniors) Bm = Master

● = drug tested

Best Lifter

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David Heath		M-C-Sen	82.4	83	10	Senior	220	230	-240	230	125	130	-135	130	360	240	252.5	257.5	257.5	617.5	413.972	1st	PL		Br
Tristan Kennedy	Catts Gym	M-C-Sen	82	83	12	Senior	192.5	200	205	205	-105	105	-110	105	310	255	267.5	-275	267.5	577.5	388.311	2nd	PL		
Adrian Cook	Taylor's Strength	M-C-Sen	81.2	83	19	U23	190	200	207.5	207.5	130	140	-145	140	347.5	215	227.5	-235	227.5	575	388.930	3rd	PL	Bj	Br
David Clifford		M-C-Sen	82.5	83	23	M2	190	200	^{M1 M2} 207.5	207.5	120	125	^{M1 M2} 130.5	130.5	338	225	232.5	-237.5	232.5	^{M1 M2} 570.5	382.178	4th	PL	Bm	Br
Charles Jupiter	Taylor's Strength	M-C-Sen	79.3	83	2	Senior	170	180	190	190	102.5	-107.5	-107.5	102.5	292.5	210	220	-230	220	512.5	351.831	5th	PL		
Jason Holmes	Carlisle Powerlifting Club	M-C-Sen	82.8	83	6	Senior	177.5	185	190	190	110	115	-120	115	305	195	205	-215	205	510	340.935	6th	PL		
Sam Emmitt		M-C-Sen	81.3	83	16	U23	170	185	-190	185	100	110	-115	110	295	200	-210		200	495	334.570	7th	PL		Bj
Rob Ward-Dutton		M-C-Sen	79.3	83	21	Senior	157.5	165	172.5	172.5	97.5	105	-110	105	277.5	195	210	-217.5	210	487.5	334.669	8th	PL		
Andrew Fleming		M-C-Sen	79.5	83	13	Senior	130	140	147.5	147.5	90	95	100	100	247.5	160	-170	-170	160	407.5	279.301	9th	PL		
Neil Fisher	Crossfit Widnes	M-C-Sen	82	83	11	Senior				0	140	-145	145	145	0				0	145	97.500		BP		Br

Edward O-Hanson	Fighting Fit	M-C-Sen	86.3	93	24	Senior	237.5	247.5	0	247.5	165	-170.5	-170.5	165	412.5	290	-310.5		290	^{U23} 702.5	458.592	1st	PL		Br
Benjamin Jenkins	Olympic Sports Gym	M-C-Sen	89.6	93	18	U23	195	212.5	225	225	120	130	140	140	365	230	242.5	255	255	620	396.676	2nd	PL	Bj	Br
Ian Shaw	Adlington Barbell	M-C-Sen	88	93	3	M1	210	225	^{M1} 230	230	120	125	127.5	127.5	357.5	260	-290		260	617.5	398.843	3rd	PL	Bm	Bm
Alex Tellam	Taylor's Strength	M-C-Sen	86.6	93	25	U23	182.5	190	200	200	115	-120	120	120	320	230	240	245	245	565	368.097	4th	PL	Bj	Bj
Jon Wilkinson	Fighting Fit	M-C-Sen	91.6	93	15	Senior	175	182.5	190	190	-115	122.5	127.5	127.5	317.5	210	225	-240	225	542.5	343.294	5th	PL		
Joe Byrne		M-C-Sen	92.6	93	17	Senior	185	195	-205	195	130	-140	-140	130	325	205	215	-220	215	540	339.930	6th	PL		
Joe Robertson	Taylor's Strength	M-C-Sen	87.5	93	9	U23	-170	180	190	190	112.5	117.5	-122.5	117.5	307.5	190	200	205	205	512.5	332.049	7th	PL		Bj
Adam Callaway		M-C-Sen	92.2	93	1	U18	157.5	167.5	177.5	177.5	75	82.5	-90	82.5	260	190	^{U18} 208	^{U18} 212.5	212.5	472.5	298.053	8th	PL	Bj	
Paul Reay	Crossfit Liverpool	M-C-Sen	92.3	93	4	M1	135	140	-145	140	70	72.5	-75	72.5	212.5	155	160	170	170	382.5	241.166	9th	PL		
Andy Rigby	Lytham YMCA	M-C-Sen	92.8	93	5	M2				0	180	190	195	195	0				0	195	122.620		BP		Br
Paul Constantine	Taylor's Strength	M-E-Snr	92.4	93	22	M1				0	165	170	-175	170	0				0	170	107.120		BP		Bm

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Marvin Turner	Crossfit Widnes	M-C-Sen	103.4	105	1	Senior	225	232.5	242.5	242.5	172.5	180	185	185	427.5	290	305	-347.5	305	732.5	440.159	1st	PL		Br
Marvelous James	Taylor's Strength	M-C-Sen	103.1	105	4	U23	212.5	230	240	240	140	150	-152.5	150	390	262.5	277.5	285	285	675	406.012	2nd	PL	Bj	Br
Paul Jackson		M-C-Sen	103.9	105	2	M1	210	225	230	230	150	155	-160	155	385	250	270	-285	270	655	392.869	3rd	PL	Bm	Br
James Hannon	Liverpool Barbell	M-C-Sen	104.2	105	8	Senior	200	215	220	220	135	145	-150	145	365	245	265	-272.5	265	630	377.496	4th	PL		Br
Christopher Horton	Power & Fitness Gym	M-C-Sen	103.8	105	3	Senior	200	215	220	220	150	160	-165	160	380	215	235	245	245	625	375.000	5th	PL		Br
James Crosbie	Taylor's Strength	M-C-Sen	102.6	105	14	Senior	205	-215	-215	205	137.5	145	-152.5	145	350	265	-277.5	-280	265	615	370.599	6th	PL		Br

Ewan Cunliffe	Adlington Barbell	M-C-Sen	112.1	120	19	Senior	230	240	250	250	175	185	-190	185	435	240	260	265	265	700	409.640	1st	PL		Br
David Charnock	Adlington Barbell	M-C-Sen	117.3	120	18	M2	210	225	240 ^{M2}	240	125	132.5	-140	132.5	372.5	220	245	265	265	637.5 ^{M2}	368.539	2nd	PL	Bm	Bm
Bob Evans	Steel Habitat	M-C-Sen	118.6	120	16	Senior	200	220	235	235	130	140	147.5	147.5	382.5	-220	242.5	250	250	632.5	364.636	3rd	PL		Br
yiannis verenakis	Fylde Coast Barbell	M-C-Sen	106	120	15	Senior	220	230	235	235	150	157.5	-160	157.5	392.5	220	227.5	232.5	232.5	625	372.250	4th	PL		Br
Will Freeman Dunn	Taylor's Strength	M-C-Sen	119.5	120	11	Senior	205	217.5	227.5	227.5	162.5	170	-175	170	397.5	207.5	-222.5	222.5	222.5	620	356.810	5th	PL		Br
Josh hayford	Empowered Fit	M-C-Sen	115.3	120	9	U23	195	205	212.5	212.5	-115	115	125	125	337.5	240	252.5	265	265	602.5	349.812	6th	PL	Bj	Bj
Chris Peters	Pennine Strength Training	M-C-Sen	111.3	120	21	Senior	190	-205	-210	190	140	-150	-150	140	330	225	245	-247.5	245	575	337.180	7th	PL		
Chris Jones	Primal Gym	M-C-Sen	113.1	120	13	Senior	200	210	220	220	140	145	150	150	370	180	200	-220	200	570	332.709	8th	PL		Br
Tamas Kurcz		M-C-Sen	114.2	120	5	Senior	210	220	225	225	-165	-170	-170	0	0	265	275	280	280	0	0.000		PL		

Tony Cliffe		M-C-Sen	124	120+	7	Senior	300	320	340	340	220	-235	-235	220	560	320	Sen 340	Sen 355	355	Sen 915	522.282	1st	PL		Br
Jord McLaughlin	Liverpool Barbell	M-C-Sen	143.2	120+	6	Senior	300	330	340	340	210	220	Sen 227.5	227.5	567.5	300	312.5	-320	312.5	880	490.160	2nd	PL		Br
Frazer Pennington	Blanchflower Performance	M-C-Sen	126.2	120+	12	U23	275	285	300	300	155	165	175	175	475	250	262.5	275	275	750	426.600	3rd	PL	Bj	Br
Chris Hubel		M-C-Sen	131.4	120+	17	Senior	210	222.5	232.5	232.5	132.5	140	145	145	377.5	270	285	300	300	677.5	382.449	4th	PL		
Paul Williamson	Racksmiths	M-C-Sen	145.9	120+	20	Senior	200	215	225	225	115	125	127.5	127.5	352.5	225	242.5	-250	242.5	595	330.522	5th	PL		
Andy Foster	Blanchflower Performance	M-C-Sen	141	120+	10	Senior				0	185	-192.5		185	0				0	185	103.270		BP		Br

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