

SOUTH MIDLANDS UNEQUIPPED CHAMPI

WtCls (kg)	Position	Powerlifting Results Name	Bwt (kg)	lot#	SQ-1	SQ-2	SQ-3
47	1	Nora Jones	46	1	75	-80	80
52	1	Ruth Holloway	50.1	2	70	75	77.5
57	1	Tania Franklin	54.4	3	77.5	80	-85
63	1	Amy Richardson	60.7	4	95	100	107.5
63	2	Yasmina Couty	60.8	6	85	92.5	97.5
72	1	Tahlia Elder	65.6	5	77.5	85	92.5
72	2	Sara Hearne	69.5	9	65	67.5	72.5
72	3	Carly Taylor	71.6	8	80	-90	-90
84	1	Abbie Gjoka	83.9	10	-140	140	147.5
84+	1	Hannah Newby	89.9	13	105	112.5	117.5
66	1	Jamie Jones	64.1	15	155	162.5	167.5
66	2	Roger Hamilton-Smith	64.4	17	145	155	-157.5
74	1	Michael Ellis	68.3	16	110	120	130
74	2	Lee Richards	72.3	1	130	140	150
74	3	Roy Standen	73.4	2	80	85	90
83	1	Terry Martin	79.8	26	175	185	192.5
83	2	Sam Reeves	81.8	25	170	180	-190
83	3	Matt Zollo	82.9	24	160	175	185
83	4	Jamie Sinclair	82.5	22	170	180	185
83	5	Jake Leach	82.7	21	180	190	200
83	6	Matt Watson	82	23	165	175	-180
83	7	Franky Dorian	80.5	20	155	165	175
83	8	Aaron Kennedy	80.5	19	130	-145	-150
93	1	Iain Kendrick	92.4	6	240	250	260
93	2	Mario Miguel Oliveira	88.1	13	190	200	-210
93	3	Sam Watkins	92.6	9	185	200	210
93	4	Edmund Summers	91.7	12	190	200	205
93	5	Scott McBlain	92.7	10	180	185	190
93	6	Jack Barber	92.8	7	175	195	202.5
93	7	Gavin Webb	84	4	145	155	165
93	8	Harley Maryon	90	5	180	190	-200
93	9	Alexander Goodwin	91	3	-135	-140	140
105	1	Frankie Parke	103.1	20	220	240	-260
105	2	Matthew Noble	96.7	23	-175	175	182.5
105	3	Frederick Vassie	101.9	21	150	170	0
120	1	Jack Johnson	115	22	200	217.5	227.5
120	2	Adam Gisby	118	18	220	-230	0
120	3	Paul Andrews	109.6	25	100	110	115

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84	1	Abbie Gjoka	83.9	10	-140	140	147.5

Best Male South Midlands (based on Wilks points)

93	1	Iain Kendrick	92.4	6	240	250	260
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Best Female Guest (based on Wilks points)

57	1	Lysianne Thomas	55.7	7	65	75	80
57	2	Hannah Chan	56.5	27	65	75	0
84+	3	Katie Long	88.3	14	97.5	107.5	0

84+	4	Catherine Higgs	95.5	12	55	60	65
Best Male Guest (based on Wilks points)							
105	1	Charlie Wade	104.9	15	225	240	255
105	2	David Watkins	104	19	220	230	240
105	3	Jack Prud-Davis	93.9	8	170	185	200

PIONSHIPS 27th July 2015, Thorngate Halls, Gosport.

Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total
80	45	47.5	52.5	52.5	85	90	100	100	232.5
77.5	45	50	-52.5	50	85	90	-95	90	217.5
80	40	47.5	-52.5	47.5	112.5	120	127.5	127.5	255
107.5	52.5	57.5	60	60	110	120	130	130	297.5
97.5	42.5	47.5	-50	47.5	130	140	147.5	147.5	292.5
92.5	45	50	52.5	52.5	90	95	102.5	102.5	247.5
72.5	45	50	52.5	52.5	85	92.5	95	95	220
80	35	40	45	45	80	90	95	95	220
147.5	70	-72.5	-72.5	70	140	150	155	155	372.5
117.5	47.5	57.5	60	60	115	125	132.5	132.5	310
167.5	100	105	-110	105	210	217.5	-220	217.5	490
155	95	105	-110	105	185	195	200	200	460
130	100	107.5	-115	107.5	150	165	175	175	412.5
150	90	95	-100	95	170	175	180	180	425
90	50	52.5	-55	52.5	90	100	110	110	252.5
192.5	135	-142.5	-142.5	135	217.5	225	235	235	562.5
180	110	115	-120	115	240	255	260	260	555
185	100	110	117.5	117.5	215	225	240	240	542.5
185	130	140	147.5	147.5	197.5	207.5	-215	207.5	540
200	105	112.5	117.5	117.5	185	190	195	195	512.5
175	115	125	-130	125	175	-185	-185	175	475
175	95	100	105	105	170	180	185	185	465
130	115	-125	-130	115	175	190	200	200	445
260	140	150	-160	150	260	270	-280	270	680
200	-160	162.5	165	165	210	230	-240	230	595
210	125	132.5	137.5	137.5	200	212.5	215	215	562.5
205	130	135	140	140	195	210	215	215	560
190	135	140	142.5	142.5	200	210	-222.5	210	542.5
202.5	125	-132.5	-137.5	125	180	195	210	210	537.5
165	105	112.5	120	120	170	190	205	205	490
190	80	85	-90	85	195	205	210	210	485
140	95	-105	-105	95	195	205	215	215	450
240	140	0	0	140	240	250	0	250	630
182.5	145	-152.5	-152.5	145	190	200	210	210	537.5
170	110	120	125	125	170	190	220	220	515
227.5	160	170	180	180	235	252.5	262.5	262.5	670
220	140	145	-150	145	240	-250	0	240	605
115	110	120	-130	120	160	180	200	200	435

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Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total
147.5	70	-72.5	-72.5	70	140	150	155	155	372.5
260	140	150	-160	150	260	270	-280	270	680
80	35	42.5	-45	42.5	95	112.5	117.5	117.5	240
75	35	45	0	45	65	90	100	100	220
107.5	45	50	55	55	105	115	120	120	282.5

65	35	40	45	45	80	87.5	95	95	205
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255	150	160	0	160	240	260	270	270	685
240	110	120	125	125	270	285	300	300	665
200	110	120	130	130	200	210	-215	210	540

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(2) Wilk

317.525

278.987

306.918

328.708

322.774

257.895

219.956

215.534

332.382

267.995

394.254

368.644

315.068

310.888

182.684

384.637

373.737

362.390

361.746

342.811

319.390

316.200

302.600

428.468

384.073

354.094

354.200

341.341

337.980

324.772

309.624

285.705

378.945

331.745

311.111

389.337

349.206

256.302

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(2) Wilk

s Pts

332.382

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428.468

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283.584

257.048

246.091

173.205

409.493

398.734

337.716
