

South East Bench Press Championships 20/10/2019

Grp C	Name	Team	Div	Bwt - kg	IPF Wt Cls	BP-1	BP-2	BP-3	Best BP	IPF Points
A	Kim Godfrey	Milton	Senior	59.50	63	30.0	35.0	37.5	37.5	344.38
A	Rachel Spragg	Milton	M1	60.90	63	40.0	45.0	50.0	50.0	433.47
A	Allyson Chan	Unattached	U23	70.10	72	72.5	77.5	82.5	82.5	636.30
A	Julie Briggs	Unattached	M2	72.00	72	47.5	52.5	-57.5	52.5	427.07
A	Rebecca Coggle	Unattached	Senior	135.70	84+	97.5	102.5	107.5	107.5	648.95
A	Deborah Roberts	Unattached	M2	101.20	84+	50.0	52.5	55.0	55.0	401.52
A	Margaret Hasler	Unattached	M2	94.05	84+	47.5	-52.5	-52.5	47.5	364.40
B	Charley Bentley	Unattached	U16	55.55	59	-65.0	-65.0	65.0	65.0	367.18
B	Jake Morrison	Unattached	U23	71.90	74	-90.0	90.0	100.0	100.0	452.12
B	Archie Reid	Unattached	U18	134.50	120+	-110.0	115.0	120.0	120.0	364.69
C	Nicholas Bentley	Unattached	M1	73.50	74	110.0	-115.0	-115.0	110.0	489.07
C	Errol Nestor	Unattached	M2	82.25	83	-122.5	-122.5	122.5	122.5	501.32
C	Tony Richards	Unattached	M4	78.80	83	-90.0	-95.0	-97.5	0.0	0.00
C	Barrie Taverner	Unattached	M1	86.10	93	140.0	152.5	157.5	157.5	624.48
C	David Glendower	Unattached	M2	92.40	93	70.0	75.0	-77.5	75.0	283.51
C	Peter Szoke	Unattached	M1	103.20	105	160.0	180.0	188.0	188.0	662.78
D	Rajesh Babu	Unattached	Senior	59.00	59	95.0	100.0	-107.5	100.0	535.31
D	Chris Simmons	Unattached	Senior	73.50	74	145.0	152.5	-160.0	152.5	678.65
D	Ivan Protsyuk	Unattached	Senior	81.90	83	145.0	155.0	-157.5	155.0	636.48
D	Ashley Watson	Unattached	Senior	92.40	93	-165.0	-165.0	-165.0	0.0	
D	Neil Omerod	Unattached	Senior	92.50	93	180.0	190.0	193.0	193.0	729.28
D	Paul Bird	Unattached	Senior	93.55	105	132.5	137.5	-142.5	137.5	515.72

Promoters - Susan Whitby (The Fitness Centre) & Mark Macey

Referees - Mick Ellender, Charlotte Reynolds, Alex Kolliari-Turner, Adam Reilly & Craig Wilkins

Loaders - Ollie Millen, Kieron Price & Marshall Packer

MC & Scoreboard Table - Mark Macey, Tracy Macey & Charlotte Reynolds

Technical Officer - Adam Reilly

Refreshments - The Fitness Centre

Thanks to all @ 'Milton Regis Weightlifting/Powerlifting Club' for assistance in hosting the event