

03/24/19 Manchester & Merseyside 2019

Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	P/Div/Cls/Event	IPF Points	Events Entere
Adam McAvoy		MR-O	73.30	74	22		MCP	180.0	190.0	-195.0	190.0	-145.0	115.0	-147.5	115.0	190.0	200.0	-205.0	200.0	505.0	1/MR-O/74/PL	535.07	PL
Joseph Sadler		MR-O	73.20	74	52		MCP	155.0	167.5	177.5	177.5	100.0	107.5	110.0	110.0	190.0	202.5	212.5	212.5	500.0	2/MR-O/74/PL	529.48	PL
Jac Lewis	Liverpool Barbell	MR-O	82.50	83	71		MCP	220.0	230.0	238.0	238.0	160.0	170.0	175.0	175.0	240.0	252.5	260.0	260.0	673.0	1/MR-O/83/PL	682.01	PL
Oliver Neely		MR-O	82.50	83	96		MCP	180.0	190.0	200.0	200.0	120.0	130.0	-140.0	130.0	240.0	250.0	-252.5	250.0	580.0	2/MR-O/83/PL	576.12	PL
Chris Neely		MR-O	81.80	83	1		MCP	162.5	175.0	182.5	182.5	105.0	115.0	-120.0	115.0	185.0	202.5	-240.0	202.5	500.0	3/MR-O/83/PL	487.99	PL
James Reid	Bodypower Fitness	MR-O	81.00	83	59		MCP	160.0	170.0	-177.5	170.0	100.0	107.5	110.0	110.0	0.0			0.0	0.0		0.00	PL
Ryan Jones		MR-O	90.20	93	68		MCP	265.0	280.0	290.0	290.0	157.5	167.5	-172.5	167.5	255.0	272.5	282.5	282.5	740.0	1/MR-O/93/PL	715.10	PL
Mohamed Elsherkisi		MR-O	87.90	93	61		MCP	190.0	202.5	210.0	210.0	135.0	142.5	-160.0	142.5	220.0	235.0	242.5	242.5	595.0	2/MR-O/93/PL	568.16	PL
Ahmed Kadry		MR-O	84.30	93	15		MCP	185.0	200.0	210.0	210.0	127.5	137.5	142.5	142.5	210.0	230.0	-235.0	230.0	582.5	3/MR-O/93/PL	570.42	PL
Jon Hulme	Wolfpack	MR-O	92.10	93	11		MCP	-185.0	185.0	-200.0	185.0	127.5	132.5	135.0	135.0	245.0	255.0	-262.5	255.0	575.0	4/MR-O/93/PL	529.53	PL
Jon Wilkinson	Fighting Fit	MR-O	91.90	93	79		MCP	192.5	202.5	207.5	207.5	130.0	-132.5	132.5	132.5	200.0	220.0	230.0	230.0	570.0	5/MR-O/93/PL	524.94	PL
Simon Beer		MR-O	91.50	93	24		MCP	185.0	200.0	205.0	205.0	125.0	132.5	135.0	135.0	205.0	220.0	-230.0	220.0	560.0	6/MR-O/93/PL	515.74	PL
Chris Ashton	Wolfpack	MR-O	91.60	93	16		MCP	180.0	187.5	192.5	192.5	115.0	120.0	125.0	125.0	230.0	237.5	-242.5	237.5	555.0	7/MR-O/93/PL	510.02	PL
Paul Preston	Wolfpack	MR-O	103.10	105	55		MCP	200.0	210.0	220.0	220.0	125.0	130.0	135.0	135.0	240.0	250.0	260.0	260.0	615.0	1/MR-O/105/PL	532.71	PL
Jamie Goodman		MR-O	102.00	105	29		MCP	200.0	215.0	225.0	225.0	122.5	132.5	137.5	137.5	227.5	247.5	-257.5	247.5	610.0	2/MR-O/105/PL	531.22	PL
Marcus Woods		MR-O	100.10	105	46		MCP	180.0	190.0	200.0	200.0	120.0	130.0	-140.0	130.0	210.0	230.0	240.0	240.0	570.0	3/MR-O/105/PL	496.72	PL
Colin Davies	Liverpool Strength Co	MR-O	101.50	105	28		MCP	170.0	180.0	-182.5	180.0	110.0	-145.0	-145.0	110.0	175.0	185.0	195.0	195.0	485.0	4/MR-O/105/PL	406.41	PL
Kevin Woods		MR-O	109.30	120	8		MCP	225.0	230.0	235.0	235.0	155.0	165.0	170.0	170.0	270.0	280.0	290.0	290.0	695.0	1/MR-O/120/PL	591.90	PL
Paul Fahey		MR-O	136.50	120+	21		MCP	175.0	185.0	190.0	190.0	-135.0	140.0	147.5	147.5	215.0	222.5	230.0	230.0	567.5	1/MR-O/120+/PL	410.96	PL
Karl Johnson		MR-O	173.90	120+	40		MCP	170.0	182.5	195.0	195.0	115.0	127.5	132.5	132.5	175.0	200.0	217.5	217.5	545.0	2/MR-O/120+/PL	343.31	PL
Sunil Chahal (G)		M-G	73.40	74	37		MEP	190.0	205.0	-245.0	205.0	155.0	165.0	175.0	175.0	200.0	215.0	230.0	230.0	610.0	1/M-G/74/PL	554.36	PL
Ben Harper (G)		M-G	91.60	93	10		MEP	210.0	220.0	-225.0	220.0	145.0	155.0	-160.0	155.0	230.0	-260.0	250.0	250.0	625.0	1/M-G/93/PL	497.78	PL
Ben Thornes (G)		M-G	100.60	105	99		MEP	192.5	202.5	205.0	205.0	117.5	125.0	-127.5	125.0	240.0	255.0	265.0	265.0	595.0	1/M-G/105/PL	453.64	PL
Robert Szilagyi (G)		M-G	108.10	120	3		MEP	-180.0	200.0	220.0	220.0	140.0	145.0	150.0	150.0	250.0	280.0	300.0	300.0	670.0	1/M-G/120/PL	485.67	PL
David Charnock		M-G	107.50	120	38		MEP	190.0	205.0	220.0	220.0	110.0	120.0	127.5	127.5	220.0	240.0	-260.0	240.0	587.5	2/M-G/120/PL	433.84	PL
Richard Caine (G)		M-G	129.90	120+	3		MEP	-240.0	240.0	-260.0	240.0	-187.5	-190.0	-190.0	0.0	160.0	180.0	200.0	200.0	0.0		0.00	PL
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Richard Evans		MR-O	152.60	120+	41		MCB					105.0	107.5	110.0	110.0					110.0	1/MR-O/120+/BP	314.53	BP