

13-14/05/17

## NWPL Juniors, Masters &amp; Novice Championships - Fighting Fit, Manchester



29

Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Points	Placing	Qual	Qual Bench
Tess O'Flaherty	Primal	Masters	56	57	22	M2	65	<sup>M2</sup> 75	<sup>M2</sup> 85	85	<sup>M2</sup> 47.5	<sup>M2</sup> 52.5	<sup>M2</sup> 55	55	140	<sup>M2</sup> 85	<sup>M2</sup> 95	<sup>M2</sup> 110	110	<sup>M2</sup> 250	294.150	1-m2-57	Br	Br
Emma Cadden	CPC	Masters	106.3	84+	5	M1	-105	105	115	115	57.5	62.5	-67.5	62.5	177.5	120	132.5	-140	132.5	310	253.983	1-M1-84+	Bm	Bm
Helen Collins	Blanchflower Performance	Novice	50.4	52	14	Senior	50	57.5	62.5	62.5	27.5	30	32.5	32.5	95	90	97.5	102.5	102.5	197.5	252.188	1-52-		
Charlotte Doughton	RAF	Novice	55.5	57	17	Senior	105	-115	-115	105	55	60	62.5	62.5	167.5	110	120	125	125	292.5	346.583	1-57-	Br	Br
Beckie Hebson	Fighting Fit	Novice	55.6	57	19	Senior	80	90	95	95	55	-60	60	60	155	110	120	127.5	127.5	282.5	334.254	2-57-	Br	Br
Laura Crompton	The Strength Factory	Novice	61.7	63	16	Senior	115	122.5	-125	122.5	60	65	-67.5	65	187.5	130	140	147.5	147.5	335	365.518	1-63-	Br	Br
Kara Rogers		Novice	62.8	63	6	Senior	90	105	110	110	67.5	-72.5	-72.5	67.5	177.5	125	130	150	150	327.5	352.554	2-63-	Br	Br
Victoria Savage		Novice	62.3	63	9	M1	97.5	105	-112.5	105	47.5	50	-55	50	155	100	110	120	120	275	297.852	3-63-	Bm	Bm
Holly McConnell	Taylor's Strength	Novice	60.9	63	15	U23	85	92.5	100	100	45	50	55	55	155	100	110	117.5	117.5	272.5	300.322	4-63-	Bj	Bj
Munira Patel	Fighting Fit	Novice	61.5	63	21	Senior	-72.5	-72.5	72.5	72.5	40	42.5	45	45	117.5	-105	105	112.5	112.5	230	251.597	5-63-		
Niamh Walshe	OUPLC	Novice	63	63	25	U23	77.5	82.5	-90	82.5	45	47.5	-50	47.5	130	90	100	-110	100	230	247.020	6-63-	Bj	Bj
Megan Blunstone		Novice	71.9	72	19	Senior	-100	100	105	105	50	55	57.5	57.5	162.5	120	130	137.5	137.5	300	293.070	1-72-		
Jacqui North		Novice	70.9	72	7	M1	-90	90	95	95	47.5	52.5	-55	52.5	147.5	125	135	140	140	287.5	283.532	2-72-	Bm	
Ana Martin	Iron Warrior Strength	Novice	68.1	72	22	Senior	92.5	-97.5	-100	92.5	40	45	47.5	47.5	140	112.5	117.5	120	120	260	263.692	3-72-		
Laura Battersby	DJS Fitness	Novice	67	72	3	Senior	70	-80	80	80	47.5	50	-52.5	50	130	95	100	110	110	240	246.264	4-72-		
Scarlett Portues	FF	F-GUEST	71.9	72	11	Senior	130	-137.5	140.5	140.5	62.5	67.5		67.5	208	130	140	145	145	353	344.846	Guest	Br	Br
Claire Dickson	The Unit	Novice	81	84	17	Senior	80	90	100	100	70	72.5	75	75	175	130	135	137.5	137.5	312.5	284.000	1-84-		Br
Katie Yates		Novice	81.6	84	1	U23	90	-105	-105	90	-57.5	57.5	65	65	155	115	130	140	140	295	267.034	2-84-	Bj	Bj
Nichola McCloud	Evolving Fitness	Novice	82.1	84	4	Senior	85	90	92.5	92.5	45	47.5	-50	47.5	140	-122.5	122.5	130	130	270	243.621	3-84-		
Jennifer Shields	BT	Novice	79.2	84	26	Senior	-70	75	80	80	45	47.5	50	50	130	90	-100	100	100	230	211.646	4-84-		
Helen Jones	RAF	Novice	103.6	84+	24	Senior	120	-127.5	127.5	127.5	55	60	65	65	192.5	135	-145	145	145	337.5	278.269	1-84+-	Br	
Jennifer Foster	XJST	Novice	88.7	84+	5	M2	<sup>M2</sup> 112.5	<sup>M2</sup> 117.5	<sup>M2</sup> 125	125	<sup>M2</sup> 70	-75	<sup>M2</sup> 75	75	200	<sup>M2</sup> 115	<sup>M2</sup> 120	-130	120	<sup>M2</sup> 320	278.208	2-84+-	Bm	Br
Lucy Herrett	Evolving Fitness	Novice	102.2	84+	18	Senior	100	105	110	110	60	-62.5	-62.5	60	170	100	110	-115	110	280	231.700	3-84+-		

Br = British Senior Championships

Bj = British Junior Championships

Bm = British Masters Championships

Best lifter

M2 = Masters 2 NW record

13-14/05/17

## NWPL Juniors, Masters &amp; Novice Championships - Fighting Fit, Manchester



Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Points	Placing	Qual	Qual Bench
Josh Wahlers	LJMU	Junior	72.3	74	10	U23	165	175	-185	175	100	110	-120	110	285	215	235	Jr Snr 250.5	250.5	535.5	391.718	1-U23-74-	Br	Bj
Lok Yin Nicolaus Yeung		Junior	73.6	74	13	U23	185	200	-210.5	200	107.5	-115	-115	107.5	307.5	200	-215	220	220	527.5	380.908	2-U23-74-	Br	Bj
Adam Roberts	Taylor's Strength	Junior	80.8	83	8	U23	155	165	-170	165	95	102.5	-107.5	102.5	267.5	172.5	185	195	195	462.5	313.806	1-U23-83-		Bj
Alex Tellam		Junior	89.1	93	4	U23	165	177.5	190	190	115	122.5	-125	122.5	312.5	227.5	237.5	-242.5	237.5	550	352.935	1-U23-93-	Bj	Bj
Tom Griffiths	BPF	Junior	103.9	105	20	U23	210	220	230	230	140	150	-155	150	380	242.5	260	265	265	645	386.871	1-U23-105-	Br	Br
Sean Broley	Taylor's Strength	Junior	104.2	105	6	U23	220	232.5	240.5 Jr	240.5	135	140	-145	140	380.5	250	260	-262.5	260	640.5	383.788	2-U23-105-	Br	Bj
Harry Wright	UMP	Junior	102.8	105	1	U23	195	210	215	215	137.5	142.5		142.5	357.5	185	200	-215	200	557.5	335.671	3-U23-105-	Bj	Br
Richard Gould	315	Master	57.8	59	21	M2	80	85	90	90	M2 60	M2 65	-67.5	65	155	M2 122.5	M2 127.5	M2 130	130	M1M2 285	251.655	1-M2-59-		
Henry Chay		Master	63.9	66	12	M2	145	M1M2 155	M1M2 157.5	157.5	82.5	M1M2 85		85	242.5	190	197.5	M1M2 202.5	202.5	M1M2 445	358.981	1-M2-66-	Bm	Bm
Wayne Phillips		Master	103.1	105	15	M2	-210	-210	-210	0	155	160	-165	160	0	220	230	245	245	0	0.000			
Ian Shaw	Adlington Barbell	Master	88.3	93	16	M1	210	220	M1 225	225	-115	117.5	120	120	345	260	M1 285		285	630	406.161	1-M1-93-	Br	Bm
Paul Jackson		Master	104	105	18	M1	200	210	220	220	150	155	160	160	380	M1 250	M1 270	M1 280.5	280.5	M1 660.5	396.036	1-M1-105-	Br	Br
Samuel Stafford	DJS Fitness	Novice	62	66	2	U18	87.5	100	105	105	77.5	80	-85	80	185	135	145	152.5	152.5	337.5	279.484	1-66-	Bs	Bs
Conor Kim	ULSC	Novice	73.6	74	7	U23	140	-150	-150	140	110	117.5	-122.5	117.5	257.5	185	195	200	200	457.5	330.361	1-74-	Bj	Br
Sam Emmitt		Novice	80.8	83	14	U23	160	180	185	185	-100	110	-115	110	295	180	200	212.5	212.5	507.5	344.339	1-83-		Bj
Joseph Corbin	RAF	Novice	80.8	83	1	Senior	152.5	162.5	-165	162.5	115	120	125	125	287.5	190	200	-205	200	487.5	330.769	2-83-		
Mark Hutchings	SH	Novice	80.3	83	19	Senior	140	-155	155	155	110	115	-120	115	270	190	200	210	210	480	326.928	3-83-		
Calum Robb	Taylor's Strength	Novice	80.3	83	10	U23	145	157.5	170	170	82.5	90	-92.5	90	260	185	200	212.5	212.5	472.5	321.820	4-83-		
Danial Jones		Novice	81.5	83	5	Senior	155	162.5	170	170	105	-110	-110	105	275	175	185	192.5	192.5	467.5	315.516	5-83-		
Adam Blockley		Novice	81.1	83	22	Senior	-155	155	-162.5	155	110	117.5	-127.5	117.5	272.5	160	170	-180	170	442.5	299.528	6-83-		
Tom Malone		Novice	80.6	83	13	U23	160	167.5	180	180	-115	-115	-117.5	0	0	190	200	205	205	0	0.000			
Adrian Cook	Taylor's Strength	Novice	83.8	93	7	U23	175	192.5	-200	192.5	110	117.5	125	125	317.5	205	220	-232.5	220	537.5	356.739	1-93-		Bj
Joe Byrne		Novice	90.8	93	16	Senior	170	180	190	190	120	-130	132.5	132.5	322.5	190	200	215	215	537.5	341.635	2-93-		
Jon Wilkinson	Fighting Fit	Novice	90.8	93	23	Senior	175	182.5	-187.5	182.5	115	-120	120	120	302.5	205	225	235	235	537.5	341.635	2-93-		
Samuel Bloomer	ULSC	Novice	89.3	93	17	U23	170	185	-195	185	-112.5	112.5	-125	112.5	297.5	215	230	-235	230	527.5	338.127	4-93-		Bj
Joe Robertson	Taylor's Strength	Novice	87.2	93	12	U23	157.5	170	180	180	100	107.5	112.5	112.5	292.5	190	202.5	-212.5	202.5	495	321.305	5-93-		Bj
Liam Kerin		Novice	86.4	93	15	Senior	-155	155	165	165	-95	102.5	107.5	107.5	272.5	200	215	-217.5	215	487.5	317.996	6-93-		
Neil Hardy	DJS Fitness	Novice	89.6	93	18	M1	140	-155	155	155	112.5	117.5	122.5	122.5	277.5	200	210	-215	210	487.5	311.903	7-93-	Bm	Bm

13-14/05/17

# NWPL Juniors, Masters & Novice Championships - Fighting Fit, Manchester



Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Points	Placing	Qual	Qual Bench
Jack Southwick	The Unit	Novice	89.7	93	20	Senior	-150	150	160	160	130	140	-145	140	300	170	180	-190	180	480	306.960	8-93-		Br
Joshua McCarten		Novice	85.1	93	9	Senior	125	140	150	150	100	-110	-110	100	250	160	175	190	190	440	289.476	9-93-		
Ben Tomlinson	ULSC	Novice	92	93	21	U23	150	160	-165	160	82.5	-87.5	87.5	87.5	247.5	175	190	-200	190	437.5	276.281	10-93-		
Simon Leroy	Taylor's Strength	Novice	87.4	93	2	U23	130	140	147.5	147.5	90	97.5	100	100	247.5	160	172.5	180	180	427.5	277.148	11-93-		
Andrew Brind	UMP	Novice	87.7	93	4	U23	145	150	160	160	82.5	90	95	95	255	147.5	165	170	170	425	275.017	12-93-		
Matthew Collier	PG	Novice	91.5	93	25	U23	-150	-150	-150	0	95	100	-120	100	0	200	210	-215	210	0	0.000			
Joshua Critchley		Novice	101.7	105	12	Senior	220	230	240	240	115	125	135	135	375	225	240	260	260	635	383.921	1-105-	Br	
Christopher Horton	Power & Fitness	Novice	103.6	105	13	Senior	200	215	217.5	217.5	150	160	165	165	382.5	-215	230	242.5	242.5	625	375.250	2-105-	Br	Br
Marvelous James	ULSC	Novice	99.8	105	23	U23	180	195	210	210	122.5	132.5	140	140	350	252.5	267.5	-280	267.5	617.5	376.119	3-105-	Bj	Bj
Stephen Manford	PF	Novice	104.8	105	2	Senior	190	200	-215	200	110	120	-130	120	320	220	235	250	250	570	340.860	4-105-		
Matt Brown	JDG	Novice	118.3	120	26	U23	230	240	250	250	130	137.5	-142.5	137.5	387.5	210	220	230	230	617.5	356.236	1-120-	Bj	Bj
Andrew Rothwell	Primal	Novice	112.7	120	8	Senior	155	170	190	190	110	120	-130	120	310	200	220	230	230	540	315.522	2-120-		
Matt Ashworth		Novice	108.7	120	28	Senior	180	-200	-210	180	110	115	-120	115	295	200	215	230	230	525	310.117	3-120-		
Benjamin Pask		Novice	108.5	120	29	Senior	170	-182.5	-190	170	125	-132.5	-132.5	125	295	190	200	210	210	505	298.455	4-120-		
Maximilian Dyck	Fighting Fit	Novice	111.8	120	6	Senior	160	170	175	175	80	90	-95	90	265	200	215	220	220	485	284.016	5-120-		
John Osbourne	DJS Fitness	Novice	116.7	120	11	senior	130	140	150	150	120	125	130	130	280	150	165	180	180	460	266.248	6-120-		
Mark Ellinor	VH	Novice	126.4	120+	20	Senior	170	180	190	190	110	120	-130	120	310	220	230	235	235	545	309.887	1-120+		

Br = British Senior Championships

Bj = British Junior Championships

Bm = British Masters Championships

Best lifter

Snr = Open class NW record

Jr = U23 NW record

M1 = Masters 1 NW record

M2 = Masters 2 NW record

Referees:

Bryn Evans, Jo Whiteley, Rick Booth, Emma Stott, Dave Clifford, Dean Barton, Chris Hubel