



The English Powerlifting Association - Minutes of Annual General Meeting *for*

2024

The meeting was held at Moulton College, John Thorpe Centre, Lecture Theatre, Gate 4 site, Pitsford Lane Moulton, Northamptonshire NN3 7QL Sunday 2nd February 2025.

Meeting opened at 11am

1. **Members present** - Kevin Jane, Richard Parker, Bryn Evans, Adam Fosbrook, Jenny Hunter, Ian Finch, Allen Ottolangui, Lottie Hall, Paul Marsh, James Taylor, Jenni Sherwood, Grant Sugarman, Romina Basting, Cat Shamel.
2. **Apologies** – Joy Nnamani, Craig Wilkins, Matthew Parker.
3. **Acceptance of previous AGM minutes (28/1/2024)**. Accepted unanimously with no comments.
4. Officer & Divisional **Reports (written only)**
 - **Chairman Report** – Accepted with minor discussion, no formal comments or changes. 5014 English members of British Powerlifting 2024. Richard also produced a medal table highlighting the achievements of the English team.
 - **Treasurer Report** - Accepted with minor discussion, no formal comments or changes.
 - **Secretary Report** - Accepted with minor discussion, no formal comments or changes.
 - **Technical Officer Report** – Accepted with minor discussion, no formal comments or changes.

No other reports submitted.

5. Election of Officers

Position	Officer
President	Fred McKenzie
Chairman	Richard Parker
Technical Secretary	Lottie Hall
General Secretary	Kevin Jane

Assistant secretary	Lottie Hall
Treasurer	Jenny Hunter
Assistant treasurer	Lottie Hall
Sponsorship secretary	Fred McKenzie
Championship secretary	Adam Fosbrook
Development officer	Vacant
Selection secretary (head coach)	Paul Marsh (stepping down)
Records Officer	Craig Wilkins
Web Master	Matthew Parker
Director for England	Kevin Jane
Social Media officer	Matthew Parker
Social Media assistant	Nash Hunter

6. Divisional representatives: Currently

DIVISION	REPRESENTATIVE
East Midlands	Lottie Hall
North Midlands	Jenni Sherwood
South Midlands	Ashraf Alhasan
West Midlands	Catherine Shamel
Greater London	Joy Nnamani
North West	Bryn Evans
South East	Mick Ellender
South West	Emily Bennett
Yorkshire North East	Matthew Dempsey

7. Championship Dates –

- a. All England Bench press, 5th April 2025, Moulton College, Northampton. – *Keep on 1 day dependant on entries. Purchase new Eleiko pad – Romi & Lottie to source. Grant requested replacement rubber foot noting it was missing from collection. First aider to be allocated.*
- b. All England Women’s Bids required. All England Men’s Bids required – *Adam Fosbrook, 1 bid has come in from GL, not confirmed any further information. No response. Adam sourcing venues – Char Mcpherson & Adam want to put in a bid to hold – venue cost quote £2400 over 4 days – Essex, Witham. 2 Separate weekends. End June/start July. School venue. Includes parking etc. Bid proposal to be submitted.*
- c. Home nations Bids required (£5,000 available from SBD to raise the profile of this competition.) - *NW interested. Bid to be submitted – to include suggested dates and format.*
- d. Inter- divisional championships *Bid’s required – non mandatory – if anyone would like to host they are welcome to put in a bid.*

8. NA.

9. Qualifying totals – Classic open – Options

- a) Moving to a round-based format using last year's qualifying totals as the threshold. Would be capped at 112 open lifters - All other QTs stay the same. (Equipped, juniors, bench)
- b) Not cap – have higher number of entries – also discussed.
- c) Increasing QTs dramatically to effectively cut down the number of eligible members for the championship.
- d) No change

Discussion held and no change and not capping was ruled out due to expected number of entries making event unfeasible for meet directors and volunteers. Discussion favoured option a). Vote for option a) held – 11 for, 2 abstain, 1 against.

Richard Parker appointed James Taylor to write AGM approved procedure and submit to board for review.

10. Selections criteria – English lifters to have competed in English championships to be eligible.

11. Council meeting dates – No dates agreed.

12. Notices of motion –

- a) That the English Powerlifting Association renames as ENGLAND POWERLIFTING with a new logo and updated website. Discussion held. Draft new logos shared.

Reason – The EPA has had the same identity since its inception in 2010; a modern identity would enhance how it's perceived. This would be in line with other English governing bodies such as Weightlifting England and Badminton England. This can be done in stages to minimise the costs of implementation new merchandise etc.

Agreed this was not a current priority but should be looked at in future years. Vote to rebrand to England Powerlifting – 6 for, 7 against, 1 abstain

- b) That an Assistant Secretary role is appointed.

Reason – to assist the General Secretary in routine tasks connected with championships and selections.

Vote – All in favour.

Also, the following item for discussion:

Question - *we would like views on the acceptability of the new British Powerlifting AGM format:*

1. Does it prevent democratic and interactive discussion, on director's reports, for example. At the 2023 AGM all discussion was tightly controlled by "moderators" and this stifled proper debate. In this scenario it is very difficult for the membership to hold directors to account, which cannot be for the good of the Federation.
2. Is it sensible to have voting ahead of the actual AGM? The net result appears to be that the voting record purports to be the AGM minutes, which is contrary to the rules and limited company governance.
3. Should the AGM always be in hybrid form to allow physical attendance as well as online? This is how the IPF General Assemble runs and enables live debate.

Discussion around it should be hybrid not fully remote. Discussion around being in line with IPF. Unable to discuss questions and answers in current format. No further actions.

c) The formation of a BP Women's Commission in line with that of the IPF, with the chair being a member voted, voting board position.

Discussion had around athlete's commission and whether if it is effective. Discussed that a Women's Commission would be to support all female members not just athletes as such. Eg. volunteers, referees etc. Discussed that a women's commission is in line with IPF/EPF.

Vote for EPA to put this forward as a motion to BP, Paul Marsh & Jenni Sherwood to put together a proposal in line with IPF to be submitted by the EPA to BP – 13 for, 1 abstain.

Cat Shamel left meeting 13.23pm.

d) Secondly the reduction as previously suggested at the 2023 EGM, the maximum term of board members in seat (With a caveat around not forcing this upon the home nations) – BP moved to 2 terms of 3 years which is in line with NGB, 7 years maximum.

Vote for EPA to put forward motion to BP to update articles to be in line with bylaws. Paul Marsh to draft. 12 for, 1 abstain.

13. Any other business - None

Meeting closed 13:40pm