

Yne Senior Powerlifting 4th & 5 th July 2015

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m/f	AGE O/C	CLUB	BWT/KG	CLASS	Lifter	SQUAT 1	SQUAT 2	SQUAT 3	BENCH1	BENCH2	BENCH3	SUB TOT	D.LIFT1	D.LIFT2	D.LIFT3	TOTAL	WILKS pts	ST LIFT POSITION
<b>GROUP A</b>																		
m	Junior	Parkhead	92.5	93	Michael Willis	F205	F205	205.0	135.0	F145	F145	340	260.0	F275	pass	600	377.8800	6
m	Junior	Durham	91.9	93	Brady Crooks	F210	220.0	pass	130.0	135.0	F140	355	200.0	F215	215.0	570	360.1260	15
m	Junior	Five Towns	90.4	93	Sam Hinks	190.0	200.0	F207.5	155.0	162.5	F167.5	362.5	230.0	245.0	F255	607.5	386.9775	Third 3
m	Junior	West Riding	91.2	93	Jordan Eastwood	180.0	200.0	F205	160.0	165.0	F170	365	210.0	230.0	F235	595	377.3490	7
m	Junior	Unattached	90.4	93	Sam Orange	185.0	192.5	200.0	110.0	120.0	125.0	325	250.0	F271	271.0	596	379.6520	5
m	Junior	Unattached	90.9	93	Eoghan Moriarty	180.0	F190	F190	F105	105.0	F110	285	225.0	230.0	F235	515	327.1280	24
m	Junior	Unattached	90.4	93	Oliver Organ	160.0	175.0	190.0	125.0	135.0	145.0	335	225.0	237.5	245.0	580	369.4600	9
m	Senior	Parkhead	90.9	93	Steve Martin	167.5	175.0	180.0	120.0	127.5	F130	307.5	207.5	217.5	F227.5	525	333.4800	20
m	Senior	Parkhead	91.9	93	Mark Henderson	160.0	F165	pass	142.5	150.0	F157.5	310	pass	pass	pass	310	195.8580	39
m	Senior	Newcastle uni	92.8	93	Matthew Bowa	150.0	160.0	162.5	110.0	115.0	117.5	280	190.0	205.0	220.0	500	314.4000	28

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<b>GROUP B</b>																		
m	Senior	York Uni	92.20	93	Adam Rofe	132.5	140.0	145.0	92.5	F100	F100	237.5	220.0	230.0	240.0	477.5	301.2070	32
m	Senior	Supreme Training	90.25	93	Sean McPhillips	160.0	170.0	180.0	120.0	125.0	F130	305	225.0	235.0	245.0	550	350.7350	17
m	Senior	Supreme Training	88.30	93	Dean Collins	F170	F170	170.0	140.0	F150	F150	310	230.0	240.0	250.0	560	361.0320	13
m	Senior	Unattached	91.40	93	Simon Beer	170.0	180.0	182.5	112.5	117.5	120.0	302.5	190.0	197.5	pass	500	316.7500	26
m	Senior	West Riding	86.20	93	Chris Howell	140.0	160.0	180.0	100.0	112.5	125.0	305	160.0	180.0	205.0	510	333.1320	21
m	Senior	West Riding	84.80	93	Andy Crowther	140.0	F150	150.0	100.0	110.0	F115	260	170.0	190.0	F200	450	296.6400	33
m	Senior	West Riding	92.65	93	Tim Garrett	210.0	F215	pass	110.0	120.0	F125	330	220.0	242.5	F250	572.5	360.3888	14
m	Senior	Doncaster	91.00	93	Phil Bishop	155.0	F167.5	167.5	110.0	F117.5	F117.5	277.5	175.0	190.0	200.0	477.5	303.1648	30
m	Masters1	BodyinDesign	88.45	93	Chris McHugh	190.0	F200	205.0	110.0	F125	F125	315	190.0	195.0	200.0	515	331.8660	22
m	Masters3	BodyinDesign	86.95	93	Bob Morgan	120.0	F125	125.0	100.0	105.0	F107.5	230	160.0	170.0	175.0	405	263.3715	37

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<b>GROUP C</b>																		
m	Senior	West Riding	104.35	105	Richard Caine	165.0	F175	F175	110.0	120.0	F125	285	200.0	220.0	F235	505	302.4950	31
m	Senior	Newcastle uni	101.15	105	Yusuf Rehman	130.0	137.5	145.0	90.0	95.0	100.0	245	170.0	185.0	197.5	442.5	268.1550	36
m	Senior	Durham	104.30	105	James Downs	175.0	185.0	F195	130.0	F135	F135	315	180.0	pass	pass	495	296.5050	34
m	Senior	York Uni	101.65	105	Scott Milne	190.0	200.0	205.0	140.0	150.0	155.0	360	255.0	265.0	275.0	635	384.0480	4
m	Senior	Gateshead	104.55	105	Paul Bennet	220.0	230.0	240.0	145.0	155.0	F162.5	395	250.0	270.0	285.0	680	407.0480	Second 2
m	Senior	Supreme Training	100.50	105	Phil Harker	110.0	115.0	120.0	70.0	75.0	80.0	200	150.0	F165	F165	350	212.5900	38
m	Senior	Parkhead	109.95	105	Tom Hart	170.0	180.0	195.0	150.0	157.5	165.0	360	250.0	260.0	F270	620	364.9940	10
m	Senior	Parkhead	93.35	105	Mark Cook	165.0	175.0	185.0	125.0	135.0	pass	320	F250	250.0	270.0	590	370.0480	8
m	Junior	Unattached	93.35	105	Daniel Burns	205.0	F215	215.0	130.0	F135	F135	345	225.0	235.0	F245	580	363.7760	11

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<b>GROUP D</b>																		
m	Masters1	Unattached	104.50	105kg	Paul Bimrose	210.0	230.0	240.0	160.0	180.0	190.0	430	260.0	280.0	292.5	722.5	432.4885	Winner 1
m	Masters1	West Riding	98.05	105kg	Scott Chafer	180.0	185.0	F187.5	107.5	110.0	F115	295	200.0	205.0	pass	500	306.8000	29
m	Masters1	Unattached	98.05	105kg	Martin White	180.0	200.0	210.0	130.0	137.5	142.5	352.5	230.0	240.0	F250	592.5	363.5580	12
m	Masters2	Unattached	106.10	105kg	Andrew Rix	150.0	165.0	F172.5	100.0	110.0	F115	275	190.0	F205	pass	465	276.8610	35
m	Junior	Unattached	106.10	120kg	Paul Montgomery	200.0	205.0	F210	130.0	140.0	F150	345	230.0	240.0	F245	585	348.3090	18
m	Senior	Proact Perf Hull	113.50	120kg	Alan Silvester	180.0	F192.5	192.5	115.0	125.0	F132.5	317.5	230.0	F245	pass	547.5	319.2473	25
m	Senior	Parkhead	117.70	120kg	Andrew Walker	190.0	200.0	F210	172.5	F182.5	F182.5	372.5	230.0	F250	pass	602.5	348.0040	19
m	Masters1	Proact Perf Hull	118.25	120kg	Patrick Horton	175.0	F190	200.0	120.0	130.0	F140	330	190.0	205.0	215.0	545	314.4650	27
m	Masters2	Five Towns	141.00	+120kg	Dave Richardson	190.0	F205	205.0	127.5	132.5	F137.5	337.5	245.0	255.0	F262.5	592.5	330.7335	23
m	Senior	Gateshead	104.30	105	Andrew Forbes	215.0	230.0	F237.5	130.0	140.0	145.0	375	220.0	F235	F240	595	356.4050	16
m	Senior	West Riding	103.30	105	Duncan Sharpe	260.0	F270	F270	185.0	F195	195.0	455	200.0	pass	pass	655	393.7205	Guest