

13/01/2018

## Liverpool Barbell Novice Championships 2017

Name	Team	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	TOTAL	Wilks	Placing	Qual
Cherry Yeung		42.1	43	20	U23	70	75	82.5 <sup>U23</sup>	82.5	47.5 <sup>U23</sup>	50 <sup>U23</sup>	-52.5	50	132.5	115 <sup>U23</sup>	125 <sup>U23</sup>	130 <sup>U23</sup>	130	262.5 <sup>U23</sup>	380.310	1st	Bj
Lenka Pilnikova	JD Gym salford	46.6	47	9	Senior	60	65	70	70	50	57.5 <sup>Sen</sup>	-62.5	57.5	127.5	85	90	100	100	227.5	307.853	2nd	E
Esther Rimmer	Taylor's Strength	54.8	57	25	Senior	85	90	95	95	45	50	55	55	150	110	115	120	120	270	323.109	1st	E
Sheina Kaye	Taylor's Strength	54	57	17	U23	75	-82.5	82.5	82.5	45	50	55	55	137.5	107.5	112.5	-117.5	112.5	250	302.650	2nd	Bj
Laura Todd	Taylor's Strength	56.7	57	11	U23	62.5	72.5	80	80	30	37.5	-40	37.5	117.5	115	122.5	-132.5	122.5	240	279.648	3rd	Bj
Mina Villarico	Taylor's Strength/ UoL	55.4	57	24	U23	52.5	55	65	65	35	40	-42.5	40	105	105	110	112.5	112.5	217.5	258.085	4th	Bj
Bryony Brogden	Casson Strength	54.8	57	20	U23	65	70	-75	70	37.5	42.5		42.5	112.5	85	92.5	100	100	212.5	254.299	5th	Bj
Iwona Gibas		56.9	57	19	Senior	70	-75	-75	70	40	42.5	45	45	115	80	87.5	-92.5	87.5	202.5	235.305	6th	
Alisha Dimascio	Taylor's Strength/UoL S&C	56.2	57	28	U23	40	50	55	55	25	27.5	-30	27.5	82.5	60	67.5	-70	67.5	150	175.995	7th	
Beverley Bugeja		62.5	63	3	Senior	85	92.5	100	100	52.5	57.5	60	60	160	95	100	-105	100	260	280.930	1st	
Anna Rigby-Wild	liverpool barbell	58.5	63	12	Senior				0	37.5	-42.5	42.5	42.5	0				0	0	0.000	N/A	
Genevieve Collins	Freedomstrength	65	72	8	Senior	125	132.5	-135	132.5	70	-75	-75	70	202.5	140	150	-162.5	150	352.5	369.808	1st	E
Rebecca Allen	Anytime Fitness	70.6	72	10	Senior	115	-122.5	122.5	122.5	55	60	65	65	187.5	120	130	140	140	327.5	323.898	2nd	E
Kathryn Thomas	Primal Gym Chester	69.3	72	18	Senior	102.5	110	115	115	52.5	57.5	-62.5	57.5	172.5	122.5	127.5	132.5	132.5	305	305.549	3rd	E
Beki Peters	Taylor's Strength/UoL S&C	69.7	72	26	U23	87.5	95	102.5	102.5	40	45	50	50	152.5	115	122.5	135	135	287.5	286.867	4th	Bj
Sarah Revely	Liverpool Barbell	71.3	72	22	U23	95	102.5	-107.5	102.5	47.5	52.5	55	55	157.5	100	-105	-105	100	257.5	252.968	5th	Bj
Pamela fellows	Valhalla	81.6	84	5	Senior	112.5	120	-125	120	62.5	67.5	-72.5	67.5	187.5	135	142.5	147.5	147.5	335	303.242	1st	E
Kelly Kay	Triple X Performance Centre	80.7	84	15	Senior	100	-102.5	102.5	102.5	50	55	57.5	57.5	160	120	127.5	-132.5	127.5	287.5	261.798	2nd	E
Kellee Thomas-Plummer	Strength Therapy	76.1	84	1	Senior	85	92.5	100	100	47.5	50	52.5	52.5	152.5	115	125	130	130	282.5	266.143	3rd	
Rebecca Haffner	MT3 Gym	72.3	84	27	Senior	90	95	100	100	50	52.5	55	55	155	110	115	125	125	280	272.552	4th	
Louise Moxon	Roar Strength Widnes	82	84	4	Senior	-100	100	110	110	40	-42.5	-42.5	40	150	107.5	115	122.5	122.5	272.5	246.013	5th	
Emma Louise Brown	Total Fitness Whitefield	82.2	84	16	Senior	95	-100	100	100	40	45	52.5	52.5	152.5	95	105	110	110	262.5	236.696	6th	
Sarah Riley	Taylor's Strength	81.4	84	6	Senior	60	67.5	70	70	47.5	52.5	57.5	57.5	127.5	97.5	105	110	110	237.5	215.270	7th	
Sofia Lindmark	Taylor's strength / UoL S&C	81.4	84	7	U23	60	70	77.5	77.5	35	40	-42.5	40	117.5	80	90	97.5	97.5	215	194.876	8th	Ej
Mary McCance	Carlisle Powerlifting Club	88.1	84+	2	Senior	130	140	145	145	65	70	-72.5	70	215	170	180	-185	180	395	344.440	1st	
Vicky Byrne	Total fitness	95.6	84+	21	Senior	135	145	155	155	55	60	65	65	220	160	167.5	175	175	395	333.617	2nd	
Maram Klute	Taylor's Strength	93.9	84+	13	Senior	85	92.5	100	100	42.5	47.5	52.5	52.5	152.5	110	117.5	127.5	127.5	280	237.972	3rd	
Melinda Judit Boros		93.8	84+	23	Senior	80	85	-92.5	85	-47.5	50	55	55	140	110	117.5	-125	117.5	257.5	218.952	4th	

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Name	Team	Bwt (kg)	WtCls (kg)	lot#	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	TOTAL	Wilks	Placing	Qual
Raitis Girvics		65.7	66	24	M1	130	140	145	145	-85	95 <sup>M1</sup>	-100	95	240	135	145	160	160	400	315.240	1st	Bm
Samsam Baig		63.5	66	4	U18	125	130	137.5	137.5	72.5	-77.5	-77.5	72.5	210	165	175	187.5 <sup>U18</sup>	187.5	397.5	322.412	2nd	Bj
Daniel McAfee	Steel habitat	72.6	74	2	Senior	120	135	-150	135	105	-107.5	107.5	107.5	242.5	165	180	192.5	192.5	435	317.246	1st	
Andraus Johnson		68.9	74	23	U23	100	110	115	115	60	-65	65	65	180	105	115	130	130	310	235.166	2nd	
Noris Gotfridsons		79.8	83	20	Senior	170	180	190	190	120	130	-135	130	320	190	210	-220	210	530	362.414	1st	
Michael Cassidy	Steel habitat	80.6	83	9	Senior	140	150	-160	150	100	105	-110	105	255	190	200	-215	200	455	309.172	2nd	
Jack Atherton	Taylor's Strength/UoL S&C	78.7	83	1	U23	130	142.5	150	150	-87.5	95	-100	95	245	172.5	182.5	192.5	192.5	437.5	301.831	3rd	
Alistair Martin	university of sheffield	79.6	83	3	U23	115	-125	130	130	107.5	117.5	127.5	127.5	257.5	152.5	167.5	180	180	437.5	299.644	4th	
Matt Coupland	Taylor's Strength/UoL S&C	79.2	83	11	Senior	125	135	140	140	85	92.5	100	100	240	175	185	-192.5	185	425	292.017	5th	
David Penney	Full Contact Performance Centre	81.3	83	13	M2	120	130	135	135	95	-105	-105	95	230	150	165	175	175	405	273.739	6th	Bm
Robert Stirrat	Taylor's Strength/UoL S&C	79.8	83	16	U23	115	122.5	132.5	132.5	75	80	85	85	217.5	132.5	142.5	152.5	152.5	370	253.006	7th	
Alex Spiers	Carlisle Powerclub Club	92.2	93	22	Senior	200	210	220	220	140	150	155	155	375	230	245	252.5	252.5	627.5	395.827	1st	●
Aidan Sharp	The Armitage Gym	91.4	93	8	U23	170	190	205	205	120	140	150	150	355	210	240	260	260	615	389.602	2nd	Br
David Quinn		90.8	93	15	Senior	170	-182.5	-182.5	170	105	110	-117.5	110	280	210	230	242.5	242.5	522.5	332.101	3rd	
William Renshaw		88	93	21	U18	155	162.5	170	170	92.5	100	105	105	275	175	192.5	205	205	480	310.032	4th	Bj
Steve O'Neill	Liverpool Barbell	91.7	93	19	M2	125	137.5	147.5	147.5	82.5	-90	90	90	237.5	115	125	140	140	377.5	238.769	5th	
Callum Simmons	University of Liverpool	95.8	105	7	U23	155	160	165	165	90	97.5	102.5	102.5	267.5	170	180	190	190	457.5	283.513	1st	
Vernon Victory	Strength Therapy	97.2	105	18	Senior	135	140	-145	140	97.5	102.5	-107.5	102.5	242.5	185	195	205	205	447.5	275.571	2nd	
Leo Plevin	Liverpool Barbell	94.7	105	14	Senior	155	165	175	175	70	80	85	85	260	160	170	180	180	440	274.076	3rd	
Colin Davies	Steel habitat	99.6	105	10	M1	140	145	155	155	100	105	110	110	265	145	160	170	170	435	265.176	4th	
Joshua Pearce		96.4	105	12	Senior	112.5	120	125	125	82.5	87.5	92.5	92.5	217.5	165	175	187.5	187.5	405	250.290	5th	
Kevin Woods		113.2	120	6	Senior	-190	200	215	215	160	165	-170	165	380	250	270	280	280	660	385.176	1st	●
Stephen Irving	DJS FITNESS	118.3	120	5	Senior	150	160	-165	160	80	85	92.5	92.5	252.5	170	185	195	195	447.5	258.163	2nd	
Max Carr		140.8	120+	17	U18	150	160 <sup>U18</sup>	170 <sup>U18</sup>	170	-90	95	102.5 <sup>U18</sup>	102.5	272.5	170 <sup>U18</sup>	182.5 <sup>U18</sup>	-195	182.5	455 <sup>U18</sup>	254.027	1st	Bj

NW Records - Sen = Senior U23 = Under 23 U18 = Under 18 U16 = U16 M1 = Masters 1

Qualification for British Championships - Br = Senior Bj = Juniors Bm = Masters

Qualification for English Championships - E = Senior Ej = Junior Em = Masters

Best Lifter

● drug tested