

## 03/06/2018 NW Bench Press and Push &amp; Pull

Name	Team	Div	Bwt	WtCls (kg)	Age	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PP Total	Total Wilks	Deadlift Wilks	BP Placing	DL Placing	PP Placing	QT
Lenka Pilnikova	Other	F-C-Snr	46.8	47	Senior	61	63	65	65	65	110	112.5	117.5	117.5	182.5	246.20	158.51	1	3	1	Br
Victoria Mirceta	Other	F-C-Snr	50.1	52	Senior	57.5	-60.5	-60.5	57.5	57.5				0	57.5	73.75	0.00	1			Br
Natalie Banks	Wolfpack	F-C-Snr	55.8	57	Senior	57.5	-60	60	60	60	137.5	-140		137.5	197.5	233.03	162.24	1	2	3	Br
Moira Pritchard	Other	F-C-M2	62.7	63	M2	57.5	-61	-61	57.5	57.5				0	57.5	47.15	0.00	1			Br
Laura Bright	Other	F-C-Snr	61.3	63	Senior	57.5	60	-62.5	60	60	100	105	112.5	112.5	172.5	189.16	123.37	1	6	6	Br
Francesca Fernandes-Relva	Casson Strength	F-C-JR	61.8	63	U23	60	65	70	70	70	110	120	127.5	127.5	197.5	215.23	138.95	1	5	4	Br
Emma Stott	Strength Factory	F-C-M1	62.2	63	M1	62.5	65	-70	65	65	140	150	160	160	225	244.00	173.51	1	1	2	Br
Faith Fordham	Other	F-C-Snr	69.7	72	Senior	47.5	-52.5	-52.5	47.5	47.5				0	47.5	47.40	0.00	3			E
Carmen Makepeace	Other	F-C-Snr	68.5	72	Senior	-57.5	57.5	-65	57.5	57.5				0	57.5	58.07	0.00	2			E
Nicola Jordan	Wolfpack	F-C-Snr	68.2	72	Senior	35	37.5	-40	37.5	37.5	95	100	105	105	142.5	144.37	106.38	4	9	10	E
Laura Battersby	Wolfpack	F-C-Snr	68.8	72	Senior	57.5	-60	60	60	60	140	145	-147.5	145	205	206.41	146.00	1	4	5	E
Mary Cannon	Other	F-C-M3	83.4	84	M3	-52.5	-52.5	-52.5	0	0				0	0	0.00	0.00				
Georgia Dalton	Casson Strength	F-C-M1	73.1	84	M1	55	57.5	60	60	60	100	110	-115	110	170	164.28	106.30	2	10	9	BM1
Sarah Shaw	Other	F-C-M1	83.7	84	M1	70	75	77.5	77.5	77.5	130	-140	-140	130	207.5	185.37	116.13	1	8	7	Br
Lisa Pilkington	Other	F-C-M1	110	84+	M1	85	90	-92.5	90	90				0	90	73.18	0.00	1			Br
Jo Copeland	Other	F-C-M1	113.7	84+	M1	60	-65	65	65	65	130	140	150	150	215	173.65	121.15	2	7	8	BM1
Name	Team	Div	Bwt	WtCls (kg)	Age	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PP Total	Total Wilks	Deadlift Wilks	BP Placing	DL Placing	PP Placing	QT
Hamza Mushtaq	Other	M-C-JR	64.3	66	U23	90	-97.5	-100	90	90	145	155	160	160	250	200.62	128.40	1	8	6	BU23
Callum Mcgovern	Wolfpack	M-C-SJ	63	66	U18	80	82.5	85	85	85	165	175	177.5	177.5	262.5	214.37	144.95	1	7	3	BU18
Nathan Hill	Other	M-C-JR	73.1	74	U23	125	-130	-130	125	125				0	125	90.70	0.00	1			Br
David Penney	Other	M-C-M2	81.4	83	M2	95	-100	102.5	102.5	102.5				0	102.5	69.23	0.00	1			BM2
Neil Fisher	Other	M-C-Sen	80.6	83	Senior	130	135	140	140	140	160	175	185	185	325	220.84	125.71	1	6	2	Br
Stephen Burrows	Other	M-C-Sen	85.3	93	Senior	127.5	132.5	137.5	137.5	137.5				0	137.5	90.34	0.00	1			Br
Callum Simmons	Other	M-C-JR	90.5	93	U23	100	105	-110	105	105	180	190	200	200	305	194.17	127.32	1	5	7	BU23
John Cross	Casson Strength	M-C-M2	90.9	93	M2	120	-127.5	-127.5	120	120	170	190	205	205	325	206.44	130.22	1	3	5	BM2
Jonathan Naisbitt	Casson Strength	M-C-Sen	90.4	93	Senior	120	127.5	-132.5	127.5	127.5	170	190	205	205	332.5	211.79	130.58	2	2	4	E
Chris Jones	Other	M-C-Sen	104.1	105	Senior	145	-150	-150	145	145				0	145	86.91	0.00	1			Br
Christian McCarlie	Other	M-C-M1	103.3	105	M1	135	145	155	155	155				0	155	93.16	0.00	2			Br
Robert Irving	Wolfpack	M-C-M1	105	105	M1	85	87.5	-92.5	87.5	87.5	195	200	-202.5	200	287.5	171.80	119.51	1	4	8	E
Dean Kent	Fylde Coast	M-C-Sen	103.6	105	Senior	-130	130	-137.5	130	130	245	-260	-260	245	375	225.16	147.10	1	1	1	E
Tom Linklater	Other	M-C-Sen	134.6	120+	Senior	-167.5	172.5	185	185	185				0	185	104.01	0.00	2			Br
Martin McGimpsey	Nsouli Barbell	M-C-Sen	157.6	120+	Senior	190	195	200	200	200				0	200	109.88	0.00	1			Br
Scott Squire	Nsouli Barbell	M-C-M1	219.7	120+	M1	205	-210	-210	205	205				0	205	110.89	0.00	1			Br