

2018 Inter-Regional Championships 29/07/2018

Group	Lot No.	Name	Region	B/W	Rack No.	Squat 1	Squat 2	Squat 3	Best S	Bench 1	Bench 2	Bench 3	Best B	SUB TOTAL	DL 1	DL 2	DL 3	Best DL	TOTAL	Coef	WILKS
A	2	Angharad Fraiser Williams	EM	70.2	6	90	100	107.5	107.5	50	55	60	55	162.5	110	120	130	130	292.5	0.992892094	290.42
A	6	Ellie Howitt	EM	54.75	6	107.5	115	120	120	62.5	65	65	65	185	132.5	140	142.5	140	325	1.197604214	389.22
B	15	Faye Jordan	EM	64.65	6	130	137.5	145	145	100	102.5	105	100	245	130	140	140	130	375	1.053316608	394.99
A	1	Becki Heath	GL	46.8	3	110	112.5	115	115	62.5	67.5	70	70	185	122.5	132.5	140	140	325	1.349032557	438.44
A	13	Diana Eleuterio	GL	82.45	6	112.5	122.5	130	122.5	52.5	57.5	60	60	182.5	130	140	145	145	327.5	0.900253574	294.83
B	10	Rima Baki	GL	63.6	5	135	145	150	150	80	80	85	85	235	150	160	167.5	160	395	1.066301864	421.19
A	14	Lydia Forrest	SE	52.5	4	95	100	105	105	45	47.5	50	47.5	152.5	100	105	107.5	107.5	260	1.23743763	321.73
A	17	Charley Bond	SE	70.4	5	80	87.5	92.5	92.5	37.5	42.5	45	45	137.5	100	105	110	110	247.5	0.990956966	245.26
A	9	Ana RE Rojo-Echeburua	SE	62.95	4	110	115	117.5	115	65	65	65	65	180	135	140	142.5	142.5	322.5	1.074603226	346.56
B	4	Beverley Rodgers	SM	64.85	5	115	125	130	130	80	85	90	85	215	130	140	147.5	140	355	1.050901843	373.07
B	7	Lucy Hart	SM	60.15	6	140	152.5	162.5	162.5	65	72.5	80	72.5	235	130	142.5	150	150	385	1.112733241	428.40
B	16	Scarlett Sotiris	SM	93.6	9	140	152.5	162.5	162.5	70	77.5	85	77.5	240	170	182.5	192.5	182.5	422.5	0.850917408	359.51
B	18	Charlie Chester	SW	112.5	6	170	182.5	190	190	90	95	100	100	290	170	182.5	195	195	485	0.809334692	392.53
A	11	Cat Shamel	WM	51.6	6	105	110	110	110	57.5	60	62.5	60	170	120	125	130	130	300	1.254084975	376.23
B	8	Lucia Puricelli	WM	59.25	6	137.5	145	150	150	75	80	82.5	80	230	140	150	157.5	157.5	387.5	1.125827527	436.26
B	12	Kelly Phasey	WM	125.6	5	175	192.5	205	192.5	130	142.5	152.5	152.5	345	150	165		150	495	0.793221927	392.64

Ladies Team Wilks

East Midlands	1074.64
Greater London	1154.46
South East	913.56
South Midlands	1160.99
South West	392.53
West Midlands	1205.13

Group	Lot No.	Name	Region	B/W	Rack No.	Squat 1	Squat 2	Squat 3	Best S	Bench 1	Bench 2	Bench 3	Best B	SUB TOTAL	DL 1	DL 2	DL 3	Best DL	TOTAL	Coef	WILKS
A	8	Andy Champ	EM	93.9	8	200	210	210	200	160	170	175	170	370	240	260	270	260	630	6.25E-01	393.97
B	2	Erik Mata	EM	91.6	7	245	262.5	272.5	272.5	160	170	175	175	447.5	265	280	287.5	280	727.5	6.33E-01	460.36
B	12	James Blundell	EM	97.25	8	220	235	250	250	160	170	180	180	430	260	280	300	300	730	6.16E-01	449.43
A	11	Mikey Herrera	GL	88.35	11	190	195	195	195	115	125	132.5	132.5	327.5	235	250	257.5	257.5	585	6.45E-01	377.06
A	13	Luke Bennett	SE	61.45	6	185	195	200	200	105	112.5	115	115	315	175	185	195	195	510	8.35E-01	425.70
A	14	Joey Watson	SE	99.1	9	205	215	220	220	162.5	170	172.5	172.5	392.5	250	265	265	265	657.5	6.11E-01	401.61
A	15	Rob Gainlall	SE	138.2	12	190	210	230	230	120	140	150	140	370	240	260	265	260	630	5.60E-01	352.74
B	7	Mike Patterson	SM	96.7	10	245	260	272.5	260	145	152.5	160	160	420	245	255	260	260	680	6.17E-01	419.67
B	17	Sean-Paul MacKenzie	SM	96.25	8	227.5	240	250	250	120	130	137.5	130	380	267.5	280	280	0	0	6.18E-01	0.00
B	3	Jack Johnson	SM	120.95	8	240	252.5	265	265	185	195	205	205	470	280	300	310	310	780	5.74E-01	447.63
A	5	Joe Humphrey	SW	88.95	10	147.5	160	170	170	110	117.5	122.5	117.5	287.5	185	192.5	200	200	487.5	6.42E-01	313.10
A	4	Sam Coombes	SW	82.7	10	205	215	222.5	215	107.5	115	120	120	335	240	252.5	265	265	600	6.69E-01	401.36
B	6	Louis Phelps	SW	109.3	11	220	220	232.5	220	140	145	150	150	370	250	262.5	275	275	645	5.90E-01	380.33
A	1	David Gray	WM	62.7	8	150	160	170	170	105	110	117.5	117.5	287.5	210	225	235	235	522.5	8.20E-01	428.47
B	16	Karnail Singh	WM	81.35	9	205	220	235	220	135	145	150	150	370	210	220	225	225	595	6.76E-01	402.00
B	9	Wes Hall	WM	125.6	11	270	295	305	305	170	195	200	200	505	300	320	340	320	825	5.69E-01	469.67

Men's Team Wilks

East Midlands	1303.76
Greater London	377.06
South East	1180.05
South Midlands	867.30
South West	1094.79
West Midlands	1300.14

	Men's Team Wilks	Ladies Team Wilks	Total Team Wilks	Place
West Midlands	1300.14	1205.13	2505.27	1
East Midlands	1303.76	1074.64	2378.40	2
South East	1180.05	913.56	2093.61	3
South Midlands	867.30	1160.99	2028.28	4
Greater London	377.06	1154.46	1531.52	5
South West	1094.79	392.53	1487.32	6