

North Midlands Spring Bench Press Championships 17/03/19

Name	Div	Bwt - kg	IPF Wt Cls	lot#	BP-1	BP-2	BP-3	Best BP	Pl/Div/Cls/Event	IPF Points
Francesa Hewson	FR-O	56.00	57	3	67.5	<del>75.5</del>	<del>75.5</del>	67.5	1/FR-O/57/BP	476.98
Amelia Maycock	EQ-F-Jr	62.00	63	16	71.0	75.0	76.0	76.0	1/F-Jr/63/BP	491.30
Wendie Kirkland	EQ-F-M1	71.20	72	18	95.0	102.5	111.0	111.0	1/F-M1/72/BP	581.84
Amy Crossland	EQ-F-O	83.20	84	14	85.0	90.0	95.0	95.0	1/F-O/84/BP	505.98
Nicola Maycock	FR-M1	82.50	84	1	50.0	55.0	<del>60.0</del>	55.0	1/FR-M1/84/BP	392.53
Jax Gough	EQ-F-M1	149.30	84+	13	<del>145.0</del>	<del>145.0</del>	153.0	153.0	1/F-M1/84+/BP	564.53
Ben Hartley	EQ-M-Jr	66.50	74	25	102.5	<del>115.0</del>	<del>115.0</del>	102.5	1/M-Jr/74/BP	448.78
Aodhan Phillips-Lees	MR-O	73.90	74	12	120.0	125.0	130.0	130.0	1/MR-O/74/BP	487.68
Kane Wilkinson-Pacey	MR-Jr	78.40	83	9	100.0	105.0	110.0	110.0	1/MR-Jr/83/BP	420.83
Glyn Belsher	EQ-M-M3	93.00	93	19	135.0	142.5	150.0	150.0	1/M-M3/93/BP	467.04
Khalon Hodson	EQ-M-O	83.50	93	15	170.0	<del>180.0</del>	180.0	180.0	1/M-O/93/BP	566.05
Michael Coupe	M-M1	92.50	93	26	75.0	82.5	<del>91.0</del>	82.5	1/M-M4/93/BP	325.51
Kevin Barrs	M-M2	84.50	93	20	145.0	155.0	<del>157.5</del>	155.0	1/M-M2/93/BP	505.01
Mitchell Vaughan	MR-O	92.60	93	8	142.5	147.5	152.5	152.5	1/MR-O/93/BP	473.44
Jacob Roost	MR-O	89.40	93	5	125.0	135.0	140.0	140.0	2/MR-O/93/BP	455.80
Callum Sidebottom	EQ-M-O	104.50	105	24	<del>170.0</del>	170.0	<del>180.0</del>	170.0	1/M-O/105/BP	478.18
Paul Graham	MR-M2	101.50	105	2	62.5	67.5	72.5	72.5	1/MR-M2/105/BP	292.45
Jack Clayton	MR-O	103.50	105	23	175.0	182.5	<del>190.0</del>	182.5	1/MR-O/105/BP	504.96
John Hamson	MR-O	105.00	105	22	160.0	170.0	<del>175.0</del>	170.0	2/MR-O/105/BP	477.02
Martyn Brown	MR-O	98.60	105	10	140.0	145.0	150.0	150.0	3/MR-O/105/BP	452.59
Jamie Green	MR-SJr	94.80	105	7	95.0	110.0	117.5	117.5	1/MR-SJr/105/BP	394.59
Thomas Gray	MR-O	111.00	120	21	150.0	155.0	160.0	160.0	1/MR-O/120/BP	445.36
James Brincat-Smith	EQ-M-M1	200.60	120+	17	220.0	230.0	<del>265.0</del>	230.0	1/M-M1/120+/BP	448.29