

04/20/19 South Midlands Spring Open Guest Lifters

Grp A	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
A	Tony Cliffe	G	M-O	119.70	120	8	295.0	315.0	-330.0	315.0	220.0	230.0	240.0	240.0	555.0	300.0	330.0	-360.0	330.0	885.0	1/M-O//PL	593.53
A	Thomas Brannick	G	M-O	104.90	105	7	272.5	287.5	292.5	292.5	182.5	192.5	200.0	200.0	492.5	275.0	307.5	0.0	307.5	800.0	2/M-O//PL	577.90
A	Pierre Shillingford	G	M-O	93.00	93	6	220.0	230.0	240.0	240.0	165.0	175.0	180.0	180.0	420.0	260.0	275.0	290.0	290.0	710.0	3/M-O//PL	552.95
A	Jordan McLaughlin	G	M-O	141.90	120+	4	335.0	355.0	0.0	355.0	200.0	-210.0	210.0	210.0	565.0	-320.0	-320.0	320.0	320.0	885.0	4/M-O//PL	549.19
A	Bo Sekenofsky	G	M-O	122.90	120+	3	255.0	280.0	302.5	302.5	180.0	190.0	200.0	200.0	502.5	302.5	0.0	0.0	302.5	805.0	5/M-O//PL	537.97
A	Ray Bowring	G	M-O	135.90	120+	9	245.0	260.0	275.0	275.0	117.5	127.5	135.0	135.0	410.0	215.0	235.0	250.0	250.0	660.0	6/M-O//PL	430.52
A	Joy Nhamani	G	F-O	56.50	57	1	140.0	147.5	152.5	152.5	80.0	85.0	87.5	87.5	240.0	180.0	195.0	203.5	203.5	443.5	1/F-O//PL	622.20
A	Leigh Wetheridge	G	F-O	114.30	84+	5	200.0	215.0	225.0	225.0	100.0	110.0	117.5	117.5	342.5	200.0	215.0	225.0	225.0	567.5	2/F-O//PL	586.98
A	Rima Baki	G	F-O	62.80	63	2	130.0	140.0	-145.0	140.0	80.0	85.0	-90.0	85.0	225.0	155.0	165.0	-175.0	165.0	390.0	3/F-O//PL	535.63

04/20/19 South Midlands Spring Open Saturday AM

Grp A	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
C	Daniel MCGauley	EM	M-O	56.10	59	21	100.0	110.0	120.0	120.0	75.0	80.0	82.5	82.5	202.5	95.0	105.0	112.5	112.5	315.0	1/M-O/59/PL	379.97
C	Rod Ramsey	SM	M-O	65.70	66	24	152.5	162.5	170.0	170.0	97.5	105.0	107.5	107.5	277.5	200.0	220.0	225.0	225.0	502.5	1/M-O/66/PL	502.63
C	Daniel Rigg	GL	M-O	64.90	66	23	115.0	127.5	132.5	132.5	80.0	90.0	97.5	97.5	230.0	140.0	155.0	170.0	170.0	400.0	2/M-O/66/PL	417.25
C	Prince Ibahay	SM	M-O	65.40	66	22	165.0	-175.0	175.0	175.0	95.0	100.0	-105.0	100.0	275.0	-220.0	-225.0	-225.0	0.0	0.0		0.00
C	Terry Martin	SM	M-O	73.60	74	26	215.0	-225.0	-225.0	215.0	140.0	145.0	-150.0	145.0	360.0	230.0	242.5	-247.5	242.5	602.5	1/M-O/74/PL	547.40
C	Juan Paolo Del Rosario	SM	M-O	72.00	74	9	170.0	180.0	185.0	185.0	115.0	120.0	125.0	125.0	310.0	195.0	205.0	210.0	210.0	520.0	2/M-O/74/PL	487.85
C	Tom Beech	EM	M-O	73.50	74	27	142.5	155.0	157.5	157.5	92.5	97.5	102.5	102.5	260.0	180.0	190.0	200.0	200.0	460.0	3/M-O/74/PL	433.41
C	Richard Piper	SM	M-O	73.30	74	29	147.5	-160.0	160.0	160.0	90.0	97.5	100.0	100.0	260.0	160.0	170.0	180.0	180.0	440.0	4/M-O/74/PL	418.05
C	Roy Standen	SM	M-O	73.70	74	28	95.0	105.0	-110.0	105.0	57.5	62.5	-65.0	62.5	167.5	125.0	135.0	140.0	140.0	307.5	5/M-O/74/PL	310.41
C	Geoff Erzan-Essien	SM	M-O	76.00	83	25	135.0	140.0	150.0	150.0	80.0	-90.0	-90.0	80.0	230.0	175.0	-185.0	-185.0	175.0	405.0	1/M-O/83/PL	381.40
A	Jason Coultman	GL	M-O	96.30	105	1	217.5	225.0	232.5	232.5	140.0	145.0	150.0	150.0	382.5	265.0	277.5	290.0	290.0	672.5	1/M-O/105/PL	517.06
A	Diana-Andreea Zbarcea	SM	F-O	52.00	52	13	-87.5	92.5	-95.0	92.5	52.5	55.0	57.5	57.5	150.0	97.5	100.0	102.5	102.5	252.5	1/F-O/52/PL	411.73
A	Ying Duan	SM	F-O	57.00	57	7	67.5	75.0	80.0	80.0	40.0	45.0	47.5	47.5	127.5	92.5	100.0	107.5	107.5	235.0	1/F-O/57/PL	377.06
A	Christine Wilson	SM	F-O	56.30	57	8	50.0	55.0	60.0	60.0	35.0	37.5	-40.0	37.5	97.5	75.0	82.5	90.0	90.0	187.5	2/F-O/57/PL	323.07
A	Kirsty Kitcher	SM	F-O	62.50	63	20	115.0	125.0	-127.5	125.0	75.0	80.0	-82.5	80.0	205.0	120.0	140.0	145.0	145.0	350.0	1/F-O/63/PL	492.39
A	Connie Raitt	EM	F-O	60.40	63	19	110.0	120.0	130.0	130.0	60.0	65.0	-70.0	65.0	195.0	-130.0	130.0	140.0	140.0	335.0	2/F-O/63/PL	482.15
A	Menuka Gurung	SM	F-O	61.90	63	16	107.5	-115.0	-115.0	107.5	-62.5	65.0	-70.0	65.0	172.5	105.0	-110.0	115.0	115.0	287.5	3/F-O/63/PL	424.72
A	Alexandra Mansell-rowe	SM	F-O	61.10	63	17	85.0	90.0	95.0	95.0	37.5	42.5	47.5	47.5	142.5	100.0	110.0	115.0	115.0	257.5	4/F-O/63/PL	393.16
A	Amy Jaggars	SM	F-O	61.60	63	20	80.0	85.0	-87.5	85.0	55.0	57.5	60.0	60.0	145.0	105.0	110.0	112.5	112.5	257.5	5/F-O/63/PL	392.02
A	Yvonne Trehane	SM	F-O	61.10	63	12	60.0	67.5	72.5	72.5	37.5	42.5	45.0	45.0	117.5	80.0	90.0	-100.0	90.0	207.5	6/F-O/63/PL	337.15

A	Kyran O'Neill	SM	M-E	86.70	93	10	240.0	250.0	255.0	255.0	145.0	155.0	165.0	165.0	420.0	195.0	210.0	-220.0	210.0	630.0	1/M-E/93/PL	516.78	
A	David Murray	SM	M-E	88.70	93	11	-255.0	-255.0	-255.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.00
A	Ben Karaosman	EM	M-E	131.60	120+	2	215.0	225.0	-235.0	225.0	150.0	170.0	192.5	192.5	417.5	200.0	227.5	232.5	232.5	650.0	1/M-E/120+/PL	430.90	

04/20/19 South Midlands Spring Open Saturday PM

Grp D	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
D	Iman Salemi	SM	M-O	80.90	83	2	225.0	237.5	247.5	247.5	142.5	150.0	156.0	156.0	403.5	245.0	260.0	272.5	272.5	676.0	1/M-O/83/PL	572.55
D	Todd Willis	SM	M-O	80.80	83	9	190.0	205.0	212.5	212.5	147.5	155.5	-156.5	155.5	368.0	200.0	212.5	232.5	232.5	600.5	2/M-O/83/PL	515.83
D	Daniel Smith	SM	M-O	82.80	83	3	200.0	210.0	220.0	220.0	140.0	145.0	150.0	150.0	370.0	210.0	220.0	230.0	230.0	600.0	3/M-O/83/PL	508.17
D	Rudi Obasi-Adams	GL	M-O	79.00	83	10	175.0	185.0	192.5	192.5	107.5	115.0	120.0	120.0	312.5	207.5	220.0	232.5	232.5	545.0	4/M-O/83/PL	480.16
D	Jamie Sinclair	SM	M-O	82.80	83	11	165.0	177.5	182.5	182.5	135.0	142.5	-147.5	142.5	325.0	185.0	200.0	-210.0	200.0	525.0	5/M-O/83/PL	452.24
D	Chris Charles	SE	M-O	80.40	83	5	152.5	165.0	172.5	172.5	115.0	122.5	-130.0	122.5	295.0	195.0	210.0	222.5	222.5	517.5	6/M-O/83/PL	454.33
D	Sam Bell	SE	M-O	78.00	83	14	180.0	185.0	-192.5	185.0	110.0	-117.5	-117.5	110.0	295.0	205.0	215.0	-220.0	215.0	510.0	7/M-O/83/PL	456.75
D	Mike Samuels	SM	M-O	78.10	83	4	145.0	160.0	170.0	170.0	115.0	125.0	-127.5	125.0	295.0	180.0	200.0	215.0	215.0	510.0	8/M-O/83/PL	456.40
D	Josh Steen	SM	M-O	78.10	83	1	165.0	175.0	182.5	182.5	115.0	122.5	-127.5	122.5	305.0	195.0	202.5	-210.0	202.5	507.5	9/M-O/83/PL	454.47
D	Oli Seymour	SM	M-O	80.40	83	15	160.0	175.0	-190.0	175.0	95.0	105.0	-110.0	105.0	280.0	205.0	215.0	-220.0	215.0	495.0	10/M-O/83/PL	437.26
D	Daryl Wilkinson	SM	M-O	82.00	83	8	152.5	157.5	165.0	165.0	100.0	105.0	110.0	110.0	275.0	177.5	187.5	190.0	190.0	465.0	11/M-O/83/PL	409.78
D	Paul Richardson	SM	M-O	83.00	83	16	175.0	-200.0	-210.0	175.0	-115.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.00

04/21/19 South Midlands Spring Open Sunday AM

Grp A	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
C	Hugo Duarte	EM	M-O	92.40	93	24	245.0	260.0	265.0	265.0	145.0	150.0	155.0	155.0	420.0	275.0	290.0	-295.0	290.0	710.0	1/M-O/93/PL	554.89
C	Ramone Burton	SW	M-O	90.00	93	22	200.0	215.0	227.5	227.5	150.0	157.5	165.0	165.0	392.5	280.0	302.5	-317.5	302.5	695.0	2/M-O/93/PL	552.30
C	Charles Davies	SM	M-O	93.00	93	26	217.5	225.0	230.0	230.0	142.5	150.0	155.0	155.0	385.0	215.0	217.5	227.5	227.5	612.5	3/M-O/93/PL	484.99
C	George Penfold	SE	M-O	90.80	93	25	200.0	207.5	212.5	212.5	130.0	140.0	-142.5	140.0	352.5	230.0	242.5	247.5	247.5	600.0	4/M-O/93/PL	482.50
C	Liam Whooley	SM	M-O	92.20	93	21	190.0	200.0	205.0	205.0	120.0	127.5	130.0	130.0	335.0	190.0	210.0	-220.0	210.0	545.0	5/M-O/93/PL	439.98
C	James Ranger	SM	M-O	92.20	93	27	180.0	190.0	195.0	195.0	137.5	-142.5	-142.5	137.5	332.5	180.0	-205.0	210.0	210.0	542.5	6/M-O/93/PL	438.23
C	Mike Kitson	SM	M-O	85.50	93	30	180.0	195.0	205.0	205.0	-100.0	-110.0	110.0	110.0	315.0	185.0	205.0	-210.0	205.0	520.0	7/M-O/93/PL	440.40
C	Alastair Power	SM	M-O	92.10	93	28	160.0	170.0	175.0	175.0	120.0	-125.0	125.0	125.0	300.0	180.0	200.0	205.0	205.0	505.0	8/M-O/93/PL	412.21
C	Matticus Chong	SM	M-O	86.50	93	17	152.5	167.5	172.5	172.5	90.0	-97.5	-97.5	90.0	262.5	187.5	-207.5	212.5	212.5	475.0	9/M-O/93/PL	404.83
C	Brian Heyburn	GL	M-O	85.40	93	19	130.0	140.0	150.0	150.0	95.0	102.5	107.5	107.5	257.5	160.0	170.0	182.5	182.5	440.0	10/M-O/93/PL	382.12
C	John Reeves	SM	M-O	84.90	93	20	-120.0	-120.0	120.0	120.0	85.0	90.0	95.0	95.0	215.0	150.0	160.0	170.0	170.0	385.0	11/M-O/93/PL	342.98
C	Ashraf Alhasan	GL	M-O	92.10	93	23	162.5	172.5	-182.5	172.5	120.0	-125.0	-125.0	120.0	292.5	65.0	0.0	0.0	65.0	357.5	12/M-O/93/PL	308.84
C	Jake Sainsbury	SM	M-O	86.80	93	18	-140.0	0.0	0.0	0.0	-135.0	135.0	-140.0	135.0	0.0	170.0	177.5	185.0	185.0	0.0		0.00
C	Timothy Martin	SM	M-O	95.20	105	29	165.0	175.0	185.0	185.0	100.0	105.0	110.0	110.0	295.0	215.0	227.5	-235.0	227.5	522.5	1/M-O/105/PL	417.04
A	Louise Warr	SM	F-O	71.30	72	6	117.5	122.5	-128.0	122.5	55.0	-62.5	-62.5	55.0	177.5	140.0	150.0	0.0	150.0	327.5	1/F-O/72/PL	445.60

A	Sara Smith	SM	F-O	70.00	72	3	95.0	102.5	105.0	105.0	57.5	62.5	-65.0	62.5	167.5	130.0	137.5	142.5	142.5	310.0	2/F-O/72/PL	430.22
A	Katie Roath	SM	F-O	70.60	72	4	90.0	95.0	102.5	102.5	60.0	65.0	-70.0	65.0	167.5	120.0	125.0	130.0	130.0	297.5	3/F-O/72/PL	415.97
A	Lucy Des Clayes	SM	F-O	65.30	72	1	87.5	97.5	107.5	107.5	40.0	45.0	50.0	50.0	157.5	110.0	120.0	127.5	127.5	285.0	4/F-O/72/PL	413.92
A	Sarah Moore	SM	F-O	68.20	72	2	85.0	90.0	92.5	92.5	45.0	47.5	50.0	50.0	142.5	120.0	125.0	130.0	130.0	272.5	5/F-O/72/PL	394.51
A	Marianna Pinter	SM	F-O	70.90	72	5	85.0	95.0	100.0	100.0	60.0	65.0	-70.0	65.0	165.0	95.0	105.0	-110.0	105.0	270.0	6/F-O/72/PL	386.87
A	Denise Westbrook	SM	F-O	72.00	72	7	62.5	-70.0	70.0	70.0	35.0	40.0	42.5	42.5	112.5	95.0	100.0	-105.0	100.0	212.5	7/F-O/72/PL	325.80
B	Georgina Hazell	SM	F-O	82.00	84	10	110.0	-115.0	-115.0	110.0	65.0	72.5	80.0	80.0	190.0	150.0	160.0	167.5	167.5	357.5	1/F-O/84/PL	454.29
B	Jean Maton	SM	F-O	84.00	84	13	110.0	115.0	-120.0	115.0	70.0	-75.0	-75.0	70.0	185.0	140.0	-150.0	-150.0	140.0	325.0	2/F-O/84/PL	419.69
B	Bernadett Erdelyi	SM	F-O	79.00	84	9	105.0	115.0	-125.0	115.0	50.0	57.5	-62.5	57.5	172.5	110.0	120.0	130.0	130.0	302.5	3/F-O/84/PL	405.87
B	Louise Rich	SM	F-O	82.40	84	11	-105.0	105.0	-110.0	105.0	50.0	52.5	-55.0	52.5	157.5	110.0	120.0	130.0	130.0	287.5	4/F-O/84/PL	386.10
B	Lucy Ross	SM	F-O	83.70	84	12	100.0	105.0	-107.5	105.0	50.0	55.0	-57.5	55.0	160.0	112.5	120.0	-125.0	120.0	280.0	5/F-O/84/PL	377.10
B	Eleanor Shaw	SM	F-O	76.10	84	8	105.0	115.0	-120.0	115.0	50.0	55.0	-57.5	55.0	170.0	95.0	105.0	107.5	107.5	277.5	6/F-O/84/PL	385.75
B	Claire Dargavel	EM	F-O	84.00	84	14	90.0	95.0	100.0	100.0	45.0	-50.0	50.0	50.0	150.0	100.0	110.0	-120.0	110.0	260.0	7/F-O/84/PL	357.60
B	Sam Foulds	SM	F-O	112.00	84+	16	130.0	142.5	152.5	152.5	77.5	82.5	90.0	90.0	242.5	135.0	147.5	0.0	147.5	390.0	1/F-O/84+/PL	441.09
B	Charlie Shotton Gale	SW	F-O	100.00	84+	15	95.0	102.5	110.0	110.0	85.0	90.0	92.5	92.5	202.5	135.0	142.5	150.0	150.0	352.5	2/F-O/84+/PL	422.78

04/20/19 South Midlands Spring Open Sunday PM

Grp D	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
D	Gruffydd Williams	SM	M-O	102.20	105	3	210.0	220.0	230.0	230.0	135.0	142.5	147.5	147.5	377.5	250.0	260.0	270.0	270.0	647.5	1/M-O/105/PL	484.73
D	Chris Wheeler	SM	M-O	99.50	105	13	195.0	205.0	212.5	212.5	127.5	-132.5	132.5	132.5	345.0	250.0	-265.0	-265.0	250.0	595.0	2/M-O/105/PL	456.22
D	Ahmed Sharif	SM	M-O	104.50	105	2	212.5	225.0	-232.5	225.0	100.0	-112.5	115.0	115.0	340.0	250.0	-255.0	-255.0	250.0	590.0	3/M-O/105/PL	441.66
D	Luke Lorimer	SM	M-O	99.60	105	8	200.0	212.5	-220.0	212.5	105.0	112.5	117.5	117.5	330.0	207.5	222.5	-232.5	222.5	552.5	4/M-O/105/PL	427.46
D	Matt Simms	SM	M-O	103.40	105	7	200.0	210.0	220.0	220.0	110.0	125.0	-130.0	125.0	345.0	200.0	-220.0	-225.0	200.0	545.0	5/M-O/105/PL	414.43
D	Glenn Merry	SM	M-O	98.90	105	6	165.0	180.0	190.0	190.0	110.0	120.0	125.0	125.0	315.0	180.0	200.0	210.0	210.0	525.0	6/M-O/105/PL	410.49
D	Philip Varcas	SM	M-O	98.70	105	4	155.0	165.0	-170.0	165.0	125.0	-130.0	-130.0	125.0	290.0	180.0	185.0	-190.0	185.0	475.0	7/M-O/105/PL	377.20
D	Steve Ray	SM	M-O	95.10	105	5	120.0	130.0	140.0	140.0	95.0	105.0	-115.0	105.0	245.0	140.0	155.0	-165.0	155.0	400.0	8/M-O/105/PL	332.95
D	Christopher Horton	SM	M-O	111.30	120	12	240.0	250.0	255.0	255.0	165.0	170.0	175.0	175.0	430.0	235.0	245.0	250.0	250.0	680.0	1/M-O/120/PL	485.06
D	Peter Jackson	SM	M-O	110.70	120	1	230.0	-235.0	-235.0	230.0	-150.0	155.0	-160.0	155.0	385.0	255.0	262.5	267.5	267.5	652.5	2/M-O/120/PL	468.89
D	Jason Bailes	SM	M-O	112.20	120	9	200.0	215.0	227.5	227.5	135.0	140.0	145.0	145.0	372.5	240.0	255.0	265.0	265.0	637.5	3/M-O/120/PL	456.36
D	Fahil Aslam	SM	M-O	118.70	120	11	135.0	145.0	155.0	155.0	107.5	115.0	-117.5	115.0	270.0	205.0	215.0	-225.0	215.0	485.0	4/M-O/120/PL	350.73
D	Daniel Lupton	SM	M-E	114.10	120	10	230.0	240.0	250.0	250.0	175.0	-185.0	-185.0	175.0	425.0	220.0	230.0	240.0	240.0	665.0	1/M-E/120/PL	469.85