

ENGLISH POWERLIFTING QUALIFYING TOTALS 2022

Classic Women

B/W	Sub junior	Junior	Senior	M1	M2	M3	M4
43	150	192.5					
47	167.5	215	237.5	190	167.5	155	120
52	187.5	237.5	265	212.5	187.5	175	135
57	190	242.5	270	217.5	187.5	177.5	137.5
63	222.5	285	315	252.5	222.5	200	152.5
69	230	297.5	327.5	262.5	232.5	210	160
76	240	315	337.5	275	240	220	170
84	257.5	330	365	292.5	257.5	237.5	185
84+	262.5	337.5	375	300	262.5	227.5	190

Equipped Women

B/W	Sub junior	Junior	Senior	M1	M2	M3	M4
43	132.5	167.5					
47	140	177.5	212.5	195	175		
52	150	190	230	212.5	190		
57	160	205	245	227.5	202.5		
63	175	222.5	285	245	220		
69	185	240	305	267.5	237.5		
76	195	255	312.5	280	257.5		
84	207.5	267.5	322.5	295	265		
84+	217.5	277.5	332.5	307.5	275		