

North West Team Event - 1st March 2015

Intershape Gym, Colne

Name	Team Name	age	BWC	B/W	Squat				Bench Press				DeadLift		Deadlift		Total	Wilks	Qualified for Nationals
					1	2	3	Sub Total	1	2	3	Sub Total	1	2	3	Sub Total			
Tessa Hart	North West Prins	Sen	-52	51.6	85.00	90.00	93.00	93.0	54.0	57.5	58.5	150.5	115.0	122.5	126.0	126.0	276.5	346.7545	Y
Chelsey Logue	#Girls Who Lift	Sen	-84	84	90.00	110.00	120.00	120.0	50.0	60.0	70.0	190.0	140.0	160.0	170.0	170.0	360.0	321.0265	Y
Aleksandra Wiacek	The Barbelles	Sen	-63	60.8	100.00	100.00	105.00	105.0	60.0	62.5	62.5	167.5	100.0	110.0	115.0	115.0	282.5	311.748	Y
Maria Houghton	North West Prins	U23	-57	56	75.00	80.00	86.00	86.0	45.0	50.0	51.0	136.0	100.0	107.5	112.5	112.5	248.5	292.3864	Y
Rachel Hassall	#Girls Who Lift	Sen	-63	60.9	72.50	80.00	85.00	85.0	47.5	52.5	55.0	137.5	110.0	120.0	127.5	127.5	265.0	292.0661	Y
Sophie Bent	The Barbelles	U23	-72	68.8	97.50	102.50	106.00	106.0	55.0	57.5	60.0	166.0	112.5	117.5	120.0	120.0	286.0	287.9709	Y
Charlotte Jones	North West Prins	Sen	-72	65.9	80.00	85.00	90.00	90.0	45.0	47.5	47.5	135.0	120.0	125.0	130.0	130.0	265.0	275.2095	Y
Emma Sullivan	3 Loud Lifting Ladies	Sen	-84	79.2	85.00	92.50	92.50	92.5	57.5	62.5	70.0	155.0	125.0	132.5	137.5	137.5	292.5	269.1563	Y
Joanne Hughes	3 Loud Lifting Ladies	Sen	-63	62.1	80.00	82.50	85.00	85.0	40.0	45.0	45.0	125.0	100.0	110.0	115.0	115.0	240.0	260.5843	Y
Sue Narey	NRGym Ladies	M1	-52	51.5	60.00	65.00	75.00	65.0	30.0	35.0	42.5	100.0	70.0	80.0	90.0	90.0	190.0	238.6322	Y
Melanie Kaye	NRGym Ladies	M2	-72	66	65.00	70.00	70.00	70.0	40.0	47.5	55.0	125.0	100.0	105.0	115.0	105.0	230.0	238.596	Y
Rebecca Avgerinopoulou	The Barbelles	Sen	-72	68.2	70.00	70.00	77.50	77.5	40.0	45.0	45.0	117.5	100.0	110.0	115.0	115.0	232.5	235.5548	
Susan Aldred	NRGym Ladies	M2	-72	64.6	65.00	70.00	75.00	75.0	35.0	42.5	47.5	122.5	80.0	90.0	100.0	100.0	222.5	234.4979	Y
Charlotte Rowley	3 Loud Lifting Ladies	Sen	-72	71.4	65.00	67.50	70.00	70.0	40.0	45.0	45.0	110.0	100.0	105.0	110.0	110.0	220.0	215.9339	
Jamila Digankar	#Girls Who Lift	U18	-47	44.6	40.00	50.00	57.50	57.5	20.0	25.0	27.5	82.5	45.0	55.0	62.5	62.5	145.0	202.3151	Y

NW Divisional Record

North West Team Event - 1st March 2015

Name	Team Name	age	BWC	B/W	Squat				Bench Press				DeadLift				Total	Wilks	Qualified for Nationals
					1	2	3	Sub Total	1	2	3	Sub Total	1	2	3	Sub Total			
Stephen Manuel	Two and a Half Men	Sen	-105	102.8	255.00	270.00	280.00	280.0	170.0	180.0	190.0	460.0	280.0	300.0	310.0	310.0	770.0	463.6496	Y
Tom Martin	guest	Sen	-105	93.8	245.00	255.00	x	245.0	160.0	x	x	405.0	300.0	x	x	300.0	705.0	441.0952	Y
Haydn Crook	Leigh Barbell Club	U23	-93	92.2	220.00	232.50	242.50	242.5	145.0	155.0	162.5	405.0	240.0	255.0	265.0	265.0	670.0	422.6321	Y
Adil Khan	Weirdy Beardys	U23	-74	73.8	170.00	185.00	187.50	187.5	127.5	135.0	140.0	327.5	220.0	240.0	250.0	250.0	577.5	416.2035	Y
Chris Graham	French Toast Mafia	U23	-105	96.2	200.00	215.00	220.00	220.0	135.0	142.5	145.0	362.5	290.0	305.0	312.5	305.0	667.5	412.8871	Y
Jake Turner	Fleetwood Barbell	Sen	-93	92	210.00	225.00	230.00	230.0	142.5	152.5	152.5	382.5	230.0	250.0	260.0	260.0	642.5	405.7118	Y
Owen Lockwood	Proactive Performance Hull	U23	-83	78.2	180.00	187.50	192.50	192.5	115.0	120.0	125.0	317.5	220.0	230.0	240.0	240.0	557.5	386.207	Y
Rousel Chowdhury	NRGym	Sen	-93	91.7	175.00	185.00	195.00	195.0	170.0	182.5	185.0	377.5	200.0	222.5	232.5	232.5	610.0	385.803	Y
Paul Jackson	No-Vices	Sen	-105	102	170.00	190.00	200.00	200.0	140.0	150.0	150.0	340.0	230.0	250.0	260.0	260.0	600.0	362.3474	Y
Tom Warburton	No-Vices	Sen	-105	98.4	160.00	175.00	190.00	190.0	135.0	145.0	152.5	335.0	225.0	240.0	250.0	250.0	585.0	358.374	Y
Ian Spencer	NRGym	M2	120+	127.1	220.00	235.00	245.00	245.0	130.0	145.0	150.0	395.0	210.0	225.0	235.0	235.0	630.0	357.8217	Y
George William Lamb	French Toast Mafia	U23	-74	73.8	140.00	150.00	155.00	155.0	120.0	125.0	130.0	280.0	200.0	210.0	215.0	215.0	495.0	356.7458	Y
Robert Coates	Weirdy Beardys	Sen	-93	86.2	175.00	185.00	200.00	185.0	120.0	130.0	140.0	315.0	220.0	230.0	240.0	230.0	545.0	355.986	Y
Bryn Roberts	NRGym	Sen	-120	115.5	185.00	195.00	200.00	200.0	125.0	135.0	137.5	337.5	235.0	257.5	265.0	265.0	602.5	349.6807	Y
Jaqob Bagley	French Toast Mafia	U23	-93	85.8	170.00	185.00	190.00	190.0	90.0	100.0	105.0	295.0	220.0	235.0	235.0	220.0	515.0	337.2612	Y
Paul Blain	No-Vices	Sen	-105	97	150.00	165.00	180.00	180.0	120.0	130.0	135.0	310.0	220.0	235.0	245.0	235.0	545.0	335.9015	Y
Jason Ennis	Two and a Half Men	M1	-105	103.8	160.00	170.00	180.00	180.0	125.0	130.0	132.5	312.5	210.0	225.0	232.5	232.5	545.0	327.0039	Y
Ewan Cunliffe	Two and a Half Men	U23	-105	96.6	172.50	180.00	180.00	180.0	135.0	140.5	140.5	315.0	200.0	210.0	212.5	212.5	527.5	325.6977	Y
Alan Silvester	Proactive Performance Hull	Sen	-120	112.6	190.00	190.00	197.50	190.0	120.0	130.0	130.0	310.0	215.0	230.0	242.5	242.5	552.5	322.9039	Y
Dan Brown	Leigh Barbell Club	Sen	-93	86.1	110.00	120.00	135.00	135.0	110.0	115.0	125.0	260.0	200.0	210.0	225.0	225.0	485.0	316.9987	Y
Stuart Leonard	Proactive Performance Hull	Sen	-93	89.9	160.00	170.00	175.00	175.0	110.0	120.0	122.5	297.5	185.0	195.0	202.5	195.0	492.5	314.5871	Y
Richard Smith	Leigh Barbell Club	M1	-93	88.1	150.00	160.00	170.00	170.0	110.0	120.0	x	280.0	180.0	190.0	200.0	200.0	480.0	309.8454	Y
Connor Burkhill	Weirdy Beardys	U18	-66	65	125.00	132.50	132.50	125.0	100.0	105.0	110.0	230.0	135.0	142.5	150.0	150.0	380.0	302.176	Y
Michael Porter	Fleetwood Barbell	Sen	-120	111.9	140.00	152.50	160.00	160.0	90.0	100.0	105.0	265.0	170.0	187.5	202.5	202.5	467.5	273.7175	Y
Sam Laycock	Fleetwood Barbell	Sen	-120	108.6	215.00	215.00	225.00	-215.0	120.0	130.0	135.0	-85.0	245.0	255.0	265.0	265.0	180.0	106.3535	Y

Name	Team Name					
Tessa Hart	North West Prins	346.7545				
Maria Houghton	North West Prins	292.3864				
Charlotte Jones	North West Prins	275.2095	914.3504	1	North West Prins	
Rebecca Avgerinopoulou	The Barbelles	235.5548				
Sophie Bent	The Barbelles	287.9709				
Aleksandra Wiacek	The Barbelles	311.748	835.2737	2	The Barbelles	
Jamila Digankar	#Girls Who Lift	202.3151				
Chelsey Logue	#Girls Who Lift	321.0265				
Rachel Hassall	#Girls Who Lift	292.0661	815.4077	3	#Girls Who Lift	
Charlotte Rowley	3 Loud Lifting Ladies	215.9339				
Emma Sullivan	3 Loud Lifting Ladies	269.1563				
Joanne Hughes	3 Loud Lifting Ladies	260.5843	745.6745	4	3 Loud Lifting Ladies	
Melanie Kaye	NRGym Ladies	238.596				
Susan Aldred	NRGym Ladies	234.4979				
Sue Narey	NRGym Ladies	238.6322	711.7262	5	NRGym Ladies	guest team
Rousel Chowdhury	NRGym	385.803				
Bryn Roberts	NRGym	349.6807				
Ian Spencer	NRGym	357.8217	1093.305	1	NRGym	guest team
Owen Lockwood	Proactive Performance Hull	386.207				
Alan Silvester	Proactive Performance Hull	322.9039				
Stuart Leonard	Proactive Performance Hull	314.5871	1023.698	2	Proactive Performance Hull	guest team
Stephen Manuel	Two and a Half Men	463.6496				
Jason Ennis	Two and a Half Men	327.0039				
Ewan Cunliffe	Two and a Half Men	325.6977	1116.351	1	Two and a Half Men	
Chris Graham	French Toast Mafia	412.8871				
Jaqob Bagley	French Toast Mafia	337.2612				
George William Lamb	French Toast Mafia	356.7458	1106.894	2	French Toast Mafia	
Robert Coates	Weirdy Beardys	355.986				
Connor Burkhill	Weirdy Beardys	302.176				
Adil Khan	Weirdy Beardys	416.2035	1074.365	3	Weirdy Beardys	
Paul Jackson	No-Vices	362.3474				
Paul Blain	No-Vices	335.9015				
Tom Warburton	No-Vices	358.374	1056.623	4	No-Vices	
Haydn Crook	Leigh Barbell Club	422.6321				
Richard Smith	Leigh Barbell Club	309.8454				
Dan Brown	Leigh Barbell Club	316.9987	1049.476	5	Leigh Barbell Club	
Sam Laycock	Fleetwood Barbell	106.3535				
Michael Porter	Fleetwood Barbell	273.7175				mixed team
Jake Turner	Fleetwood Barbell	405.7118	785.7828	6	Fleetwood Barbell	