

South East Autumn Divisonal 2019, 29th September @ Bridge Road Barbell

Name	Team	Div	Bwt - kg	IPF Wt Cls	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	PL Total	Pl/Div/Cls/Event	IPF Points
Isobel Jakubait	SE	FR-SJr	65.65	72	50.0	55.0	60.0	60.0	35.0	40.0	42.5	42.5	102.5	85.0	95.0	102.5	102.5	205.0	1/FR-SJr/72/PL	342.31
Rosie Phyll	SM	FR-Jr	69.90	72	105.0	115.0	122.5	122.5	62.5	67.5	-72.5	67.5	190.0	150.0	165.0	172.5	172.5	362.5	1/FR-Jr/72/PL	599.01
Scarlett Sotiris	SM	FR-O	92.70	84+	140.0	147.5	152.5	152.5	70.0	75.0	80.0	80.0	232.5	170.0	-185.0		170.0	402.5	1/FR-O/84+/PL	591.83
Helen Falconer	SE	FR-O	115.40	84+	50.0	60.0	70.0	70.0	55.0	-60.0	-62.5	55.0	125.0	-105.0	105.0	-110.0	105.0	230.0	2/FR-O/84+/PL	322.97
Helena Clarkova	GL	FR-M1	79.35	84	50.0	60.0	70.0	70.0	40.0	45.0	-52.5	45.0	115.0	80.0	90.0	100.0	100.0	215.0	1/FR-M1/84/PL	337.00
Margaret Hasler	SE	FR-M2	95.60	84+	40.0	-45.0	-50.0	40.0	47.5	-52.5	-52.5	47.5	87.5	90.0	-95.0	95.0	95.0	182.5	1/FR-M2/84+/PL	272.64
Tom Stone	SE	MR-SJr	57.50	59	-100.0	-100.0	107.5	107.5	65.0	70.0	-75.0	70.0	177.5	140.0	150.0	-161.0	150.0	327.5	1/MR-SJr/59/PL	392.91
Charley Bentley	SE	MR-SJr	55.90	59	95.0	100.0	105.0	105.0	60.0	65.0	67.5	67.5	172.5	125.0	130.0	-140.0	130.0	302.5	2/MR-SJr/59/PL	366.33
Jonas Navardauskas	EM	MR-SJr	63.40	66	145.0	152.5	-162.5	152.5	-82.5	-87.5	87.5	87.5	240.0	152.5	172.5	-192.5	172.5	412.5	1/MR-SJr/66/PL	474.49
Oliver Gill	GL	MR-SJr	73.00	74	155.0	170.0	180.0	180.0	100.0	110.0	-115.0	110.0	290.0	200.0	215.0	-220.0	215.0	505.0	1/MR-SJr/74/PL	536.73
Aidan McSharry	SE	MR-SJr	73.15	74	-130.0	132.5	140.0	140.0	77.5	82.5	92.5	92.5	232.5	145.0	155.0	160.0	160.0	392.5	2/MR-SJr/74/PL	397.74
Tom Jackson	SE	MR-SJr	82.95	83	170.0	177.5	-185.0	177.5	105.0	110.0	117.5	117.5	295.0	165.0	175.0	185.0	185.0	480.0	1/MR-SJr/83/PL	460.48
Joe Lancaster	SE	MR-SJr	81.05	83	135.0	145.0	150.0	150.0	85.0	90.0	95.0	95.0	245.0	155.0	165.0	175.0	175.0	420.0	2/MR-SJr/83/PL	399.15
Daniel Collins	SE	MR-SJr	82.45	83	130.0	140.0	150.0	150.0	80.0	90.0	100.0	100.0	250.0	140.0	150.0	160.0	160.0	410.0	3/MR-SJr/83/PL	382.74
Alfie Montague-Woollard	SE	MR-SJr	86.90	93	110.0	120.0	-135.0	120.0	-70.0	75.0	-82.5	75.0	195.0	170.0	175.0	-180.0	175.0	370.0	1/MR-SJr/93/PL	324.19
Wassim Abdallah	SE	MR-SJr	104.45	105	-180.0	-190.0	190.0	190.0	125.0	135.0	142.5	142.5	332.5	220.0	227.5	-235.0	227.5	560.0	1/MR-SJr/105/PL	473.67
Joseph Tinkler	SE	MR-SJr	95.50	105	-150.0	-150.0	-150.0	0.0	110.0	125.0	-135.0	125.0	0.0	160.0	180.0	-182.5	180.0	0.0		0.00
David Strachan	SW	MR-Jr	70.25	74	140.0	145.0	150.0	150.0	95.0	102.5	-107.5	102.5	252.5	155.0	165.0	172.5	172.5	425.0	1/MR-Jr/74/PL	451.81
Oliver Davies	SE	MR-Jr	81.55	83	155.0	162.5	170.0	170.0	120.0	125.0	-127.5	125.0	295.0	207.5	215.0	-220.0	215.0	510.0	1/MR-Jr/83/PL	500.53
Dion Tsouramanis	SM	MR-Jr	78.20	83	-160.0	160.0	170.0	170.0	100.0	107.5	110.0	110.0	280.0	180.0	200.0	205.0	205.0	485.0	2/MR-Jr/83/PL	486.46
Charlie Jones	SE	MR-Jr	81.40	83	-160.0	-165.0	-165.0	0.0	100.0	105.0	112.5	112.5	0.0	180.0	195.0	-200.0	195.0	0.0		0.00
Daniel Smith	SE	MR-Jr	92.75	93	170.0	185.0	-200.0	185.0	137.5	140.0	142.5	142.5	327.5	210.0	222.5	235.0	235.0	562.5	1/MR-Jr/93/PL	513.80
Nicholas Green	SE	MR-Jr	88.90	93	170.0	177.5	-180.0	177.5	105.0	112.5	-115.0	112.5	290.0	207.5	217.5	-227.5	217.5	507.5	2/MR-Jr/93/PL	468.58
Mikey Mo	SE	MR-O	64.85	66	152.5	162.5	170.0	170.0	-85.0	90.0	92.5	92.5	262.5	-175.0	-190.0	195.0	195.0	457.5	1/MR-O/66/PL	525.52
Alexander Espin	GL	MR-O	72.15	74	220.0	230.0	232.5	232.5	127.5	135.0	-137.5	135.0	367.5	275.0	290.0	-305.0	290.0	657.5	1/MR-O/74/PL	730.50
Daniel Grech	SE	MR-O	73.70	74	-140.0	140.0	147.5	147.5	90.0	95.0	100.0	100.0	247.5	190.0	195.0	202.5	202.5	450.0	2/MR-O/74/PL	465.66
Nicholas Griffiths	GL	MR-O	80.65	83	167.5	177.5	185.0	185.0	95.0	100.0	-105.0	100.0	285.0	210.0	220.0	232.5	232.5	517.5	1/MR-O/83/PL	513.17
Jonathan Left	SE	MR-O	79.10	83	160.0	170.0	180.0	180.0	120.0	-127.5	-127.5	120.0	300.0	180.0	200.0	215.0	215.0	515.0	2/MR-O/83/PL	517.45
Daniel Parry	SE	MR-O	81.65	83	140.0	150.0	-160.0	150.0	110.0	120.0	-130.0	120.0	270.0	200.0	210.0	-220.0	210.0	480.0	3/MR-O/83/PL	465.72
Ryszard Nowobilski	SE	MR-O	79.60	83	135.0	-142.5	142.5	142.5	85.0	90.0	95.0	95.0	237.5	185.0	197.5	205.0	205.0	442.5	4/MR-O/83/PL	430.73
Gareth Griffiths	SE	MR-O	89.70	93	220.0	230.0	-235.0	230.0	130.0	135.0	-140.0	135.0	365.0	275.0	290.0	300.0	300.0	665.0	1/MR-O/93/PL	636.39
Jason Holroyd	SE	MR-O	104.15	105	185.0	195.0	205.0	205.0	120.0	130.0	140.0	140.0	345.0	180.0	195.0	210.0	210.0	555.0	1/MR-O/105/PL	469.54
Paul Bird	SE	MR-O	93.20	105	167.5	175.0	182.5	182.5	122.5	127.5	135.0	135.0	317.5	175.0	185.0	200.0	200.0	517.5	2/MR-O/105/PL	464.46
Duma Maugile	GL	MR-M1	82.70	83	-140.0	140.0	157.5	157.5	120.0	-130.0	-132.5	120.0	277.5	170.0	192.5	200.0	200.0	477.5	1/MR-M1/83/PL	458.63
Russ Kirby	SE	MR-M1	101.70	105	235.0	250.0	260.0	260.0	90.0			90.0	350.0	245.0	255.0	265.0	265.0	615.0	1/MR-M1/105/PL	537.24

Referees: Mark Macey, Cameron Keyes, Teneka Walford, Adam Reilly, Alex KT, Charlotte Reynolds, Mick Ellendar, Russ Kirby

Loaders: Phil Horwood and the Bridge Road Barbell Team

Table: David Cridland, Teneka Walford

MC: Adam Reilly, Cameron Keyes