

## EM Anglian Bench 24/09/23

Place	Name	Sex	Age	Country	Equipment	Division	Bodyweigh	WeightClas	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	TotalKg	Points
1	Abbie Windebank	F	22	UK	Raw	FR-Jr	68.05	69	75	80	-85	80	80	64.19
1	Karmen Harvey	F	22	UK	Raw	FR-Jr	106.8	84+	85	-90	90.5	90.5	90.5	64.85
1	Rachael Anderson	F	29	UK	Raw	FR-O	83.1	84	80	82.5	-85	82.5	82.5	61.72
1	James Spencer	M	22	UK	Raw	MR-Jr	81.35	83	125	135	140	140	140	71.05
1	Adam Alderman	M	40	UK	Raw	MR-M1	53.9	59	120	125	-130	125	125	79.35
1	Barrie Tavener	M	48	UK	Raw	MR-M1	82.65	83	155	165	172.5	172.5	172.5	86.83
1	Lorenas Mikalajunas	M	40	UK	Raw	MR-M1	101.05	105	165	170		170	170	77.5
1	Gordon Kay	M	50	UK	Raw	MR-M2	81.6	83	120	125	-130	125	125	63.34
G	Geoffrey Bethell	M	56	UK	Raw	MR-M2	103.2	105	150	160	-170	160	160	72.22
1	Ray Jeffery	M	63	UK	Raw	MR-M3	81.3	83	-110	110	-115	110	110	55.84
1	Rob Hill	M	60	UK	Raw	MR-M3	102.35	105	120	127.5	135	135	135	61.17
2	David Read	M	63	UK	Raw	MR-M3	100.25	105	100	110	-115	110	110	50.33
1	Tom Lambelle	M	30	UK	Raw	MR-O	73.9	74	120	-130	-130	120	120	64.04
1	Mbonisi Nyathi	M	37	UK	Raw	MR-O	82	83	145	157.5	-162.5	157.5	157.5	79.6
DQ	Alistair Mckenzie	M	33	UK	Raw	MR-O	82.9	83	-110	-110	-110	0		
G	Sam Turner	M	24	UK	Raw	MR-O	77.2	83	110	125	-140	125	125	65.19
1	Anthony Philbrick	M	38	UK	Raw	MR-O	91.3	93	140	150	-155	150	150	71.81
1	Ashley Watson	M	29	UK	Raw	MR-O	104.2	105	195	197.5	-202.5	197.5	197.5	88.75
2	Dominic Onimowo	M	31	UK	Raw	MR-O	101.35	105	187.5	195	-202	195	195	88.77
3	Sam Thompson	M	24	UK	Raw	MR-O	98.3	105	165	170	-175	170	170	78.52
4	Jeremy Wilson	M	25	UK	Raw	MR-O	102.3	105	155	162.5	170	170	170	77.05
DQ	Sawyer Preston	M	16	UK	Raw	MR-Sj	56.7	59	-85	-92.5	-92.5	0		
1	Ben Crellin	M	15	UK	Raw	MR-Sj	79.4	83	95	100	105	105	105	53.96
1	Faisal Bilbeisi	M	17	UK	Raw	MR-Sj	83.2	93	125	-130	-135.5	125	125	62.71
DQ	Jordan Mckenzie	M	32	UK	Single-ply	M-O	91.4	93	-150	-150	-150	0		
1	Adam Nolan	M	24	UK	Single-ply	M-O	106.4	120	-130	130	-140	130	130	40.12
G	Joseph Shaw	M	25	UK	Single-ply	M-O	111.7	120	225	237.5	242.5	242.5	242.5	73.3
1	Brandon Lee	M	18	UK	Single-ply	M-Sj	118	120	160	170	180	180	180	53.27