

South Midlands Open Championships 18/05/24

Place	Name	Sex	Age	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Event
1	Greg Chinembiri	M	31	Equipped	Men's Equipped Open	100.8	105	240	260	280	280	155	165	170	170	215	230	240	240	690	SBD
1	Jack Barber	M	30	Equipped	Men's Equipped Open	112	120	325	335	-340	335	-225	225	232.5	232.5	230	240	-250	240	807.5	SBD
1	Shaun Robson	M	30	Raw	Men's Raw Open	64.8	66	150	160	167.5	167.5	70	77.5	-82.5	77.5	167.5	180	187.5	187.5	432.5	SBD
1	Gerald Yong	M	30	Raw	Men's Raw Open	73.3	74	175	185	-187.5	185	125	130	135	135	210	230	242.5	242.5	562.5	SBD
1	Salman Khan	M	20	Raw	Men's Raw Open	72.7	74	-170	-170	170	170	97.5	-105	-105	97.5	250	265	-275	265	532.5	SBD
3	Elliott Olsen	M	29	Raw	Men's Raw Open	73.3	74	-177.5	177.5	-187.5	177.5	117.5	-125	125	125	205	215	220	220	522.5	SBD
4	Amir Tamang	M	24	Raw	Men's Raw Open	73.5	74	170	180	190	190	95	100	105	105	185	197.5	212.5	212.5	507.5	SBD
5	Richard Piper	M	45	Raw	Men's Raw Open	73.6	74	162.5	172.5	180	180	97.5	102.5	-107.5	102.5	170	182.5	-192.5	182.5	465	SBD
6	Oliver Wyld	M	18	Raw	Men's Raw Open	73.9	74	-140	140	155	155	100	-105	-105	100	-150	150	170	170	425	SBD
1	Jake McGarvey	M	20	Raw	Men's Raw Open	80	83	217.5	230	-237.5	230	127.5	135	140	140	245	260	270	270	640	SBD
2	Nick Michalopoulos	M	31	Raw	Men's Raw Open	80.7	83	182.5	195	210	210	132.5	137.5	-142.5	137.5	225	245	255	255	602.5	SBD
3	Daniel Shemilt	M	22	Raw	Men's Raw Open	81.3	83	220	230	-237.5	230	115	122.5	125	125	230	245	-250	245	600	SBD
4	Will Wilding	M	25	Raw	Men's Raw Open	81.1	83	200	205	212.5	212.5	90	97.5	105	105	240	255	270	270	587.5	SBD
5	Calvin Kimenyi	M	21	Raw	Men's Raw Open	78.8	83	177.5	187.5	195	195	115	120	125	125	235	247.5	255	255	575	SBD
6	Hamza Malik	M	22	Raw	Men's Raw Open	82.7	83	180	190	195	195	125	132.5	140	140	205	220	235	235	570	SBD
7	Fahim Mohammed	M	25	Raw	Men's Raw Open	78.7	83	175	185	-195	185	142.5	-155	-155	142.5	-217.5	217.5	227.5	227.5	555	SBD
8	David Horne	M	57	Raw	Men's Raw Open	79.9	83	140	150	157.5	157.5	100	107.5	112.5	112.5	190	210	220	220	490	SBD
9	Isaac Hay	M	23	Raw	Men's Raw Open	82.9	83	150	160	167.5	167.5	102.5	-110	110	110	200	210	-212.5	210	487.5	SBD
10	Oliver South	M	20	Raw	Men's Raw Open	80.2	83	145	155	160	160	105	112.5	-117.5	112.5	175	190	195	195	467.5	SBD
11	Jared Mustafa-Holzapfel	M	32	Raw	Men's Raw Open	81.5	83	152.5	160	-165	160	97.5	102.5	-107.5	102.5	185	192.5	200	200	462.5	SBD
12	William Swain	M	37	Raw	Men's Raw Open	79.1	83	130	140	150	150	97.5	107.5	-110	107.5	175	190	200	200	457.5	SBD
13	Darren Gomez	M	25	Raw	Men's Raw Open	81.1	83	140	147.5	-155	147.5	107.5	115	120	120	180	190	-195	190	457.5	SBD
1	Youssef Tazarni	M	23	Raw	Men's Raw Open	91.3	93	192.5	207.5	212.5	212.5	140	147.5	150	150	250	262.5	270	270	632.5	SBD
2	Yaqin Hasan	M	20	Raw	Men's Raw Open	92.9	93	220	230	235	235	140	147.5	-152.5	147.5	220	230	245	245	627.5	SBD
3	Urban Mur	M	30	Raw	Men's Raw Open	86.3	93	210	222.5	232.5	232.5	125	132.5	140	140	217.5	230	240	240	612.5	SBD
4	Ludovic Bonnefous	M	27	Raw	Men's Raw Open	87.8	93	180	190	200	200	130	137.5	142.5	142.5	215	227.5	-240	227.5	570	SBD
5	Tyler Poat	M	23	Raw	Men's Raw Open	91	93	170	180	190	190	100	107.5	115	115	230	245	260	260	565	SBD
6	Muneeb Khan	M	20	Raw	Men's Raw Open	90.9	93	160	165	-167.5	165	95	107.5	110	110	200	212.5	217.5	217.5	492.5	SBD
7	Connor Treacher	M	19	Raw	Men's Raw Open	87.2	93	170	185	200	200	90	-97.5	-102.5	90	180	200	-220	200	490	SBD
8	Gergely Torley	M	53	Raw	Men's Raw Open	92	93	165	175	-180	175	112.5	117.5	122.5	122.5	170	185	190	190	487.5	SBD
9	Thomas Akehurst	M	19	Raw	Men's Raw Open	92.9	93	145	162.5	-170	162.5	107.5	-117.5	117.5	117.5	175	190	205	205	485	SBD
10	Laurynas Katauskis	M	28	Raw	Men's Raw Open	89.8	93	-150	150	160	160	100	105	110	110	190	205	212.5	212.5	482.5	SBD
11	Jamie Tyson-Davies	M	19	Raw	Men's Raw Open	89.3	93	120	130	145	145	120	125	132.5	132.5	190	200	202.5	202.5	480	SBD
12	Francis Moloney	M	30	Raw	Men's Raw Open	90.3	93	155	162.5	170	170	92.5	97.5	102.5	102.5	185	195	207.5	207.5	480	SBD
13	Nick Whitehouse	M	60	Raw	Men's Raw Open	88.7	93	100	110	130	130	100	110	120	120	100	120	140	140	390	SBD
14	Mat Carlile	M	55	Raw	Men's Raw Open	89.2	93	-90	90	-100	90	70	80	-85	80	120	140	150	150	320	SBD
1	Liam Collins	M	24	Raw	Men's Raw Open	99.2	105	255	270	282.5	282.5	155	162.5	170	170	267.5	285	-300	285	737.5	SBD
2	Chris Street	M	32	Raw	Men's Raw Open	104.9	105	247.5	262.5	270	270	160	170	180	180	245	255	265	265	715	SBD
3	Daniel Jackman	M	24	Raw	Men's Raw Open	99.7	105	237.5	252.5	267.5	267.5	160	167.5	175	175	237.5	257.5	270	270	712.5	SBD
4	Sam Davey	M	30	Raw	Men's Raw Open	97	105	215	230	240	240	130	140	-145	140	240	255	270	270	650	SBD
5	Harvey Xiang	M	23	Raw	Men's Raw Open	97.7	105	222.5	237.5	245	245	122.5	130	135	135	235	247.5	260	260	640	SBD
6	Alexander Holness	M	25	Raw	Men's Raw Open	100	105	190	207.5	215	215	115	122.5	130	130	215	235	250	250	595	SBD
7	Mantas Satrauskas	M	27	Raw	Men's Raw Open	96.5	105	165	175	180	180	140	150	-152.5	150	215	-225	-227.5	215	545	SBD
8	Jake Mottershead	M	26	Raw	Men's Raw Open	99.9	105	167.5	180	192.5	192.5	-105	110	115	115	210	225	235	235	542.5	SBD
9	Marcus Emerton	M	21	Raw	Men's Raw Open	102.8	105	177.5	180	190	190	115	125	-130	125	190	205	210	210	525	SBD
10	George Greenwood	M	18	Raw	Men's Raw Open	100.1	105	155	165	-170	165	100	105	-110	105	192.5	205	-210	205	475	SBD
11	Steve Giles	M	62	Raw	Men's Raw Open	97.7	105	152.5	165	170	170	92.5	100	-102.5	100	160	170	180	180	450	SBD
1	Jack Hepplewhite	M	29	Raw	Men's Raw Open	115.5	120	200	212.5	225	225	140	150	-155	150	225	240	252.5	252.5	627.5	SBD
1	Paul Kirkbride-Richards	M	32	Raw	Men's Raw Open	179.5	120+	340	360	375	375	210	217.5	225	225	310	320	330	330	930	SBD
2	James Furniss-Roe	M	28	Raw	Men's Raw Open	141.1	120+	205	215	220	220	95	100	102.5	102.5	200	210	220	220	542.5	SBD
1	Shane Henry	M	46	Raw	Men's Bench Only	94.8	105					145	155	-162.5	155					155	B
1	Shaunni Clutterbuck	F	32	Equipped	Women's Equipped Open	83.9	84	140	155	-160	155	95	-105	105	105	130	142.5	145	145	405	SBD
1	Joette Tung	F	26	Raw	Women's Raw Open	54.1	57	120	125	-130	125	50	55	-57.5	55	135	140	145	145	325	SBD
2	Polly Macey	F	25	Raw	Women's Raw Open	54.6	57	62.5	67.5	70	70	37.5	40	42.5	42.5	90	97.5	102.5	102.5	215	SBD
1	Hannah Clayton	F	24	Raw	Women's Raw Open	60.8	63	142.5	150	157.5	157.5	80	85	87.5	87.5	172.5	185	190	190	435	SBD

South Midlands Open Championships 18/05/24

2	Isabel Quadrado	F	31	Raw	Women's Raw Open	57.8	63	85	92.5	100	100	50	55	-60	55	100	110	115	115	270	SBD
3	Wendy Phillips	F	48	Raw	Women's Raw Open	61.3	63	85	92.5	97.5	97.5	45	50	-52.5	50	90	100	105	105	252.5	SBD
4	Lucy Speak	F	22	Raw	Women's Raw Open	61.9	63	65	72.5	77.5	77.5	50	55	-62.5	55	105	112.5	120	120	252.5	SBD
1	Jess Randall	F	24	Raw	Women's Raw Open	68.4	69	155	-170	-175	155	-100	100	-105	100	207.5	-225	-225	207.5	462.5	SBD
2	Katharine Dancy	F	31	Raw	Women's Raw Open	68.6	69	120	130	-135	130	45	52.5	-60	52.5	165	-177.5	177.5	177.5	360	SBD
3	Manpreet Kaur	F	21	Raw	Women's Raw Open	69	69	95	105	112.5	112.5	72.5	77.5	80	80	140	-150	155	155	347.5	SBD
4	Ava Reynolds	F	18	Raw	Women's Raw Open	68	69	117.5	122.5	127.5	127.5	60	65	-67.5	65	122.5	-125		122.5	315	SBD
5	Viktoria Nikotova	F	22	Raw	Women's Raw Open	64.8	69	100	110	120	120	40	45	50	50	110	125	140	140	310	SBD
6	Sadie Blake	F	29	Raw	Women's Raw Open	66.5	69	112.5	117.5	120	120	50	52.5	-55	52.5	125	130	-135	130	302.5	SBD
7	Sophie Gay	F	36	Raw	Women's Raw Open	67.9	69	85	95	100	100	60	-65	65	65	105	-110	-110	105	270	SBD
1	Jasmyn Phelps	F	22	Raw	Women's Raw Open	73.3	76	115	125	130	130	60	-65	65	65	120	130	140	140	335	SBD
2	Annie Humphrey	F	28	Raw	Women's Raw Open	75.3	76	92.5	100	110	110	47.5	50	52.5	52.5	112.5	122.5	130	130	292.5	SBD
3	Christine Skeats	F	62	Raw	Women's Raw Open	72.7	76	72.5	75	77.5	77.5	50	55	-57.5	55	100	107.5	115	115	247.5	SBD
1	Rebecca Marsh	F	25	Raw	Women's Raw Open	83.8	84	140	150	152.5	152.5	87.5	90.5	95	95	140	155	160	160	407.5	SBD
2	Jess Rogers	F	23	Raw	Women's Raw Open	80.2	84	110	120	130	130	47.5	52.5	55	55	110	120	132.5	132.5	317.5	SBD
3	Annah Rivière	F	20	Raw	Women's Raw Open	81.1	84	100	112.5	117.5	117.5	67.5	75	-77.5	75	75			75	267.5	SBD
DQ	Millie Thomas-Willcocks	F	20	Raw	Women's Raw Open	81.9	84	80	90	95	95	-37.5	-40	-40		90	100	-105	100		SBD
1	Cherie Nijhuis	F	27	Raw	Women's Raw Open	88.2	84+	-150	155	160	160	70	75	-80	75	170	177.5	185	185	420	SBD
2	Meg Robertson	F	49	Raw	Women's Raw Open	98.8	84+	125	135	-145	135	65	70	75	75	162.5	175	182.5	182.5	392.5	SBD
3	Lucy Knight	F	44	Raw	Women's Raw Open	118	84+	90	100	110	110	60	65	70	70	117.5	125	132.5	132.5	312.5	SBD
1	James Wheeler	M	14	Raw	Sub Junior	57.5	59	120	125	-130	125	80	85	-90	85	170	-180	-180	170	380	SBD
1	Ethan Lim	M	17	Raw	Sub Junior	64.2	66	150	-157.5	160	160	95	-100	-100	95	-180	180	-185	180	435	SBD
1	Edward Hadnett	M	18	Raw	Sub Junior	80.7	83	170	177.5	182.5	182.5	95	100	102.5	102.5	190	205	-210	205	490	SBD
1	Liam Peck	M	15	Raw	Sub Junior	86.9	93	170	185	190	190	115	125	135	135	190	205	215	215	540	SBD
2	Georgi Todorov	M	17	Raw	Sub Junior	84.3	93	175	-190	-190	175	80	90	-100	90	180	190	192.5	192.5	457.5	SBD
3	Dan Mason	M	15	Raw	Sub Junior	86.7	93	60	100	130	130	90	-100	102.5	102.5	130	150	185	185	417.5	SBD
4	Fin Slater	M	14	Raw	Sub Junior	89.4	93	120	135	-142.5	135	75	85	-90	85	150	-170	180	180	400	SBD
1	Joven Sekhon	M	17	Raw	Sub Junior	100.9	105	180	190	202.5	202.5	110	-115	-115	110	185	197.5	215	215	527.5	SBD