

Royal Navy Powerlifting (Plymouth) 29/11/23

Place	Name	Sex	Age	Country	Equipr	Bodyw	Weight	Squat1	Squat2	Squat3	Best3S	Bench1	Bench2	Bench3	Best3B	Deadlif	Deadlif	Deadlif	Best3C	TotalK	Points	Event
1	Rachel White	F	24	Great Britain	Raw	62.7	63	95	100	-105	100	55	-62.5	-62.5	55	135	-140	140	140	295	64.74	SBD
2	Roisin Gray	F	23	Great Britain	Raw	61.2	63	45	50	55	55	45	50	-55	50	80	90	95	95	200	44.6	SBD
1	Faye Gardiner	F	25	Great Britain	Raw	67.2	69	115	120	125	125	55	62.5	65	65	135	145	-150	145	335	70.45	SBD
1	Molly James	F	26	Great Britain	Raw	69.2	76	60	-70	-70	60	40	-50	-50	40	85	95	105	105	205	42.4	SBD
1	Laoise Hill	F	27	Great Britain	Raw	78.7	84	80	85	90	90	45	50	55	55	95	100	105	105	250	48.51	SBD
1	Rebecca Wright	F	28	Great Britain	Raw	108.4	85+	25	27.5	32.5	32.5	40	45	50	50	90	100	110	110	192.5	33.66	SBD
1	Henry Flavell	M	24	Great Britain	Raw	66.4	74	60	70	80	80	-50	60	-65	60	100	110	120	120	260	40.4	SBD
1	White	M	27	Great Britain	Raw	82	83	195	205	215	215	132.5	-135	-135	132.5	235	245	252.5	252.5	600	83.57	SBD
2	Will Knight	M	20	Great Britain	Raw	80.7	83	-160	165	172.5	172.5	120	130	132.5	132.5	190	200	207.5	207.5	512.5	71.96	SBD
3	Michael Clark	M	21	Great Britain	Raw	80.3	83	155	165	175	175	105	110	115	115	187.5	200	-215	200	490	68.98	SBD
4	Dan Clarke	M	32	Great Britain	Raw	80	83	155	-165	-165	155	85	-90	90	90	190	200	212.5	212.5	457.5	64.52	SBD
5	Josh Underhill	M	35	Great Britain	Raw	76.1	83	150	155	-160	155	90	95	100	100	180	190	195	195	450	65.11	SBD
6	George Davies	M	21	Great Britain	Raw	74.6	83	110	120	135	135	-97.5	100	105	105	160	170	180	180	420	61.4	SBD
7	Josh Searle	M	23	Great Britain	Raw	74.6	83	110	125	135	135	100	105	115	115	110	-145	145	145	395	57.75	SBD
8	Addison Sullivan	M	18	Great Britain	Raw	80.2	83	-110	110	122.5	122.5	105	107.5	110	110	130	137.5	145	145	377.5	53.17	SBD
1	Dunn	M	32	Great Britain	Raw	88.2	93	190	200	205	205	130	135	-140	135	230	240	245	245	585	78.55	SBD
2	Charlie Jones	M	20	Great Britain	Raw	89.7	93	205	215	-225	215	130	-135	-135	130	205	225	230	230	575	76.57	SBD
3	Alistair Rigby	M	22	Great Britain	Raw	88.9	93	205	207.5	212.5	212.5	115	125	-130	125	220	230	-238	230	567.5	75.9	SBD
4	William Jordan	M	31	Great Britain	Raw	88.7	93	160	170	180	180	100	110	-120	110	190	200	210	210	500	66.95	SBD
5	Tristan Hadley	M	27	Great Britain	Raw	86	93	150	170	175	175	115	125	-135	125	170	185	195	195	495	67.31	SBD
6	Steve Harrington	M	34	Great Britain	Raw	90.7	93	130	140	150	150	80	95	105	105	180	195	205	205	460	60.92	SBD
7	Jacob Edward	M	32	Great Britain	Raw	86.8	93	150	160	165	165	95	-105	-105	95	172.5	185	-195	185	445	60.23	SBD
8	Daniel Johnson	M	23	Great Britain	Raw	84.1	93	125	135	140	140	95	100	-105	100	155	165	-170	165	405	55.69	SBD
9	Adam Richardson	M	35	Great Britain	Raw	86.5	93	110	115	120	120	100	-105	-105	100	140	150	160	160	380	51.52	SBD
1	John Hall	M	34	Great Britain	Raw	98.7	105	210	220	225	225	130	140	-145	140	250	260	270	270	635	80.72	SBD
2	Daniel Bosworth	M	26	Great Britain	Raw	105	105	185	195	205	205	130	140	150	150	205	215	225	225	580	71.61	SBD
1	Nick De Roche	M	24	Great Britain	Raw	116.9	120	-220	220	-235	220	155	165	170	170	230	245	262.5	262.5	652.5	76.73	SBD