

SM Mayhem on the Solent 13/05/23

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightClas	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Deadl	TotalKg	Points
1	Tzvetelina Tzonova	F	Raw	FR-O	47	47	90	100	107.5	107.5	47.5	52.5	55	55	110	125	132.5	132.5	295	81.77
DQ	Nicola Nash	F	Raw	FR-O	51.6	52	87.5	90	92.5	92.5	57.5	60	-62.5	60	-107.5	-107.5	-107.5			
1	Suzi Hamza	F	Raw	FR-O	54.1	57	-100	105	-110	105	-45	47.5	50	50	105	115	122.5	122.5	277.5	67.8
2	Ying Duan	F	Raw	FR-O	56.4	57	82.5	87.5	92.5	92.5	47.5	52.5	-55	52.5	112.5	120	125	125	270	63.84
1	Ellen Birnie	F	Raw	FR-O	62.7	63	120	-125	125	125	60	-65	-65	60	135	145	-152.5	145	330	72.42
2	Saffron Horne	F	Raw	FR-O	61.4	63	110	117.5	122.5	122.5	-60	-62.5	62.5	62.5	120	130	-140	130	315	70.09
1	Micaela Southwell	F	Raw	FR-O	64.9	69	105	110	-115	110	65	67.5	-70	67.5	125	135	140	140	317.5	68.18
2	Sophie Gay	F	Raw	FR-O	68	69	85	90	100	100	50	55	60	60	110	-120	120	120	280	58.49
1	Carly Dalton	F	Raw	FR-O	82.3	84	-130	135	140	140	65	-67.5	-67.5	65	160	-167.5	-175	160	365	69.49
2	Ali Parr	F	Raw	FR-O	82.5	84	125	132.5	-140	132.5	65	-70	-70	65	140	152.5	162.5	162.5	360	68.47
3	Gwyneth Stokes	F	Raw	FR-O	82.9	84	42.5	-50	50	50	35	40	-45	40	70	80	87.5	87.5	177.5	33.7
1	Emily Shergold	F	Raw	FR-O	93.4	84+	115	125	135	135	65	72.5	77.5	77.5	150	162.5	-172.5	162.5	375	68.22
2	Sarah Ripley	F	Raw	FR-O	96.1	84+	150	160	-170	160	67.5	72.5	75	75	140	-147.5	-147.5	140	375	67.63
3	Denise Westbrook	F	Raw	FR-O	94.7	84+	85	92.5	100	100	45	50	-55	50	97.5	107.5	115	115	265	48.01
DQ	Sue Brunt	F	Raw	FR-O	90.8	84+	-80	-80	-80		47.5	50	-55	50	130	140	-145	140		
1	Yvonne Treharne	F	Single-ply	F-O	61.8	63	115	122.5	127.5	127.5	62.5	67.5	70	70	97.5	107.5	-112.5	107.5	305	55.67
1	Hannah Harvey	F	Raw	FR-O	59.4	63					52.5	57.5	-60	57.5					57.5	49.72
1	Juan Paolo Del Rosario	M	Raw	MR-O	65.5	66	150	160	167.5	167.5	128	133	-140.5	133	190	202.5	-212.5	202.5	503	78.73
2	George Roke	M	Raw	MR-O	65.2	66	110	-115	110	110	75	80	-85	80	140.5	150	160	160	350	54.91
1	Tom Beech	M	Raw	MR-O	73.4	74	185	195	200	200	100	107.5	110	110	230	245	257.5	257.5	567.5	83.67
2	Salman Khan	M	Raw	MR-O	73.5	74	150	165	-172.5	165	95	102.5	107.5	107.5	240	255	-262.5	255	527.5	77.72
1	Matt Zollo	M	Raw	MR-O	82.7	83	185	192.5	200	200	115	-123	123	123	225	240	255	255	578	80.16
2	Fahim Mohammed	M	Raw	MR-O	80.6	83	190	197.5	-200	197.5	-140	140	150	150	217.5	230	-235	230	577.5	81.14
3	Will Wilding	M	Raw	MR-O	80.6	83	190	200	205	205	90	100	105	105	217.5	227.5	235	235	545	76.57
4	Jack Sibley	M	Raw	MR-O	81	83	170	180	-190	180	105	110	-115	110	230	240	250	250	540	75.68
5	David Horne	M	Raw	MR-O	81.7	83	140	150	155	155	100	107.5	-110	107.5	190	210	-220	210	472.5	65.93
6	Jamie Haig	M	Raw	MR-O	81.7	83	130	-140	-140	130	90	95	-100	95	180	190	-200	190	415	57.91
1	Shayne Withey	M	Raw	MR-O	87.5	93	190	202.5	210	210	90	-100	-100	90	230	242.5	250	250	550	74.15
2	Hector Willcocks	M	Raw	MR-O	91.2	93	150	162.5	175	175	92.5	100	-105	100	160	172.5	182.5	182.5	457.5	60.43
3	Gergely Torley	M	Raw	MR-O	92.1	93	155	165	172.5	172.5	105	110	115	115	155	165	-170	165	452.5	59.48
4	Javier Ezquerro	M	Raw	MR-O	85.2	93	-100	100	115	115	-90	95	-105	95	140	-150	150	150	360	49.18
1	Simon Simpson	M	Raw	MR-O	104.5	105	230	240	250	250	160	167.5	172.5	172.5	270	280	282.5	282.5	705	87.24
2	Kieran Perry	M	Raw	MR-O	102.5	105	220	230	240	240	140	145	-147.5	145	260	275	282.5	282.5	667.5	83.35
3	Jack Barber	M	Raw	MR-O	102.7	105	185	197.5	205	205	140	147.5	155	155	195	210	225	225	585	72.98
4	Greg Chinembiri	M	Raw	MR-O	97.6	105	190	202.5	-207.5	202.5	120	127.5	132.5	132.5	190	205	220	220	555	70.93
5	Harry Wilson	M	Raw	MR-O	104.1	105	195	205	212.5	212.5	65			65	227.5	240	250	250	527.5	65.39
1	Louis Keightley-Smith	M	Raw	MR-O	115.2	120	245	260	270	270	182.5	-192.5	195	195	270	287.5	300	300	765	90.54
2	Ryan Fogden	M	Raw	MR-O	118.9	120	232.5	242.5	250	250	155	162.5	-167.5	162.5	285	297.5	-302.5	297.5	710	82.87
3	Matt Southern	M	Raw	MR-O	112.4	120	205	215	222.5	222.5	135	145	152.5	152.5	257.5	272.5	-290	272.5	647.5	77.49
4	Tyler Dear	M	Raw	MR-O	114.7	120	200	205	210	210	130	135	140	140	230	235	240	240	590	69.97
5	Michael Dowling	M	Raw	MR-O	118	120	200	210	220	220	130	135	140	140	220	-230	230	230	590	69.09
1	Joao Arsenio	M	Single-ply	M-O	81.3	83	230	-240	240	240	115	120	122.5	122.5	235	240	-245	240	602.5	70.43
1	David Murray	M	Single-ply	M-O	101.2	105	-265	265	275	275	165	175	-185	175	190	210	-230	210	660	68.63