

WM Quiet Competition 28/01/24

| Place | Name | Sex | Equipment | Division | Bodyweigh | WeightClas | Squat1Kg | Squat2Kg | Squat3Kg | Best3Squat | Bench1Kg | Bench2Kg | Bench3Kg | Best3Bench | Deadlift1Kg | Deadlift2Kg | Deadlift3Kg | Best3Deadl | TotalKg | Points | Event |
|-------|----------------------|-----|-----------|----------|-----------|------------|----------|----------|----------|------------|----------|----------|----------|------------|-------------|-------------|-------------|------------|---------|--------|-------|
| | 1 Mansukh Dhillon | F | Raw | FR-O | 72.6 | 76 | 35 | 42.5 | -50 | 42.5 | 30 | 35 | -40 | 35 | 70 | 75 | -80 | 75 | 152.5 | 30.75 | SBD |
| | 1 Jenny Lin | F | Raw | FR-Sj | 68.2 | 69 | 95 | 105 | 112.5 | 112.5 | 52.5 | 57.5 | -62.5 | 57.5 | 127.5 | 137.5 | 145 | 145 | 315 | 65.69 | SBD |
| | 1 Maya Lally | F | Raw | FR-Sj | 72.2 | 76 | 30 | 35 | 40 | 40 | 25 | 30 | -35 | 30 | 70 | 77.5 | -82.5 | 77.5 | 147.5 | 29.83 | SBD |
| | 1 Aaron Sall | M | Raw | MR-Jr | 73.2 | 74 | 160 | 180 | -195 | 180 | 90 | 105 | 115 | 115 | 175 | 195 | 205 | 205 | 500 | 73.82 | SBD |
| | 1 Usman Hussain | M | Raw | MR-Jr | 79 | 83 | 140 | 150 | -160 | 150 | 90 | -100 | -105 | 90 | 165 | 175 | -185 | 175 | 415 | 58.91 | SBD |
| DQ | Alexander Martin | M | Raw | MR-Jr | 103.7 | 105 | -232.5 | 240 | 245 | 245 | -142.5 | -150 | -150 | | 270 | 280 | 290 | 290 | | | SBD |
| | 1 Robert Haddock | M | Raw | MR-O | 118.6 | 120 | 205 | 217.5 | 225 | 225 | 130 | -140 | -145.5 | 130 | 240 | 260 | 265 | 265 | 620 | 72.44 | SBD |
| | 1 Finley Haynes | M | Raw | MR-Sj | 50.1 | 53 | 45 | 52.5 | 60 | 60 | 30 | -37.5 | 40 | 40 | 90 | 100 | -105 | 100 | 200 | 36.14 | SBD |
| | 1 Joseph Odusanya | M | Raw | MR-Sj | 60.4 | 66 | 40 | 45 | 50 | 50 | 25 | 30 | -37.5 | 30 | 65 | 75 | 85 | 85 | 165 | 26.96 | SBD |
| | 1 Kian Alimo | M | Raw | MR-Sj | 72.2 | 74 | 140 | 160 | 170 | 170 | 100 | -110 | 110 | 110 | 180 | 200 | -225 | 200 | 480 | 71.38 | SBD |
| | 2 Thomas Jago | M | Raw | MR-Sj | 70 | 74 | 157.5 | 165 | -167.5 | 165 | 85 | -90 | -90 | 85 | 187.5 | 192.5 | 197.5 | 197.5 | 447.5 | 67.63 | SBD |
| | 3 William Millichamp | M | Raw | MR-Sj | 71.9 | 74 | 150 | -157.5 | -167.5 | 150 | 80 | 92.5 | -100 | 92.5 | 170 | 185 | -200 | 185 | 427.5 | 63.71 | SBD |
| | 4 Kian Lines | M | Raw | MR-Sj | 66.2 | 74 | 90 | 100 | 110 | 110 | 55 | 60 | 65 | 65 | 120 | 135 | 150 | 150 | 325 | 50.58 | SBD |
| | 1 Alex Groves | M | Raw | MR-Sj | 79.6 | 83 | -130 | 140 | 150 | 150 | 92.5 | 105 | -110 | 105 | 175 | -180 | 185 | 185 | 440 | 62.22 | SBD |
| | 2 Joshua McDermott | M | Raw | MR-Sj | 82.9 | 83 | 120 | -135 | 145 | 145 | 80 | 90 | -95 | 90 | 160 | 180 | 190 | 190 | 425 | 58.87 | SBD |
| | 3 Lucas Rodgers | M | Raw | MR-Sj | 78.6 | 83 | 120 | 130 | -135 | 130 | 85 | -92.5 | -95 | 85 | 140 | 165 | 185 | 185 | 400 | 56.93 | SBD |
| | 1 Harrison Vaghela | M | Raw | MR-Sj | 90.7 | 93 | 167.5 | 170 | 180 | 180 | 85 | -92.5 | -92.5 | 85 | 180 | -185 | -185 | 180 | 445 | 58.93 | SBD |
| | 1 Burhaan Azeem | M | Raw | MR-Sj | 94.9 | 105 | -55 | 55 | 60 | 60 | 32.5 | 37.5 | -45 | 37.5 | 85 | 95 | 110 | 110 | 207.5 | 26.88 | SBD |
| | 1 Jack Stackhouse | M | Raw | MR-Sj | 108.2 | 120 | 65 | 75 | 85 | 85 | 42.5 | 50 | 60 | 60 | 120 | 135 | 150 | 150 | 295 | 35.92 | SBD |
| | 2 Adam Bohan | M | Raw | MR-Sj | 119.7 | 120 | -55 | -55 | 55 | 55 | 35 | 40 | 47.5 | 47.5 | 85 | 95 | -105 | 95 | 197.5 | 22.98 | SBD |