

GL Quiet Focus Series v1.2 29/07/2023

Place	Name	Sex	Age	Equipment	Division	Bodyweigh	WeightClas	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Deadl	TotalKg	Points
DQ	Anais Falco	F	22	Raw	FR-J	49.9	52	85	-87.5	-87.5	85	-45	-45	-47.5		-125	125	127.5	127.5		
1	Cara Pereir	F	26	Raw	FR-O	42.8	47	57.5	60	-62.5	60	32.5	35	-37.5	35	72.5	75	77.5	77.5	172.5	52.81
1	Stephanie !	F	35	Raw	FR-O	60.5	63	87.5	92.5	97.5	97.5	52.5	55	57.5	57.5	112.5	117.5	122.5	122.5	277.5	62.37
1	Jem Turner	F	37	Raw	FR-O	74.6	76	85	92.5	100	100	45	50	-55	50	100	110	122.5	122.5	272.5	54.21
2	Amy Lee Er	F	31	Raw	FR-O	74.4	76	82.5	87.5	-95	87.5	50	-52.5	-52.5	50	107.5	115	120	120	257.5	51.29
3	Cherie Pere	F	30	Raw	FR-O	72.2	76	85	-90	90	90	45	47.5	-50	47.5	105	110	-115	110	247.5	50.05
1	Curie Kim	F	30	Raw	FR-O	83.2	84	125	132.5	140	140	65	67.5	70	70	135	142.5	-150	142.5	352.5	66.82
2	Ilemi Arrinc	F	30	Raw	FR-O	81.3	84	102.5	110	115	115	55	57.5	-60	57.5	115	122.5	130	130	302.5	57.88
1	Christine SI	F	61	Raw	FR-M3	72.5	76	70	72.5	75	75	45	47.5	50	50	97.5	100	105	105	230	46.41
1	Sawyer Pre	M	15	Raw	MR-SJ	57.3	59	115	120	-125	120	80	85	90	90	140	150	155	155	365	61.35
1	James Hen:	M	15	Raw	MR-SJ	92.2	93	120	127.5	132.5	132.5	82.5	-90	-95	82.5	155	162.5	-170	162.5	377.5	49.59
1	Mavriotis E	M	19	Raw	MR-J	92.5	93	225	240	-255	240	142.5	152.5	157.5	157.5	250	270	280	280	677.5	88.86
1	Ollie Medw	M	35	Raw	MR-O	79.8	83	115	122.5	130	130	97.5	-100	100	100	170	180	187.5	187.5	417.5	58.96
1	Antony All:	M	28	Raw	MR-O	92	93	140	160	182.5	182.5	90	-100	100	100	200	220	-227.5	220	502.5	66.09
2	Tom Christ	M	32	Raw	MR-O	90.4	93	147.5	157.5	165	165	-95	95	105	105	175	190	200	200	470	62.35
1	David Lewi	M	38	Raw	MR-O	101.8	105	155	165	175	175	92.5	97.5	102.5	102.5	195	210	225	225	502.5	62.95
1	Simon Wils	M	28	Raw	MR-O	125.8	120+	110	-112.5	120	120	85	95	105	105	120	135	150	150	375	42.72
1	Benet Bran	M	48	Raw	MR-M1	100	105	115	122.5	130	130	97.5	105	112.5	112.5	147.5	160	170	170	412.5	52.11