

South West Championships 2024 (13/04/2024)

Place	Name	Sex	Equipment Division	Lot	Bodyweigh	WeightClass	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Dead	TotalKg	Points	Event
1	Maisie Vincent	F	Sleeves F-O	36	56.3	57	100	110	115	115	60	-65	65	65	110	120	130	130	310	73.41	SBD
2	Kathryn O'Reilly	F	Sleeves F-O	10	56.81	57	90	95	100	100	42.5	-45	-45	42.5	120	127.5	-132.5	127.5	270	63.49	SBD
1	Jo Barwell	F	Sleeves F-O	19	60.07	63	115	122.5	-125	122.5	52.5	55	57.5	57.5	140	150	160	160	340	76.79	SBD
2	Joy Wright	F	Sleeves F-O	46	61.83	63	95	105	112.5	112.5	65	70	-72.5	70	130	137.5	-147.5	137.5	320	70.87	SBD
3	Hollie Jupp	F	Sleeves F-O	37	62.71	63	95	105	110	110	50	52.5	55	55	95	105	115	115	280	61.44	SBD
G	Katie Jones	F	Sleeves F-O	18	60.33	63	62.5	72.5	75	75	30	37.5	-42.5	37.5	72.5	80	85	85	197.5	44.47	SBD
1	Jennifer Palmer	F	Sleeves F-O	3	68.98	69	112.5	120	127.5	127.5	60	-65	-65	60	130	137.5	142.5	142.5	330	68.38	SBD
2	Peeps Nicol	F	Sleeves F-O	34	66.46	69	35	40.5	45	45	30	33	-35	33	65	70.5	-75	70.5	148.5	31.43	SBD
1	Charlotte Sidaway	F	Sleeves F-O	29	74.72	76	-130	135	142.5	142.5	85	90	-95	90	150	-162.5	-162.5	150	382.5	76.03	SBD
2	Amanda Williams	F	Sleeves F-O	42	75.65	76	135	-145	-147.5	135	-57.5	-60	60	60	165	170	-175	170	365	72.12	SBD
1	Hira Teirney	F	Sleeves F-O	40	83.51	84	137.5	147.5	155	155	72.5	77.5	80	80	170	180	190	190	425	80.45	SBD
2	Catherine Roe	F	Sleeves F-O	39	83.9	84	115	120	-122.5	120	70	72.5	75	75	125	135	-137.5	135	330	62.35	SBD
3	Lauren Copland	F	Sleeves F-O	26	83.37	84	110	115	120	120	55	-60	-62.5	55	130	142.5	-150	142.5	317.5	60.14	SBD
4	Rebecca Smith	F	Sleeves F-O	38	82.22	84	-70	75	80	80	60	65	-67.5	65	125	132.5	140	140	285	54.28	SBD
1	Charlie Chester	F	Sleeves F-O	25	110.7	84+	150	162.5	-165	162.5	80	90	-97.5	90	170	185	200	200	452.5	78.76	SBD
2	Eve Burman	F	Sleeves F-O	43	95.18	84+	110	120	-130	120	65	72.5	77.5	77.5	135	145	155	155	352.5	63.76	SBD
1	Charlie Marillier	F	Wraps F-O	45	89.58	84+	190	200	210	210	140	150	-152.5	150	170	180	-182.5	180	540	99.6	SBD
1	Jennifer Nicoll	F	Sleeves F-O	16	98.51	84+					72.5	77.5	-80.5	77.5					77.5	56.08	B
1	Shaun Robson	M	Sleeves M-O	49	65.78	66	147.5	157.5	165	165	70	77.5	-82.5	77.5	165	177.5	185	185	427.5	66.76	SBD
1	George Sandoe	M	Sleeves M-O	28	73.51	74	220	230	235	235	135	140	-142.5	140	232.5	245	255	255	630	92.81	SBD
2	Kieran Drysdale	M	Sleeves M-O	11	73.95	74	192.5	200	-202.5	200	137.5	142.5	145	145	235	245	-255	245	590	86.65	SBD
3	Liam Barlow	M	Sleeves M-O	6	72.7	74	182.5	190	197.5	197.5	130	-132.5	132.5	132.5	210	225	235	235	565	83.72	SBD
4	Aiden Carpenter	M	Sleeves M-O	31	74	74	172.5	185	-190	185	110	115	-120	115	195	210	220	220	520	76.34	SBD
5	Riley Graves	M	Sleeves M-O	15	72.51	74	150	160	-170	160	92.5	97.5	-100	97.5	170	-180	180	180	437.5	64.91	SBD
6	Alfie Applegate	M	Sleeves M-O	2	67.2	74	135	142.5	147.5	147.5	77.5	82.5	-87.5	82.5	150	157.5	-162.5	157.5	387.5	59.83	SBD
7	Soham Mukherjee	M	Sleeves M-O	20	69.23	74	75	85	-95	85	-50	55	-60	55	120	132.5	140	140	280	42.56	SBD
1	Daniel Mallandaine	M	Sleeves M-O	5	82.4	83	120	-135	142.5	142.5	107.5	-115	-115	107.5	200	215	222.5	222.5	472.5	65.65	SBD
2	Sibi Kumara	M	Sleeves M-O	12	81.84	83	145	152.5	-160	152.5	105	112.5	-117.5	112.5	175	187.5	195	195	460	64.13	SBD
3	Lewis Barrett	M	Sleeves M-O	17	77.84	83	130	135	140	140	100	102.5	-105	102.5	190	197.5	-200	197.5	440	62.93	SBD
4	Oleksandr Sviridov	M	Sleeves M-O	41	78.87	83	-150	150	-160	150	-105	-105	105	105	170	175	180	180	435	61.8	SBD
5	Jay Hudson	M	Sleeves M-O	9	81.21	83	120	130	137.5	137.5	90	97.5	-102.5	97.5	182.5	-190	-200	182.5	417.5	58.43	SBD
6	Mark Wilson	M	Sleeves M-O	24	79.2	83	127.5	137.5	142.5	142.5	85	90	95	95	150	165	170	170	407.5	57.77	SBD
G	Ieuan Francis	M	Sleeves M-O	33	81.94	83	192.5	210	-215	210	125	130	132.5	132.5	240	255	265	265	607.5	84.64	SBD
G	Dylan Clack	M	Sleeves M-O	48	79.2	83	170	180	-190	180	110	-117.5	-120	110	200	215	-220	215	505	71.59	SBD
1	Daniel Clarke	M	Sleeves M-O	8	89.3	93	235	250	-255	250	150	157.5	160	160	250	265	275	275	685	91.42	SBD
2	Lewis Dixon	M	Sleeves M-O	35	91.17	93	-215	215	232.5	232.5	127.5	132.5	-137.5	132.5	262.5	282.5	-295	282.5	647.5	85.53	SBD
3	Alex Cole	M	Sleeves M-O	22	91.77	93	195	207.5	212.5	212.5	125	132.5	135	135	235	247.5	255	255	602.5	79.33	SBD
4	Cole Edwards	M	Sleeves M-O	21	92.25	93	197.5	215	230	230	122.5	132.5	-140	132.5	200	220	-237.5	220	582.5	76.51	SBD
5	Xin Tong Wang	M	Sleeves M-O	52	91.85	93	180	-190	195	195	107.5	115	-122.5	115	185	195	210	210	520	68.44	SBD
6	Aidan Minnett	M	Sleeves M-O	30	92.24	93	145	-152.5	152.5	152.5	110	115	-117.5	115	200	210	225	225	492.5	64.69	SBD
7	Oscar Whitfield	M	Sleeves M-O	4	91.85	93	160	172.5	180	180	85	-90	90	90	155	172.5	187.5	187.5	457.5	60.22	SBD
1	Callum Weir	M	Sleeves M-O	44	103.6	105	270	287.5	292.5	292.5	127.5	132.5	137.5	137.5	280	300	312.5	312.5	742.5	92.25	SBD
2	Jack Parker	M	Sleeves M-O	14	101.07	105	225	240	255	255	172.5	-180	-180	172.5	260	275	-285	275	702.5	88.3	SBD
3	Robin Shaw	M	Sleeves M-O	47	102.1	105	195	207.5	212.5	212.5	140	-150	155	155	220	232.5	242.5	242.5	610	76.31	SBD
1	Mike Gill	M	Sleeves M-O	7	110.9	120	237.5	250	257.5	257.5	145	155	-157.5	155	242.5	262.5	272.5	272.5	685	82.47	SBD
1	Matthew Coelho	M	Wraps M-O	27	89.32	93	-200	200	-210	200	140	-147.5	-147.5	140	210	222.5	235	235	575	76.73	SBD
1	Mark Ellery	M	Sleeves M-O	1	72.57	74					92.5	95	97.5	97.5					97.5	52.54	B
1	William Brett Miller	M	Sleeves M-O	32	102.4	105					125	-132.5	132.5	132.5				132.5	60.03	B	