

English Bench Press Championships 2024 (13th-14th April)

Place	Name	Div	Equipment	Division	BW	WC	B1	B2	B3	Best	Total	IPF	Date
1	Violet Clarke	YNE	Raw	FR-SJ	51.6	52	47.5	50	-55	50	50	48.2	13/04/2024
1	Megan Davenport	GL	Raw	FR-J	48.2	52	62.5	67.5	-70	67.5	67.5	69.59	13/04/2024
1	Kate Clarke	YNE	Raw	FR-M1	51.4	52	62.5	65	67.5	67.5	67.5	65.3	13/04/2024
2	Nikki Murphy	EM	Raw	FR-M1	51.4	52	45	-47.5	-47.5	45	45	43.53	13/04/2024
1	Toni Vernelli	SE	Raw	FR-M2	51.8	52	55	60	-62.5	60	60	57.64	13/04/2024
1	Lynda Follis	WM	Raw	FR-M4	49.8	52	-40	42.5	47.5	47.5	47.5	47.35	13/04/2024
1	Sheina Kaye	NW	Raw	FR-O	54.5	57	80	85	90	90	90	82.8	13/04/2024
2	Emily Westray	YNE	Raw	FR-O	55	57	67.5	70	-72.5	70	70	63.94	13/04/2024
1	Michelle Brooke	YNE	Raw	FR-M1	55	57	37.5	40	42.5	42.5	42.5	38.82	13/04/2024
1	Tiffany Hodkinson	YNE	Raw	FR-M2	56.6	57	45	52.5	-57.5	52.5	52.5	46.93	13/04/2024
1	Penny Walker	YNE	Raw	FR-M3	55	57	42.5	45	47.5	47.5	47.5	43.39	13/04/2024
1	Elena Wilson	NW	Raw	FR-J	62	63	75	85	-92.5	85	85	71.58	13/04/2024
1	Charlotte Mackie	EM	Raw	FR-O	61.8	63	80	85	-90	85	85	71.72	13/04/2024
1	Rachel Spragg	SE	Raw	FR-M2	62.4	63	60	62.5	65	65	65	54.53	13/04/2024
2	Joanne Holden	YNE	Raw	FR-M2	59.2	63	42.5	45	47.5	47.5	47.5	41.16	13/04/2024
1	Deborah Tiernan	EM	Raw	FR-M3	59.4	63	65	67.5	69	69	69	59.66	13/04/2024
1	Abbie Windebank	EM	Raw	FR-J	66.6	69	77.5	82.5	85	85	85	68.9	13/04/2024
2	Estelle Varley	YNE	Raw	FR-J	68.8	69	57.5	60	-62.5	60	60	47.91	13/04/2024
1	Ellen Roberts	SW	Raw	FR-O	66.6	69	97.5	105	-110	105	105	85.11	13/04/2024
2	Alexandra Henry	GL	Raw	FR-O	69	69	95	97.5	-102.5	97.5	97.5	77.75	13/04/2024
3	Kate Howley	YNE	Raw	FR-O	68.6	69	62.5	67.5	70	70	70	55.96	13/04/2024
1	Janet Derby	NW	Raw	FR-M3	68	69	40	45	50	50	50	40.13	13/04/2024
1	Rebecca Thomas-Sives	YNE	Raw	FR-O	72.6	76	67.5	72.5	75	75	75	58.56	13/04/2024
1	Carole O'Neil	YNE	Raw	FR-M1	75	76	80	85	-87.5	85	85	65.58	13/04/2024
2	Georgina Palmer	SW	Raw	FR-M1	75.8	76	62.5	67.5	72.5	72.5	72.5	55.74	13/04/2024
1	Liz Elfleet	YNE	Raw	FR-M2	74.4	76	37.5	40	42.5	42.5	42.5	32.89	13/04/2024
1	Katie Tatum	SE	Raw	FR-SJ	79	84	-60	72.5	77.5	77.5	77.5	58.8	13/04/2024
1	Lucy Gill	GL	Raw	FR-J	82	84	70	75	77.5	77.5	77.5	58.18	13/04/2024
1	Katie Baker	EM	Raw	FR-O	82.6	84	90	92.5	-95	92.5	92.5	69.31	13/04/2024
1	Kelly Fysh	GL	Raw	FR-M1	82	84	62.5	67.5	70	70	70	52.55	13/04/2024
1	Karen Mckendry	EM	Raw	FR-M2	76.4	84	75	-77.5	77.5	77.5	77.5	59.42	13/04/2024
2	Emma Kehoe	SM	Raw	FR-M2	83.6	84	67.5	-70	70	70	70	52.29	13/04/2024
1	Karmen Harvey	EM	Raw	FR-J	110.2	84+	90	95	100	100	100	71.44	13/04/2024
1	Talia Firth	YNE	Raw	FR-O	98.4	84+	92.5	97.5	-100	97.5	97.5	70.57	13/04/2024
2	Annabel Moloney	SW	Raw	FR-O	137	84+	77.5	82.5	-90	82.5	82.5	58.21	13/04/2024
1	Fiona Gaffney	YNE	Raw	FR-M1	109.8	84+	92.5	95	-97.5	95	95	67.89	13/04/2024
2	Caroline Buckle	YNE	Raw	FR-M1	111.8	84+	82.5	87.5	-92.5	87.5	87.5	62.43	13/04/2024
3	Jacqueline Gough	NM	Raw	FR-M1	125.4	84+	60	62.5	-65	62.5	62.5	44.26	13/04/2024
1	Joanne Laird	YNE	Raw	FR-M2	131.4	84+	90	-95	95	95	95	67.13	13/04/2024
2	Karen Mounch	SE	Raw	FR-M2	119.6	84+	77.5	82.5	87.5	87.5	87.5	62.12	13/04/2024
1	Barbara Leach	NW	Raw	FR-M4	95.6	84+	50	60	-67	60	60	43.62	13/04/2024
1	Chloe Annabelle Smith	SM	Single-ply	F-SJ	51	52	40	-50.5	50.5	50.5	50.5	35.56	14/04/2024
1	Nikki Murphy	EM	Single-ply	F-M1	51.4	52	62.5	67.5	-72.5	67.5	67.5	47.23	14/04/2024
1	Penny Walker	YNE	Single-ply	F-M3	55.2	57	42.5	45	47.5	47.5	47.5	31.4	14/04/2024
1	Rachel Spragg	SE	Single-ply	F-M2	62.6	63	77.5	82.5	87.5	87.5	87.5	53.02	14/04/2024
1	Wendie Kirkland	NM	Single-ply	F-M2	68.2	69	92.5	97.5	102.5	102.5	102.5	59.03	14/04/2024
1	Katie Tatum	SE	Single-ply	F-SJ	79	84	95	102	105	105	105	56.23	14/04/2024
1	Joanne Laird	YNE	Single-ply	F-M2	130.8	84+	145	-150	150	150	150	70.04	14/04/2024

English Bench Press Championships 2024 (13th-14th April)

Place	Name	Div	Equipment	Division	BW	WC	B1	B2	B3	Best	Total	IPF	Date
1	Nathan Church	SE	Raw	MR-J	52.2	53	80	-85	-85	80	80	51.71	13/04/2024
1	Toby Lawrence	SE	Raw	MR-SJ	62.8	66	-87.5	90	-100	90	90	52.46	13/04/2024
1	Roderick Ramsey	SM	Raw	MR-M1	65.2	66	117.5	122.5	125	125	125	71.37	13/04/2024
1	Scott Walton	NM	Raw	MR-J	73.6	74	155	160	165	165	165	88.25	13/04/2024
2	Theo Stewart	YNE	Raw	MR-J	73	74	120	127.5	130	130	130	69.83	13/04/2024
3	Daniel Wilby	YNE	Raw	MR-J	67.8	74	115	117.5	120	120	120	67.07	13/04/2024
1	Oliver Webster	NW	Raw	MR-O	72.6	74	110	115	120	120	120	64.65	13/04/2024
2	Harry Belcher	YNE	Raw	MR-O	72.4	74	105	107.5	-110	107.5	107.5	58	13/04/2024
DQ	Ammar Nassier	NW	Raw	MR-O	73.2	74	-157.5	-162.5	-162.5				13/04/2024
1	Tommy Broomfield	SE	Raw	MR-SJ	81.6	83	115	120	-130	120	120	60.8	13/04/2024
1	Chris O'Hara	YNE	Raw	MR-J	80.6	83	137.5	145	150	150	150	76.49	13/04/2024
2	Hayden Simmons	SW	Raw	MR-J	80.6	83	130	-137.5	-137.5	130	130	66.29	13/04/2024
1	Anujan Srikantha	GL	Raw	MR-O	82.5	83	185	192.5	-200	192.5	192.5	96.99	13/04/2024
2	Charlie Thomas	SE	Raw	MR-O	81.8	83	142.5	147.5	-150	147.5	147.5	74.64	13/04/2024
3	Alex Macaulay	YNE	Raw	MR-O	82	83	125	132.5	-140	132.5	132.5	66.97	13/04/2024
1	Danny Potter	NW	Raw	MR-M1	82.6	83	150	160	165	165	165	83.08	13/04/2024
2	Ben Richens	SW	Raw	MR-M1	82	83	135	140	-142.5	140	140	70.76	13/04/2024
1	David Horne	SM	Raw	MR-M2	80.4	83	100	107.5	-115	107.5	107.5	54.89	13/04/2024
1	Stephen Vineburg	GL	Raw	MR-M3	81.6	83	90	95	100	100	100	50.67	13/04/2024
1	Ashley Priddle	EM	Raw	MR-SJ	89.8	93	60	65	-70	65	65	31.38	13/04/2024
1	Connor Mills	SE	Raw	MR-J	83.8	93	160	165	170	170	170	84.97	13/04/2024
2	Marcus Handley	SE	Raw	MR-J	89	93	140	-150	150	150	150	72.73	13/04/2024
1	Stephen Farrar	NW	Raw	MR-M2	90	93	100	105	110	110	110	53.04	13/04/2024
1	Robert Rodney	GL	Raw	MR-M3	89.4	93	127.5	135	-142.5	135	135	65.31	13/04/2024
1	Jacob Harding	YNE	Raw	MR-J	103.4	105	135	140	145	145	145	65.39	13/04/2024
1	Ashley Watson	EM	Raw	MR-O	104.4	105	197.5	205	-207.5	205	205	92.04	13/04/2024
2	Wesley Mcguinness	SW	Raw	MR-O	103.4	105	180	190	-200	190	190	85.68	13/04/2024
3	Sam Thompson	GBR	Raw	MR-O	102.4	105	175	180	185	185	185	83.81	13/04/2024
4	Billy Watson	SW	Raw	MR-O	104.4	105	170	177.5	182.5	182.5	182.5	81.93	13/04/2024
1	Andy Champ	EM	Raw	MR-M1	102.2	105	167.5	-170	-170	167.5	167.5	75.95	13/04/2024
1	Joey Watson	NM	Raw	MR-O	116.2	120	185	197.5	-205	197.5	197.5	84.49	13/04/2024
2	Emmerson Lefevre	GBR	Raw	MR-O	116.4	120	170	177.5	-182.5	177.5	177.5	75.88	13/04/2024
1	Carl Sheppard	WM	Raw	MR-M1	114.6	120	150	155	160	160	160	68.87	13/04/2024
1	Darren Ball	SE	Raw	MR-M2	119	120	150	160	162.5	162.5	162.5	68.8	13/04/2024
1	Nathan V Britton	YNE	Raw	MR-J	165	120+	180	192.5	205	205	205	76.59	13/04/2024
1	Ryan Phillips-Martin	WM	Raw	MR-O	150.8	120+	205	-207.5	215	215	215	82.87	13/04/2024
2	Benjamin Rant	SE	Raw	MR-O	137.6	120+	185	195	200	200	200	79.78	13/04/2024
3	Martin Marshall	GL	Raw	MR-O	130.2	120+	75	105	-125	105	105	42.82	13/04/2024
1	David Coyle	YNE	Raw	MR-M1	130.5	120+	160	170	180	180	180	73.33	13/04/2024
2	Andrew Priddle	EM	Raw	MR-M1	168	120+	105	-112.5	-112.5	105	105	39	13/04/2024
1	Ashley Priddle	EM	Single-ply	MR-SJ	90.6	93	85	90	-92.5	90	90	30.24	14/04/2024
1	Andrew Cudd	GL	Single-ply	M-M1	89.2	93	170	180	185	185	185	62.75	14/04/2024
1	Adrian Smith	SE	Single-ply	M-O	104.2	105	210	-222.5	-222.5	210	210	65.44	14/04/2024
2	Adam Nolan	EM	Single-ply	M-O	103	105	135	-142.5	-142.5	135	135	42.3	14/04/2024
DQ	Andy Champ	EM	Single-ply	M-O	101.8	105	-260		-260				14/04/2024
1	Joe Shaw	NM	Single-ply	M-O	115.8	120	250	265	-275	265	265	78.97	14/04/2024
2	Joey Watson	NM	Single-ply	M-O	116.2	120	185	227.5	-237.5	227.5	227.5	67.71	14/04/2024
1	Darren Ball	SE	Single-ply	M-M2	119.4	120	225	240	-250	240	240	70.73	14/04/2024
1	Craig Coggle	SE	Single-ply	M-O	151.8	120+	-240	240	-275	240	240	66.31	14/04/2024
DQ	Martin Marshall	GL	Single-ply	M-O	128.8	120+	-260	-260	-260				14/04/2024
1	Andrew Priddle	EM	Single-ply	M-M1	160	120+	135	140	147.5	147.5	147.5	40.37	14/04/2024