

GL Spring Divisional 060424

Name	Division	Bodyweight	WeightClass	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Dead	TotalKg	Place	Goodlift
Kieran Johnson-Biggs	MR-O	150	120+	-160	160	170	170	110	120	127.5	127.5	175	180	200	200	497.5	2	52.8
Justas Paulauskas	MR-O	101.4	105	155	165	170	170	95	105	-110	105	190	200	205	205	480	8	60.24
Taras Lyntovski	MR-O	98.7	105	210	222.5	230	230	137.5	145	-150	145	220	235	245	245	620	5	78.81
Zac Palmer Laporte	MR-O	91.7	93	140	-147.5	-147.5	140	95	100	-102.5	100	165	175	180	180	420	11	55.32
Pete Boakes	MR-O	90.5	93	155	165	172.5	172.5	100	110	-115	110	190	200	207.5	207.5	490	9	64.96
Samuel Anyiam	MR-O	92.3	93	170	180	197.5	197.5	105	-112.5	115	115	210	222.5	-230	222.5	535	8	70.25
Omarion Johnson	MR-O	91.3	93	192.5	207.5	217.5	217.5	112.5	120	127.5	127.5	235	250	-255	250	595	5	78.54
Andre Onimisi	MR-O	93	93	195	207.5	212.5	212.5	127.5	132.5	140	140	245	260	-272.5	260	612.5	4	80.13
Dumas Maguile	MR-O	82.8	83	165	177.5	187.5	187.5	90	100	110	110	190	205	-215	205	502.5	9	69.64
Joel Aikins	MR-O	75.8	83	152.5	160	170	170	97.5	105	110	110	210	225	237.5	237.5	517.5	6	75.03
Samuel Aladeloba Adebayo	MR-O	77.8	83	165	180	192.5	192.5	125	132.5	137.5	137.5	192.5	207.5	215	215	545	5	77.97
Chris La	MR-O	82.2	83	230	242.5	-255	242.5	150	160	-165	160	250	-265	265	265	667.5	2	92.85
Bartosz Kwit	MR-O	71.4	74	150	157.5	162.5	162.5	97.5	-100	100	100	180	190	-195	190	452.5	5	67.68
Clarice Yvie Wamba	FR-O	87.9	84+	-120	120	-140	120	40	47.5	50	50	140	150	160	160	330	4	61.27
Rukayat Odusola	FR-O	96.8	84+	-185	190	-200	190	50	60	-65	60	190	200	210	210	460	1	82.79
Monica Zhang	FR-O	81.3	84	125	132.5	137.5	137.5	-67.5	72.5	-77.5	72.5	120	130	140	140	350	1	66.97
Gabby Reynolds	FR-O	68.7	69	90	100	105	105	-55	55	-57.5	55	125	135	142.5	142.5	302.5	9	62.82
Jasmine Courtney	FR-O	66.9	69	115	122.5	127.5	127.5	55	60	62.5	62.5	137.5	147.5	155	155	345	4	72.75
Tina Lansdell	FR-O	67.2	69	127.5	132.5	137.5	137.5	62.5	67.5	-70	67.5	152.5	160	165	165	370	3	77.81
Jessica Randall	FR-O	68.8	69	150	162.5	-175	162.5	90	100	-105	100	200	220	-230	220	482.5	1	100.12
Martina Pisano	FR-O	46.3	47	110	115	-120	115	57.5	60	-62.5	60	127.5	135	140	140	315	1	88.64
Stephanie Marick	FR-O	64.2	69	115	120	125	125	-57.5	57.5	-60	57.5	145	150	152.5	152.5	335	5	72.42
Tanny Chiu	MR-O	90.7	93	-200	200	220	220	112.5	120	122.5	122.5	202.5	217.5	235	235	577.5	6	76.48
Charlotte Macaulay	FR-O	68.5	69	107.5	115	120	120	55	57.5	-60	57.5	117.5	125	132.5	132.5	310	8	64.49
Joshua Parslow	MR-O	118.6	120	165	180	192.5	192.5	-115	120	130	130	200	-215	-220	200	522.5	3	61.05
Declan Hillier	MR-O	114.8	120	185	192.5	200	200	-112.5	112.5	117.5	117.5	225	237.5	245	245	562.5	2	66.68
Taiwo Ilo	MR-O	73.6	74	215	225	-232.5	225	117.5	122.5	127.5	127.5	250	265	272.5	272.5	625	1	92.01
Ehis Izokun	MR-O	73	74	210	220	230	230	125	132.5	-140	132.5	230	250	257.5	257.5	620	2	91.67
Valentina Minghetti	FR-O	75.5	76	110	115	120	120	52.5	-55	-55	52.5	125	135	140	140	312.5	3	61.8
Erica Leon	FR-O	67.1	69	137.5	147.5	155	155	67.5	72.5	-77.5	72.5	147.5	160	-170	160	387.5	2	81.57
Thomas Serrano Price	MR-O	82.4	83	165	175	185	185	117.5	125	-130	125	200	215	-225	215	525	8	72.94
Jubril Balogun	MR-O	98.1	105	185	195	202.5	202.5	110	117.5	120	120	225	237.5	247.5	247.5	570	7	72.67
Khac Huy Peter Le	MR-O	72.4	74	180	190	195	195	112.5	-117.5	-117.5	112.5	220	235	-240	235	542.5	4	80.55
MikÅla Henry-Lowe	FR-O	116.4	84+	152.5	162.5	170	170	80	85	-90	85	162.5	167.5	-172.5	167.5	422.5	2	72.82
Alison Benjamin	FR-O	51.1	52	75	77.5	80	80	37.5	40	-42.5	40	95	100	102.5	102.5	222.5	2	57.04
Anais Falcon	FR-O	50.3	52	95	102.5	-107.5	102.5	50	52.5	55	55	117.5	122.5	-127.5	122.5	280	1	72.8
Elizabeth Martin de Bartolome	FR-O	67.3	69	115	122.5	-127.5	122.5	45	50	-52.5	50	135	147.5	152.5	152.5	325	7	68.29
Alasdair Stewart	MR-O	82.4	83	150	160	170	170	90	92.5	-97.5	92.5	160	170	180	180	442.5	10	61.48
Yunia Maalo	FR-O	67.7	69	105	-115	-115	105	52.5	57.5	-60	57.5	140	155	167.5	167.5	330	6	69.11
Clare Yates	FR-O	67.5	69	95	102.5	-105	102.5	47.5	-52.5	-52.5	47.5	100	112.5	-115	112.5	262.5	11	55.06
Emily Dennis	FR-O	147.8	84+	130	140	150	150	92.5	100	-105	100	130	140	-150	140	390	3	65.13
Lucy Bristow	FR-O	55.3	57	75	80	85	85	42.5	-47.5	-47.5	42.5	107.5	112.5	-117.5	112.5	240	6	57.62

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Elisabeth Welburn	FR-O	74.2	76	122.5	130	135	135	65	-70	-70	65	170	180	-190	180	380	2	75.79
John Stevens #1	MR-O	130.5	120+	215	230	245	245	120	130	135	135	220	235	-250	235	615	1	68.98
Eduardo Schmidt	MR-O	90.8	93	135	147.5	-160	147.5	85	90	95	95	167.5	185	-195	185	427.5	10	56.59
James Berry	MR-O	90.8	93	180	190	200	200	135	-140	-140	135	200	215	-230	215	550	7	72.8
Sarah Foong	FR-O	54.7	57	102.5	110	115	115	47.5	52.5	55	55	130	140	145	145	315	2	76.28
Jerome Squires	MR-O	81.5	83	195	205	210	210	140	-145	-145	140	230	240	-252.5	240	590	3	82.43
Nathan Young #2	MR-O	92.6	93	205	217.5	225	225	130	137.5	-140	137.5	245	262.5	-297.5	262.5	625	2	81.94
Joshua Chan #1	MR-O	73.8	74	202.5	215	222.5	222.5	127.5	135	-140	135	217.5	230	237.5	237.5	595	3	87.47
Seriera Lavasani	FR-O	56.2	57	90	100	-105	100	52.5	55	57.5	57.5	110	120	-130	120	277.5	4	65.79
Alexandra Basing	FR-O	68.3	69	90	95	100	100	50	52.5	-55	52.5	127.5	132.5	135	135	287.5	10	59.9
Christian-Ray Garcia	MR-O	65.4	66	200	-210		200	140	150	-155	150	200	220	-230	220	570	1	89.28
Xenia Chiru	FR-O	56.3	57	-87.5	87.5	-92.5	87.5	67.5	-72.5	-72.5	67.5	130	137.5	145	145	300	3	71.03
William Wong	MR-O	82.1	83	185	-200	205	205	97.5	105	-110	105	200	210	215	215	525	7	73.08
Letitia Lau	FR-O	62.5	63	102.5	110	115	115	60	-65	65	65	125	132.5	137.5	137.5	317.5	1	69.82
Clara Thomas	FR-O	56.2	57	90	100	105	105	40	50		50	95	105	115	115	270	5	64.01
Charlotte DeVal	FR-O	74.6	76	155	162.5	-167.5	162.5	77.5	85	87.5	87.5	167.5	177.5	180	180	430	1	85.54
Eric Vermeulen	MR-O	102.1	105	265	275	290	290	165	-175	175	175	320	340	350	350	815	2	101.95
Warren Haskins	MR-O	93	93	210	220	225	225	150	155	157.5	157.5	250	275	-292.5	275	657.5	1	86.01
Yana Lyntovska	FR-O	56.1	57	145	150	-155	150	67.5	72.5	-75	72.5	140	150	155	155	377.5	1	89.62
Andy Want	MR-O	72.9	74	95	100	105	105	92.5	100	-102.5	100	135	145	-155	145	350	6	51.78
Saheed Aregbe	MR-O	82.5	83	240	252.5	260	260	157.5	162.5	-165	162.5	330	355	372.5	372.5	795	1	110.39
Joseph Eaton	MR-O	98.4	105	242.5	260	272.5	272.5	147.5	155	157.5	157.5	265	282.5	-295	282.5	712.5	3	90.7
Barnie Skinner	MR-O	113.3	120	225	240	-242.5	240	172.5	-180	-180	172.5	255	285	-300	285	697.5	1	83.17
Adedapo Ojewale	MR-O	98.4	105	275	295	305	305	170	-177.5	-177.5	170	330	-350	-350	330	805	1	102.48
Colin Chu	MR-O	82.8	83	185	200	210	210	125	132.5	-135	132.5	220	240	-250	240	582.5	4	80.73
Pierre Shillingford	MR-O	97.2	105	235	242.5	250	250	170	175	-177.5	175	240	250	260	260	685	4	87.72
Ivan Otim	MR-O	101.5	105	180	190	-200	190	110	117.5	122.5	122.5	240	260	270	270	582.5	6	73.07
Jonathan Klein	MR-O	85.6	93	-197.5	197.5	210	210	140	145	-150	145	220	235	245	245	600	3	81.78