

ENGLISH POWERLIFTING QUALIFYING TOTALS 2022

Classic Women

B/W	Sub Junior	Junior	Senior	M1	M2	M3	M4
43	150	192.5					
47	167.5	215	237.5	190	167.5	155	120
52	187.5	237.5	265	212.5	187.5	175	135
57	190	242.5	270	217.5	187.5	177.5	137.5
63	222.5	285	315	252.5	222.5	200	152.5
69	230	297.5	327.5	262.5	232.5	210	160
76	240	315	337.5	275	240	220	170
84	257.5	330	365	292.5	257.5	237.5	185
84+	262.5	337.5	375	300	262.5	227.5	190

Classic Men

B/W	Sub Junior	Junior	Senior	M1	M2	M3	M4
53	247.5	350					
59	295	387.5	420	357.5	315	275	210
66	325	427.5	462.5	392.5	347.5	302.5	232.5
74	350	465	500	427.5	377.5	327.5	250
83	400	527.5	570	485	427.5	372.5	285
93	417.5	552.5	595	507.5	447.5	387.5	297.5
105	430	570	615	522.5	462.5	400	307.5
120	445	587.5	632.5	545	475	412.5	317.5
120+	457.5	605	652.5	555	490	427.5	327.5

Equipped Women

B/W	Sub Junior	Junior	Senior	M1	M2	
43	132.5	167.5				
47	140	177.5	212.5	195	175	
52	150	190	230	212.5	190	
57	160	205	245	227.5	202.5	
63	175	222.5	285	245	220	
69	185	240	305	267.5	237.5	
76	195	255	312.5	280	257.5	
84	207.5	267.5	322.5	295	265	
84+	217.5	277.5	332.5	307.5	275	

Equipped Men

B/W	Sub Junior	Junior	Senior	M1	M2	M3
53	202	325				
59	227.5	365	462.5	390	355	322.5
66	252.5	407.5	520	437.5	397.5	360
74	277.5	445	565	477.5	432.5	392.5
83	297.5	500	610	515	470	422.5
93	317.5	522.5	647.5	547.5	497.5	447.5
105	332.5	535	680	575	522.5	472.5
120	345	557.5	707.5	597.5	542.5	490
120+	355	570	722.5	612.5	555	502.5