

GL Fort Novice Competition 10/03/24

Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event
1	Elena Hawney-Munoz	F	Sleeves	MR-O	49.2	52	60	67.5	75	75	35	40	-45	40	92.5	102.5	107.5	107.5	222.5	59.03	SBD
2	Ka Shuen Wong	F	Sleeves	MR-O	49.4	52	-70	-72.5	75	75	40	42.5	-45	42.5	87.5	90	92.5	92.5	210	55.5	SBD
1	Saffron Bargewell	F	Sleeves	MR-O	56.5	57	90	95	100	100	40	45	47.5	47.5	100	107.5	112.5	112.5	260	61.39	SBD
DQ	Sidney Konigbrock	F	Sleeves	MR-O	62.4	63	130	132.5	135	135	-80	-82.5	-82.5		145	147.5	150	150			SBD
1	Danielle Meneses	F	Sleeves	MR-O	67.1	69	125	130	-135	130	65	67.5	-70	67.5	130	140	150	150	347.5	73.15	SBD
2	Habiba Hussain	F	Sleeves	MR-O	68.3	69	95	100	102.5	102.5	52.5	55	-60	55	130	135	142.5	142.5	300	62.51	SBD
3	Juliette Guinier	F	Sleeves	MR-O	68.3	69	90	95	100	100	60	65	-67.5	65	120	125	130	130	295	61.47	SBD
4	Dominika Kalinovski-Asare	F	Sleeves	MR-O	67.9	69	80	85	87.5	87.5	52.5	-55	55	55	117.5	125	130	130	272.5	56.97	SBD
5	Anastasia Stankovsky	F	Sleeves	MR-O	65.6	69	82.5	90	95	95	45	47.5	50	50	102.5	110	120	120	265	56.53	SBD
6	Arina Pavlova	F	Sleeves	MR-O	67.5	69	75	82.5	92.5	92.5	37.5	42.5	47.5	47.5	95	102.5	110	110	250	52.44	SBD
7	Lucy Woodruff	F	Sleeves	MR-O	69	69	65	-70	70	70	32.5	35	-40	35	82.5	87.5	95	95	200	41.43	SBD
1	Shirley Denchie	F	Sleeves	MR-O	79.2	84	95	105	-112.5	105	45	50	55	55	105	115	130	130	290	56.12	SBD
2	Theodora Nikolakopoutou	F	Sleeves	MR-O	76.2	84	72.5	77.5	82.5	82.5	45	50	-52.5	50	95	102.5	110	110	242.5	47.75	SBD
3	Violet Latorre	F	Sleeves	MR-O	80.1	84	-75	-75	80	80	40	45	-47.5	45	97.5	102.5	107.5	107.5	232.5	44.77	SBD
1	Jessica Taylor	F	Sleeves	MR-O	102.3	84+	125	135	142.5	142.5	55	57.5	-60	57.5	125	135	150	150	350	62.05	SBD
1	Elijah Ilo	M	Sleeves	MR-O	73.4	74	220	230	-235	230	122.5	127.5	-132.5	127.5	230	242.5	252.5	252.5	610	89.93	SBD
2	Louis Kirsch	M	Sleeves	MR-O	72.2	74	-155	-160	160	160	115	-120	120	120	180	187.5	192.5	192.5	472.5	70.26	SBD
3	Jae Hoon Yun	M	Sleeves	MR-O	73.4	74	145	160	-170	160	87.5	95	-100	95	185	197.5	205	205	460	67.82	SBD
4	Mohammed Uddin	M	Sleeves	MR-O	72.2	74	120	135	145	145	75	82.5	87.5	87.5	135	150	160	160	392.5	58.37	SBD
5	Bernard Slow	M	Sleeves	MR-O	72.7	74	105	112.5	120	120	80	85	-90	85	120	130	140	140	345	51.12	SBD
1	Tom Felstead	M	Sleeves	MR-O	83	83	195	205	215	215	102.5	110	-112.5	110	210	-220	-220	210	535	74.06	SBD
2	Joshua Jakupi	M	Sleeves	MR-O	81.2	83	-167.5	180	-190	180	112.5	120	-127.5	120	200	212.5	-227.5	212.5	512.5	71.74	SBD
3	Alex Lopes	M	Sleeves	MR-O	79	83	122.5	135	142.5	142.5	100	105	110	110	175	187.5	200	200	452.5	64.23	SBD
1	Badrun Ali	M	Sleeves	MR-O	86.8	93	190	200	210	210	150	157.5	162.5	162.5	217.5	230	242.5	242.5	615	83.24	SBD
2	Youssef Tazarni	M	Sleeves	MR-O	90.4	93	187.5	192.5	200	200	127.5	132.5	140	140	245	260	-270	260	600	79.59	SBD
3	Julian Smith	M	Sleeves	MR-O	90.4	93	170	187.5	197.5	197.5	130	142.5	150	150	200	225	-235	225	572.5	75.94	SBD
4	Benjamin Klein	M	Sleeves	MR-O	91.2	93	160	175	182.5	182.5	110	120	-125	120	190	205	-210	205	507.5	67.03	SBD
5	Andrew Peachy	M	Sleeves	MR-O	92.3	93	107.5	115	122.5	122.5	60	65	67.5	67.5	150	160	-170	160	350	45.96	SBD
1	Daniel Paget	M	Sleeves	MR-O	104.2	105	185	195	205	205	115	125	130	130	215	227.5	240	240	575	71.25	SBD
2	Tobias Holt	M	Sleeves	MR-O	95.5	105	140	150	162.5	162.5	112.5	120	-125	120	185	195	210	210	492.5	63.6	SBD
3	Dheeraj Bhatia	M	Sleeves	MR-O	101.2	105	117.5	125	132.5	132.5	77.5	82.5	87.5	87.5	155	162.5	172.5	172.5	392.5	49.3	SBD
1	Oliver Burrows	M	Sleeves	MR-O	119.7	120	190	202.5	212.5	212.5	135	142.5	150	150	230	250	262.5	262.5	625	72.73	SBD
1	Michael Nguyen	Mx	Sleeves	MR-O	67.9	74	135	142.5	147.5	147.5	87.5	92.5	95	95	180	190	200	200	442.5	67.95	SBD