

A.C.E Performance Christmas Championships 10/12/23

Place	Name	Sex	Equipment	Division	BW	WC	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event
1	Victoria Hart	F	Raw	FR-Jr	61.1	63	147.5	155	162.5	162.5	90	-92.5	92.5	92.5	137.5	145	-150	145	400	89.3	SBD
1	Isabel Dowling	F	Raw	FR-Jr	68.6	69	130	140	145	145	85	90	-92.5	90	145	157.5	162.5	162.5	397.5	82.62	SBD
2	Molly Winter	F	Raw	FR-Jr	66.5	69	115	120	125	125	70	72.5	75	75	125	132.5	-140	132.5	332.5	70.36	SBD
1	Emma Onah	F	Raw	FR-Jr	72.6	76	135	145	150	150	60	65	70	70	160	170	175	175	395	79.64	SBD
1	Hazal Unek	F	Raw	FR-Jr	78.95	84	112.5	122.5	125	125	70	-72.5	-72.5	70	115	127.5	140	140	335	64.91	SBD
1	Jessica Stokes	F	Raw	FR-Jr	99.85	84+	140	-145	145	145	-67.5	70	72.5	72.5	155	167.5		167.5	385	68.69	SBD
1	Kia-Re Chablis	F	Raw	FR-M1	115.6	84+	140	150	165	165	80	85	90	90	165	175	190	190	445	76.79	SBD
1	Jacqueline Rawlinson	F	Raw	FR-M2	101.8	84+	120	130	140	140	60	65	-70	65	145			145	350	62.14	SBD
G	Ni Yia Choy	F	Raw	FR-O	51.3	52	80	85	-90	85	52.5	57.5	60	60	105	115	-125	115	260	66.43	SBD
1	Charlotte Mackie	F	Raw	FR-O	61.1	63	105	112.5	120	120	90	97.5	-102.5	97.5	112.5	122.5	130	130	347.5	77.58	SBD
2	Sarah Porter	F	Raw	FR-O	60.7	63	102.5	-110	110	110	55	60	62.5	62.5	135	147.5	155	155	327.5	73.44	SBD
1	Samantha Cantrell	F	Raw	FR-O	66.85	69	90	-97.5	-97.5	90	40	-45	45	45	105	115	125	125	260	54.85	SBD
1	Amy Preston	F	Raw	FR-O	74.95	76	115	122.5	127.5	127.5	67.5	72.5	75	75	140	150	157.5	157.5	360	71.45	SBD
2	Georgina Hardiment	F	Raw	FR-O	70.45	76	95	105	115	115	45	50	52.5	52.5	120	130	140	140	307.5	62.99	SBD
1	Sophie Machin	F	Raw	FR-O	76.3	84	75	85	90	90	47.5	52.5	55	55	65	-125	-125	65	210	41.33	SBD
G	Chizaram Egbuziem	F	Raw	FR-O	105.5	84+	165	172.5	180	180	80	85	-87.5	85	170	185	-192.5	185	450	79.17	SBD
1	Gabby Wright	F	Raw	FR-Sj	62.15	63	107.5	112.5	117.5	117.5	50	55	-60	55	120	127.5	137.5	137.5	310	68.42	SBD
1	Jodie Fox	F	Raw	FR-Sj	68.65	69	100	110	115	115	50	-52.5	-52.5	50	115	125	130	130	295	61.29	SBD
1	Jamie Murphy	M	Raw	MR-Jr	71.9	74	145	150	-155	150	92.5	-95	-95	92.5	170	180	190	190	432.5	64.45	SBD
1	James Spencer	M	Raw	MR-Jr	82.05	83	180	195	202.5	202.5	127.5	137.5	-142.5	137.5	240	250	-260	250	590	82.15	SBD
G	Matthew Burson	M	Raw	MR-Jr	82.05	83	215	225	230	230	137.5	145	150	150	220	235	240	240	620	86.33	SBD
G	Callum degville	M	Raw	MR-Jr	82.7	83	145	157.5	-167.5	157.5	95	102.5	107.5	107.5	185	200	-210	200	465	64.49	SBD
1	Tyler Acheampong	M	Raw	MR-Jr	92	93	217.5	230	240	240	150	-155	160	160	242.5	257.5	267.5	267.5	667.5	87.79	SBD
2	Sonny Lynn	M	Raw	MR-Jr	90	93	220	230	237.5	237.5	120	130	140	140	245	257.5	270	270	647.5	86.08	SBD
3	Kwame Aidoo	M	Raw	MR-Jr	89.3	93	205	215	222.5	222.5	120	127.5	132.5	132.5	250	265	275	275	630	84.08	SBD
1	George Funnell	M	Raw	MR-Jr	97.65	105	240	247.5	253	253	147.5	155	157.5	157.5	240	247.5	255	255	665.5	85.03	SBD
2	charlie moore	M	Raw	MR-Jr	104	105	200	212.5	217.5	217.5	135	137.5	-140	137.5	265	-280	-280	265	620	76.89	SBD
3	Andrew William Howard	M	Raw	MR-Jr	98.3	105	-192.5	202.5	210	210	97.5	105	107.5	107.5	177.5	190	200	200	517.5	65.91	SBD
1	Mert Uyaroglu	M	Raw	MR-Jr	121.3	120+	150	165	180	180	110	115	-122.5	115	220	-240.5	-240.5	220	515	59.6	SBD
1	Leo Conway	M	Raw	MR-M2	65.1	66	-155	160	167.5	167.5	87.5	95	-100	95	172.5	-185	185	185	447.5	70.27	SBD
1	Darren Goldsney	M	Raw	MR-M2	104	105	180	190	200	200	110	122.5	130	130	180	195	210	210	540	66.98	SBD
1	Rob Hill	M	Raw	MR-M3	101.4	105	-175	175	185	185	80	100	120	120	195	205	215	215	520	65.26	SBD
1	Yaron Bernstein	M	Raw	MR-O	82.6	83	205	217.5	225	225	140	147.5	150	150	232.5	247.5	-260	247.5	622.5	86.38	SBD
1	James Henegan	M	Raw	MR-O	89.8	93	210	220	230	230	160	170	175	175	235	247.5	255	255	660	87.84	SBD
1	Oliver Gould	M	Raw	MR-O	116.8	120	190	200	207.5	207.5	110	117.5	122.5	122.5	220	232.5	245	245	575	67.64	SBD
1	Sawyer Preston	M	Raw	MR-Sj	58.9	59	110	125	-140	125	80	87.5	95	95	140	155	172.5	172.5	392.5	65.01	SBD
1	Joylon Marsh	M	Raw	MR-Sj	63.75	66	125	135	145	145	-77.5	77.5	-82.5	77.5	177.5	185	195	195	417.5	66.29	SBD
G	Noah Williams	M	Raw	MR-Sj	62.7	66	112.5	127.5	-135	127.5	95	102.5	105	105	155	170	182.5	182.5	415	66.48	SBD
G	Toby Lawrence	M	Raw	MR-Sj	61.65	66	55			55	77.5	82.5	87.5	87.5	75			75	217.5	35.16	SBD
1	Oliver Marston	M	Raw	MR-Sj	79.7	83	162.5	172.5	177.5	177.5	90	95	100	100	195	207.5	-222.5	207.5	485	68.53	SBD
2	Jaiden Woolgrove	M	Raw	MR-Sj	82.15	83	180	190	197.5	197.5	130	135	-140.5	135	150	0		150	482.5	67.14	SBD
3	Nikita mensikovs	M	Raw	MR-Sj	79.05	83	115	120	125	125	70	72.5	-75	72.5	145	152.5	-160	152.5	350	49.67	SBD
1	Reece Fagan	M	Raw	MR-Sj	102.2	105	205	215	-225	215	167.5	-177.5	-177.5	167.5	265	272.5	275	275	657.5	82.21	SBD
G	Brandon Lee	M	Single-ply	M-Sj	118.7	120	205	215	222.5	222.5	172.5	180	187.5	187.5	210	227.5	-235	227.5	637.5	61.88	SBD