

English Bench Press Championships 25/06/2023 (NMPL Newark)

Place	Name	Division	Bodyweigh	WeightClas	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	TotalKg	Points
1	Violet Clarke Waller	FR-SJ	51.8	52	42.5	45	47.5	47.5	47.5	45.63
1	Tyler Bailey	FR-J	51	52	52.5	-55	-55	52.5	52.5	51.16
1	Kate Clarke	FR-O	52	52	60	62.5	65	65	65	62.22
2	Tyler Bailey	FR-O	51	52	52.5	-55	-55	52.5	52.5	51.16
3	Violet Clarke Waller	FR-O	51.8	52	42.5	45	47.5	47.5	47.5	45.63
1	Kate Clarke	FR-M1	52	52	60	62.5	65	65	65	62.22
1	Amber Watson	FR-J	56.2	57	75	-80	80	80	80	71.88
1	Ruth Grigg	FR-O	54.8	57	90	95	100	100	100	91.61
2	Cat Shamel	FR-O	56.9	57	80	85	-87.5	85	85	75.69
3	Amber Watson	FR-O	56.2	57	75	-80	80	80	80	71.88
4	Amelia Hoggard-Leathers	FR-O	54.5	57	57.5	62.5	65	65	65	59.8
5	Emma Stott	FR-O	56.7	57	60	62.5	65	65	65	58.03
6	Amber Hinchelwood	FR-O	55.3	57	45	47.5	-50	47.5	47.5	43.21
1	Cat Shamel	FR-M1	56.9	57	80	85	-87.5	85	85	75.69
2	Emma Stott	FR-M1	56.7	57	60	62.5	65	65	65	58.03
3	Amber Hinchelwood	FR-M1	55.3	57	45	47.5	-50	47.5	47.5	43.21
1	Romina Basting	F-O	62.5	63	100	107.5	-110	107.5	107.5	65.2
2	Lucy Hart	F-O	60.1	63	85	92.5	-100	92.5	92.5	57.55
1	Eleanor Bareham	FR-J	62.4	63	60	65	-67.5	65	65	54.53
2	Molly Munton	FR-J	62.9	63	47.5	50	52.5	52.5	52.5	43.85
1	Charlotte Mackie	FR-O	61.3	63	77.5	92.5	-100	92.5	92.5	78.42
2	Eleanor Bareham	FR-O	62.4	63	60	65	-67.5	65	65	54.53
3	Charlotte Adams	FR-O	62.3	63	57.5	62.5	-67.5	62.5	62.5	52.49
4	Alisa Brown	FR-O	63	63	-62.5	62.5	-67.5	62.5	62.5	52.15
5	Molly Munton	FR-O	62.9	63	47.5	50	52.5	52.5	52.5	43.85
1	Wendie Kirkland	F-O	69	69	90	95	100	100	100	57.22
1	Wendie Kirkland	F-M2	69	69	90	95	100	100	100	57.22
1	Molly Johnson	FR-J	67.8	69	75	82.5	-85	82.5	82.5	66.31
2	Ellie Robins	FR-J	68	69	75	80	82.5	82.5	82.5	66.22
3	Estelle Varley	FR-J	68.8	69	50	52.5	57.5	57.5	57.5	45.91
1	Ellen Roberts	FR-O	67.1	69	95	-100	100	100	100	80.77
2	Beverley Rodgers	FR-O	68.8	69	82.5	-87.5	87.5	87.5	87.5	69.86
3	Molly Johnson	FR-O	67.8	69	75	82.5	-85	82.5	82.5	66.31
4	Ellie Robins	FR-O	68	69	75	80	82.5	82.5	82.5	66.22
5	Beth Thomas	FR-O	68.4	69	75	-77.5	77.5	77.5	77.5	62.04
6	Estelle Varley	FR-O	68.8	69	50	52.5	57.5	57.5	57.5	45.91
1	Beverley Rodgers	FR-M2	68.8	69	82.5	-87.5	87.5	87.5	87.5	69.86
1	Marianna Pinter	FR-O	72.8	76	82.5	90	95	95	95	74.1
2	Janice Hawes	FR-O	73.7	76	47.5	52.5	55	55	55	42.7
1	Janice Hawes	FR-M3	73.7	76	47.5	52.5	55	55	55	42.7
1	Lucy Robinson	FR-O	83.6	84	90	95	-100	95	95	70.96
2	Katie Baker	FR-O	82.3	84	-87.5	87.5	-92.5	87.5	87.5	65.62
3	Karen McKendry	FR-O	78.8	84	72.5	77.5	80	80	80	60.74
1	Karen McKendry	FR-M2	78.8	84	72.5	77.5	80	80	80	60.74
1	Karmen Harvey	FR-J	108.5	84+	77.5	82.5	-87.5	82.5	82.5	59.02
1	Jacqueline Gough	FR-O	148.4	84+	105	112.5	117.5	117.5	117.5	82.74
2	Joanne Laird	FR-O	130.7	84+	95	100	102.5	102.5	102.5	72.45
3	Miriam Weber	FR-O	89.2	84+	87.5	95	-97.5	95	95	69.93
4	Talia Anastasiou	FR-O	98.6	84+	82.5	90	92.5	92.5	92.5	66.93
5	Fiona Gaffney	FR-O	107	84+	75	80	85	85	85	60.9
6	Karmen Harvey	FR-O	108.5	84+	77.5	82.5	-87.5	82.5	82.5	59.02
7	Amanda Bradbury	FR-O	122	84+	72.5	77.5	80	80	80	56.73
8	Gemma Price	FR-O	124.6	84+	65	70	72.5	72.5	72.5	51.35
9	Barbara Leach	FR-O	97.6	84+	50	66.5	-70	66.5	66.5	48.19
10	Caroline Buckle	FR-O	107.6	84+	62.5	65	-70	65	65	46.54
1	Jacqueline Gough	FR-M1	148.4	84+	105	112.5	117.5	117.5	117.5	82.74

2	Fiona Gaffney	FR-M1	107	84+	75	80	85	85	85	60.9
3	Amanda Bradbury	FR-M1	122	84+	72.5	77.5	80	80	80	56.73
4	Gemma Price	FR-M1	124.6	84+	65	70	72.5	72.5	72.5	51.35
5	Caroline Buckle	FR-M1	107.6	84+	62.5	65	-70	65	65	46.54
1	Joanne Laird	FR-M2	130.7	84+	95	100	102.5	102.5	102.5	72.45
1	Barbara Leach	FR-M4	97.6	84+	50	66.5	-70	66.5	66.5	48.19

Place	Name	Division	Bodyweigh	WeightClas	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bencf	TotalKg	Points
1	Adam Alderman	MR-O	55.1	59	130	135	-140	135	135	84.64
2	Lahiru Suren	MR-O	58.9	59	115	122.5	-127.5	122.5	122.5	73.99
1	Adam Alderman	MR-M1	55.1	59	130	135	-140	135	135	84.64
1	Aaron Gideon	M-O	65.4	66	-175	175	-185	175	175	76.65
1	Aaron Gideon	M-M1	65.4	66	-175	175	-185	175	175	76.65
1	Tauqir Khan	MR-SJ	65.4	66	115	122.5	127.5	127.5	127.5	72.68
1	Ed Kimber	MR-J	66	66	140	147.5	153	153	153	86.78
2	Paul Kellett	MR-J	65.5	66	-117.5	117.5	-125	117.5	117.5	66.92
3	Tyler Fieldhouse	MR-J	65.4	66	70	80	90	90	90	51.3
1	Ed Kimber	MR-O	66	66	140	147.5	153	153	153	86.78
2	Tauqir Khan	MR-O	65.4	66	115	122.5	127.5	127.5	127.5	72.68
3	Paul Kellett	MR-O	65.5	66	-117.5	117.5	-125	117.5	117.5	66.92
4	Tyler Fieldhouse	MR-O	65.4	66	70	80	90	90	90	51.3
1	Gregory Pearson	M-SJ	73.1	74	130	140.5	150	150	150	59.04
1	Gregory Pearson	M-O	73.1	74	130	140.5	150	150	150	59.04
1	Gregory Pearson	MR-SJ	73.2	74	120	125.5	130.5	130.5	130.5	70
1	Ammar Nassier	MR-J	73.6	74	145	152.5	-157.5	152.5	152.5	81.56
2	Alex Grant	MR-J	69.4	74	100	105	-107.5	105	105	57.95
3	Zak Taylor	MR-J	72.8	74	92.5	97.5	100	100	100	53.8
1	Ammar Nassier	MR-O	73.6	74	145	152.5	-157.5	152.5	152.5	81.56
2	Gregory Pearson	MR-O	73.2	74	120	125.5	130.5	130.5	130.5	70
4	Alex Grant	MR-O	69.4	74	100	105	-107.5	105	105	57.95
3	Andy Want	MR-O	72.7	74	102.5	107.5	-110	107.5	107.5	57.87
5	Zak Taylor	MR-O	72.8	74	92.5	97.5	100	100	100	53.8
1	Andy Want	MR-M3	72.7	74	102.5	107.5	-110	107.5	107.5	57.87
1	Nathan McDowell	M-J	77.4	83	165	175	185	185	185	69.41
1	Nathan McDowell	M-O	77.4	83	165	175	185	185	185	69.41
1	Dan Saxby	MR-J	75.9	83	130	135	140	140	140	73.67
2	Samuel Syson	MR-J	79.9	83	132.5	140	-142.5	140	140	71.71
3	Matthew Severn	MR-J	81.7	83	125	132.5	-140	132.5	132.5	67.1
4	Hayden Simmons	MR-J	81.9	83	127.5	132.5	-140	132.5	132.5	67.01
1	Anujan Srikantha	MR-O	82.6	83	190	195	200	200	200	100.71
2	Barrie Tavener	MR-O	82.8	83	157.5	165	-171.5	165	165	82.98
3	Max Pattinaja	MR-O	76	83	135	145	-147.5	145	145	76.25
4	Dan Saxby	MR-O	75.9	83	130	135	140	140	140	73.67
5	Samuel Syson	MR-O	79.9	83	132.5	140	-142.5	140	140	71.71
7	Charlie Thomas	MR-O	78.7	83	135	-140	-140	135	135	69.7
6	Ben Richens	MR-O	82	83	130	135	137.5	137.5	137.5	69.5
8	Matthew Severn	MR-O	81.7	83	125	132.5	-140	132.5	132.5	67.1
9	Hayden Simmons	MR-O	81.9	83	127.5	132.5	-140	132.5	132.5	67.01
10	Andy Cudd	MR-O	82.3	83	-130	132.5	-137.5	132.5	132.5	66.84
11	Karl Syson	MR-O	83	83	-127.5	127.5	-137.5	127.5	127.5	64.04
12	Ray Jeffery	MR-O	82	83	110	115	-117.5	115	115	58.12
13	David Horne	MR-O	81.7	83	100	105	-112.5	105	105	53.17
14	Stephen Vineburg	MR-O	82.2	83	95	-97.5	-97.5	95	95	47.96
1	Barrie Tavener	MR-M1	82.8	83	157.5	165	-171.5	165	165	82.98
2	Ben Richens	MR-M1	82	83	130	135	137.5	137.5	137.5	69.5
3	Andy Cudd	MR-M1	82.3	83	-130	132.5	-137.5	132.5	132.5	66.84
1	Karl Syson	MR-M2	83	83	-127.5	127.5	-137.5	127.5	127.5	64.04
2	David Horne	MR-M2	81.7	83	100	105	-112.5	105	105	53.17
1	Ray Jeffery	MR-M3	82	83	110	115	-117.5	115	115	58.12

2	Stephen Vineburg	MR-M3	82.2	83	95	-97.5	-97.5	95	95	47.96
1	Angus Gardner	M-J	92.6	93	-180	180	-190	180	180	59.69
G	Gary Lovett	M-M2	92.5	93	170	182.5	-192.5	182.5	182.5	60.56
1	Hugo Duarte	M-O	92.8	93	217.5	225	-230	225	225	74.52
G	Gary Lovett	M-O	92.5	93	170	182.5	-192.5	182.5	182.5	60.56
2	Angus Gardner	M-O	92.6	93	-180	180	-190	180	180	59.69
1	Marcus Handley	MR-J	89	93	140	-145	-145	140	140	67.88
2	Oliver Pearce	MR-J	91.3	93	122.5	127.5	130	130	130	62.24
4	Nickolas Towson	MR-J	87.1	93	120	-130	-130	120	120	58.82
3	Chris Spurgeon	MR-J	93	93	110	117.5	122.5	122.5	122.5	58.12
5	Joe Hodgson	MR-J	87.4	93	102.5	110	115	115	115	56.27
1	Billy Watson	MR-O	92.6	93	162.5	170	-180	170	170	80.83
2	Dan Seaton	MR-O	91.5	93	152.5	157.5	-162.5	157.5	157.5	75.32
3	Marcus Handley	MR-O	89	93	140	-145	-145	140	140	67.88
5	Peter Billington	MR-O	85.4	93	120	127.5	-135	127.5	127.5	63.12
4	Oliver Pearce	MR-O	91.3	93	122.5	127.5	130	130	130	62.24
7	Nickolas Towson	MR-O	87.1	93	120	-130	-130	120	120	58.82
6	Chris Spurgeon	MR-O	93	93	110	117.5	122.5	122.5	122.5	58.12
8	Joe Hodgson	MR-O	87.4	93	102.5	110	115	115	115	56.27
9	Wade Lowther	MR-O	91.5	93	95	110	-115	110	110	52.61
10	Terence Leach	MR-O	91.6	93	80	-117.5	-117.5	80	80	38.24
1	Peter Billington	MR-M1	85.4	93	120	127.5	-135	127.5	127.5	63.12
1	Wade Lowther	MR-M3	91.5	93	95	110	-115	110	110	52.61
1	Terence Leach	MR-M4	91.6	93	80	-117.5	-117.5	80	80	38.24
1	Thomas Shaw	M-J	103.5	105	180	200	-205	200	200	62.52
1	Robert Baxter	M-M4	100.2	105	112.5	120	125	125	125	39.7
1	Thomas Shaw	M-O	103.5	105	180	200	-205	200	200	62.52
2	Robert Baxter	M-O	100.2	105	112.5	120	125	125	125	39.7
1	Robert Baxter	MR-M4	99	105	110	120	-125	120	120	38.35
1	Wesley McGuinness	MR-O	97.5	105	165	-170	170	170	170	78.83
3	Norbert Kulczycki	MR-O	97.2	105	150	157.5	162.5	162.5	162.5	75.46
2	Rory Ainslie	MR-O	102.5	105	155	160	165	165	165	74.72
1	Robert Baxter	MR-O	99	105	110	120	-125	120	120	38.35
1	Darren Ball	M-M2	119.4	120	200	221	-245.5	221	221	65.13
1	Darren Ball	M-O	119.4	120	200	221	-245.5	221	221	65.13
DQ	Joseph Shaw	M-O	110.1	120	-230	-235	-235			
1	Brandon Lee	MR-SJ	119.1	120	145	152.5	155	155	155	65.6
1	Joseph Watson	MR-O	112.4	120	180	187.5	-192.5	187.5	187.5	81.4
2	Ryan Dixon	MR-O	115.5	120	170	180	-182.5	180	180	77.21
3	Brandon Lee	MR-O	119.1	120	145	152.5	155	155	155	65.6
1	Ryan Dixon	MR-M1	115.5	120	170	180	-182.5	180	180	77.21
1	Nathan Britton	MR-J	173.8	120+	182.5	192.5	200	200	200	73.48
2	Jack Leaney	MR-J	142.4	120+	152.5	160	-165	160	160	62.99
1	Ryan Philips-Martin	MR-O	144.1	120+	200	-220	220	220	220	86.23
3	Toby Caswell	MR-O	125.8	120+	180	-190	-190	180	180	74.44
2	Nathan Britton	MR-O	173.8	120+	182.5	192.5	200	200	200	73.48
4	Chris Gillard	MR-O	154.8	120+	157.5	167.5	-172.5	167.5	167.5	63.96
5	Jack Leaney	MR-O	142.4	120+	152.5	160	-165	160	160	62.99