

English Bench Press Championships 2025 (05/04/25)

Place	Name	Sex	Country	Eq	Div	BW	WC	B1	B2	B3	Best	TotalKg	IPF Points	Event	Team
1	Tyler Bailey	F	52	Raw	FR-J	51	52	57.5	62.5	-65	62.5	62.5	60.9	B	SW
1	Chloe Thomas	F	57	Raw	FR-J	55.8	57	67.5	-72.5	-72.5	67.5	67.5	60.98	B	SW
2	Lara Baxendale	F	57	Raw	FR-J	55.9	57	57.5	62.5	-65	62.5	62.5	56.38	B	SW
1	Rachel Finlay	F	63	Raw	FR-J	60.1	63	-50	50	55	55	55	47.2	B	SE
1	Lauryn Flanagan	F	69	Raw	FR-J	64.4	69	80	85	90	90	90	74.21	B	WM
2	Jodie Partington	F	69	Raw	FR-J	68	69	-80	80	85	85	85	68.23	B	GL
1	Stephanie Roderick	F	84+	Raw	FR-J	125.3	84+	65	70	72.5	72.5	72.5	51.34	B	SE
1	Amila Dissanayake	F	52	Raw	FR-O	51.6	52	77.5	82.5	-85	82.5	82.5	79.53	B	GL
2	Megan Davenport	F	52	Raw	FR-O	51.7	52	-67.5	72.5	75	75	75	72.17	B	GL
3	Emily Westray	F	52	Raw	FR-O	51.3	52	67.5	72.5	-75	72.5	72.5	70.26	B	YNE
1	Felicity Sadler	F	57	Raw	FR-O	55.7	57	62.5	65	-67.5	65	65	58.8	B	EM
2	Rani Gupta	F	57	Raw	FR-O	56.4	57	55	60	-62.5	60	60	53.77	B	GL
1	Charlotte Mackie	F	63	Raw	FR-O	60.7	63	100	105	-107.5	105	105	89.55	B	EM
2	Chloe Lancaster	F	63	Raw	FR-O	59.8	63	72.5	77.5	80	80	80	68.87	B	SE
3	Ellen Hollingsworth	F	63	Raw	FR-O	62.1	63	72.5	77.5	80	80	80	67.31	B	YNE
4	Noa Holt	F	63	Raw	FR-O	61.9	63	70	75	77.5	77.5	77.5	65.33	B	SW
5	Caitlin Bell	F	63	Raw	FR-O	59.6	63	65	70	-72.5	70	70	60.39	B	WM
1	Catherine Phipps	F	69	Raw	FR-O	67.7	69	87.5	92.5	95	95	95	76.41	B	SM
2	Fiona Macgregor	F	69	Raw	FR-O	67.4	69	77.5	82.5	-85	82.5	82.5	66.49	B	WM
3	Eleanor Bareham	F	69	Raw	FR-O	65.8	69	70	75	-80	75	75	61.16	B	NM
4	Jaz Jameson-Allen	F	69	Raw	FR-O	68.2	69	57.5	62.5	65	65	65	52.1	B	GL
5	Megan Heaton-Harris	F	69	Raw	FR-O	68.5	69	60	-65	65	65	65	52	B	GL
1	Charlotte Sidaway	F	76	Raw	FR-O	74.5	76	95	102.5	107.5	107.5	107.5	83.14	B	SW
2	Frederika St John	F	76	Raw	FR-O	72.6	76	80	85	-92.5	85	85	66.37	B	YNE
3	Holly Thompson	F	76	Raw	FR-O	71.1	76	77.5	82.5	-85	82.5	82.5	64.95	B	EM
1	Sheri Miles	F	84	Raw	FR-O	80.1	84	102.5	107.5	110	110	110	83.12	B	SE
2	Laila Virji	F	84	Raw	FR-O	80.1	84	75	80	85	85	85	64.23	B	SE
3	Amy Preston	F	84	Raw	FR-O	80.8	84	72.5	82.5	-85	82.5	82.5	62.18	B	EM
1	Rebecca Coggle	F	84+	Raw	FR-O	156.5	84+	127.5	132.5	135.5	135.5	135.5	95.33	B	SE
2	Jennifer Payet	F	84+	Raw	FR-O	117.2	84+	92.5	97.5	-102.5	97.5	97.5	69.32	B	GL
3	Emma Barnes	F	84+	Raw	FR-O	119.9	84+	85	90	95	95	95	67.44	B	NM
4	Scarlett Sotiris	F	84+	Raw	FR-O	104.4	84+	82.5	87.5	92.5	92.5	92.5	66.45	B	SM
5	Abigail Wood	F	84+	Raw	FR-O	98.2	84+	75	80	-85	80	80	57.92	B	NM
1	Catherine Woodward	F	63	Raw	FR-M1	62.6	63	80	85	87.5	87.5	87.5	73.28	B	NM

1	Habiba Hussain	F	69	Raw	FR-M1	67.9	69	57.5	60	62.5	62.5	62.5	50.2	B	GL
1	Sophie Machin	F	76	Raw	FR-M1	76	76	52.5	57.5	62.5	62.5	62.5	48.01	B	EM
2	Ros Lyon	F	76	Raw	FR-M1	75.1	76	55	60	-62.5	60	60	46.27	B	SM
1	Tiana Ettienne	F	84	Raw	FR-M1	83	84	80	85	90	90	90	67.35	B	EM
2	Ali Parr	F	84	Raw	FR-M1	83.1	84	-77.5	80	-85	80	80	59.85	B	SM
1	Christina Mcdermott	F	84+	Raw	FR-M1	129.5	84+	82.5	87.5	90	90	90	63.64	B	NW
2	Sheren Rose	F	84+	Raw	FR-M1	119.2	84+	75	80	82.5	82.5	82.5	58.59	B	EM
3	Fern Fox	F	84+	Raw	FR-M1	110.7	84+	72.5	77.5	80	80	80	57.13	B	SM
4	Caroline Buckle	F	84+	Raw	FR-M1	100.2	84+	72.5	77.5	-82.5	77.5	77.5	55.95	B	YNE
1	Niki Carter	F	63	Raw	FR-M2	61.2	63	55	57.5	60	60	60	50.92	B	SW
2	Joanne Holden	F	63	Raw	FR-M2	59.4	63	42.5	45	47.5	47.5	47.5	41.07	B	YNE
1	Karen Mckendry	F	76	Raw	FR-M2	71	76	72.5	-75	-75	72.5	72.5	57.11	B	EM
2	Elizabeth Windle	F	76	Raw	FR-M2	74.2	76	55	57.5	-60	57.5	57.5	44.54	B	EM
3	Rebecca Colley-Foster	F	76	Raw	FR-M2	74.9	76	50	52.5	-55	52.5	52.5	40.53	B	NW
1	Georgina Palmer	F	84	Raw	FR-M2	77	84	67.5	72.5	-77.5	72.5	72.5	55.45	B	SW
2	Emma Kehoe	F	84	Raw	FR-M2	82.2	84	67.5	-72.5	72.5	72.5	72.5	54.39	B	SM
1	Karen Mouch	F	84+	Raw	FR-M2	116.8	84+	80	85	-90	85	85	60.44	B	SE
1	Janice Hawes	F	84	Raw	FR-M3	80.4	84	50	55	60	60	60	45.29	B	EM
1	Barbara Leach	F	84+	Raw	FR-M4	94.2	84+	50	60	-67	60	60	43.72	B	NW
1	Sophie Newby-Deane	F	63	Single-ply	F-O	59.9	63	80	85	87.5	87.5	87.5	54.57	B	NW
1	Romina Basting	F	69	Single-ply	F-O	64.8	69	100	110	-117.5	110	110	65.25	B	EM
2	Sophie Gay	F	69	Single-ply	F-O	68.2	69	95	100	-105	100	100	57.59	B	SM
DQ	Kathryn Hall	F	69	Single-ply	F-O	64.5	69	-122.5	-122.5	-122.5				B	SE
1	Katie Higgins	F	76	Single-ply	F-O	72.7	76	-110	110	115	115	115	64.03	B	EM
1	Laura Battersby	F	84	Single-ply	F-O	81.2	84	-95	-95	95	95	95	50.28	B	NW
1	Shaunni Clutterbuck	F	84+	Single-ply	F-O	100.5	84+	115	125	-130	125	125	61.53	B	SM
1	Nicola Champ	F	52	Single-ply	F-M1	51.6	52	65	70	-72.5	70	70	48.82	B	EM
1	Amber Hinchelwood	F	63	Single-ply	F-M1	61	63	65	70	72.5	72.5	72.5	44.67	B	SE
1	Rachael Horton	F	84	Single-ply	F-M1	82.9	84	105	110	112.5	112.5	112.5	59.04	B	WM
1	Katrina Sweatman	F	84+	Single-ply	F-M1	136.3	84+	210	220	228	228	228	105.9	B	EM
1	Emma Stott	F	57	Single-ply	F-M2	56.4	57	87.5	95	-100	95	95	61.81	B	NM
1	Wendie Kirkland	F	69	Single-ply	F-M2	68.6	69	95	102.5	110	110	110	63.14	B	NM
2	Maddie Connolly	F	69	Single-ply	F-M2	68.2	69	95	-100	-100	95	95	54.71	B	YNE
1	Jo Frost	F	84	Single-ply	F-M2	81.6	84	115	117.5	-123	117.5	117.5	62.06	B	YNE
1	Cyrus Poonawalla	M	66	Raw	MR-SJ	65.3	66	120	-122.5	-122.5	120	120	68.46	B	SE
2	Bradley Kohut	M	66	Raw	MR-SJ	64.2	66	80	85	90	90	90	51.83	B	NM
1	Hari Tampin	M	83	Raw	MR-SJ	81.6	83	135	142.5	147.5	147.5	147.5	74.74	B	NM

2	Musaddiq Rehman	M	83	Raw	MR-SJ	82	83	135	-142.5	-145	135	135	68.23	B	WM
3	Alfie Applegate	M	83	Raw	MR-SJ	76.1	83	97.5	110	-122.5	110	110	57.8	B	SW
1	Oscar Staton	M	93	Raw	MR-SJ	83.5	93	135	142.5	145	145	145	72.61	B	YNE
1	Oli Gledhill	M	83	Raw	MR-J	80.9	83	-157.5	157.5	-172.5	157.5	157.5	80.16	B	SW
2	Ethan Taylor	M	83	Raw	MR-J	81.5	83	135	142.5	147.5	147.5	147.5	74.79	B	NW
3	Ollie Davies	M	83	Raw	MR-J	81.7	83	135	140	-145	140	140	70.89	B	EM
4	Hayden Simmons	M	83	Raw	MR-J	82.3	83	-130	135	-142.5	135	135	68.1	B	SW
1	Wojciech Herezo	M	93	Raw	MR-J	91.1	93	170	177.5	182.5	182.5	182.5	87.47	B	WM
2	Jake Harris	M	93	Raw	MR-J	92.3	93	155	165	-172.5	165	165	78.57	B	SW
3	Aaron Dixon	M	93	Raw	MR-J	91.2	93	137.5	145	150	150	150	71.85	B	YNE
4	Philip Lloyd	M	105	Raw	MR-J	92.3	93	130	135	-137.5	135	135	64.29	B	YNE
5	Ollie Woodward	M	93	Raw	MR-J	90.1	93	115	120	-125	120	120	57.83	B	SE
DQ	Luke Sturch	M	93	Raw	MR-J	89.7	93	-140	-147.5	-147.5				B	NW
1	Jacob Harding	M	105	Raw	MR-J	103.3	105	-150	155	162.5	162.5	162.5	73.32	B	YNE
2	Charlie Cambridge	M	105	Raw	MR-J	102.6	105	145	152.5	157.5	157.5	157.5	71.29	B	EM
3	Elliott Flannery	M	105	Raw	MR-J	101.8	105	140	150	-160	150	150	68.14	B	NW
4	Abdulmohsen Alkhubaizi	M	105	Raw	MR-J	102.1	105	130	135	-140	135	135	61.24	B	SE
5	Patrick Moorhouse	M	105	Raw	MR-J	94.2	105	130	132.5	-135	132.5	132.5	62.47	B	YNE
1	Cian Cassidy Baxter	M	120	Raw	MR-J	114.5	120	162.5	170	175	175	175	75.35	B	NW
2	Joseph Asal	M	105	Raw	MR-J	110.8	120	140	145	147.5	147.5	147.5	64.45	B	YNE
1	Jack Leaney	M	120+	Raw	MR-J	138.6	120+	162.5	170	-175	170	170	67.63	B	SE
2	Ilyas Dachraoui	M	120+	Raw	MR-J	137.4	120+	155	162.5	-170	162.5	162.5	64.86	B	NW
1	Kieran Huxtable	M	59	Raw	MR-O	57.7	59	112.5	117.5	120	120	120	73.31	B	NM
1	James Miller	M	74	Raw	MR-O	73.5	74	152.5	157.5	-162.5	157.5	157.5	84.3	B	SM
2	Kieran Drysdale	M	74	Raw	MR-O	73.6	74	142.5	147.5	152.5	152.5	152.5	81.56	B	SW
3	George Sandoe	M	74	Raw	MR-O	73.7	74	142.5	147.5	152.5	152.5	152.5	81.5	B	SW
4	Jeremy Wilson	M	74	Raw	MR-O	74	74	125	-130	-130	125	125	66.66	B	EM
1	Samuel Adebayo	M	83	Raw	MR-O	77.9	83	140	145	150	150	150	77.86	B	GL
2	Jake Law	M	83	Raw	MR-O	80.2	83	140	-145	145	145	145	74.13	B	SE
3	Gary Cooper	M	83	Raw	MR-O	81.5	83	145	-150	-152.5	145	145	73.52	B	SE
4	Alex Macaulay	M	83	Raw	MR-O	82.7	83	130	137.5	142.5	142.5	142.5	71.71	B	YNE
1	Connor Mills	M	93	Raw	MR-O	83.8	93	170	175	-180	175	175	87.47	B	SE
2	Richard Cooper	M	93	Raw	MR-O	91.3	93	162.5	170	175	175	175	83.78	B	SE
3	Ryan Anderson	M	93	Raw	MR-O	92.9	93	165	172.5	175	175	175	83.07	B	GL
4	Grzegorz Sitarz	M	93	Raw	MR-O	92.2	93	165	172.5	-180	172.5	172.5	82.19	B	SE
5	Jay Batten	M	93	Raw	MR-O	92.8	93	157.5	167.5	172.5	172.5	172.5	81.93	B	SW
1	Wesley Mcguinness	M	105	Raw	MR-O	104.1	105	190	-200	200	200	200	89.91	B	SW

2	Callum Clohessy	M	105	Raw	MR-O	102.8	105	140	150	-160	150	150	67.83	B	GL
3	Ashraf Alhasan	M	105	Raw	MR-O	103.8	105	140	150	-155	150	150	67.52	B	SM
1	Ashley Watson	M	120	Raw	MR-O	111.9	120	200	210	-215	210	210	91.35	B	EM
2	Barnie Skinner	M	120	Raw	MR-O	115.1	120	177.5	185	-187.5	185	185	79.47	B	GL
3	Marvelous James	M	120	Raw	MR-O	107.5	120	170	180	-185	180	180	79.73	B	GL
1	Ryan Phillips-Martin	M	120+	Raw	MR-O	157.8	120+	215	230	238.5	238.5	238.5	90.47	B	WM
2	Nathan Johnston	M	120+	Raw	MR-O	129.9	120+	170	180	185	185	185	75.51	B	GL
1	Simon Voakes	M	74	Raw	MR-M1	71	74	115	120	125	125	125	68.15	B	SM
2	Stuart Ashton	M	74	Raw	MR-M1	72.7	74	107.5	110	-115	110	110	59.22	B	SM
1	Peter Billington	M	83	Raw	MR-M1	80.2	83	117.5	122.5	-127.5	122.5	122.5	62.63	B	YNE
1	Andy Cudd	M	93	Raw	MR-M1	90.9	93	160	-165	-165	160	160	76.77	B	GL
2	Jonathan Shayler	M	93	Raw	MR-M1	92.2	93	140	150	155	155	155	73.85	B	SE
1	Nathan Oxford	M	105	Raw	MR-M1	103.3	105	165	-172.5	180	180	180	81.21	B	YNE
1	Lorenas Mikalajunas	M	120	Raw	MR-M1	114.8	120	165	170	-175	170	170	73.11	B	EM
1	Ryan Dixon	M	120+	Raw	MR-M1	122.1	120+	-180	190	200	200	200	83.76	B	SE
2	Dan Kohut	M	120+	Raw	MR-M1	147.1	120+	-190	190	-200	190	190	73.9	B	NM
DQ	Herb Sherman	M	120+	Raw	MR-M1	152.6	120+	-182.5	-182.5	-202.5				B	SE
1	David Horne	M	83	Raw	MR-M2	81.7	83	100	105	110	110	110	55.7	B	SM
1	Kevin Rack	M	93	Raw	MR-M2	91.6	93	130	135	-137.5	135	135	64.53	B	SW
1	Martin Green	M	105	Raw	MR-M2	104.3	105	150	157.5	160	160	160	71.87	B	SM
2	James Gordon	M	105	Raw	MR-M2	103.9	105	130	135	-140	135	135	60.74	B	SE
1	Andrew Pountney	M	120	Raw	MR-M2	117	120	140	150	160	160	160	68.24	B	YNE
1	Paul Merricks	M	120+	Raw	MR-M2	165.6	120+	195.5	203	208	208	208	77.62	B	WM
2	Paul Baines	M	120+	Raw	MR-M2	147.6	120+	160	170	180	180	180	69.92	B	NW
3	Mike Tanner	M	120+	Raw	MR-M2	132.4	120+	150	155	-160	155	155	62.78	B	SW
1	Stephen Vineburg	M	83	Raw	MR-M3	82.4	83	100	105	-107.5	105	105	52.94	B	GL
1	Steve Giles	M	105	Raw	MR-M3	100.8	105	-92.5	92.5	102.5	102.5	102.5	46.78	B	SM
1	Terence Leach	M	93	Raw	MR-M4	90	93	80	-85	-85	80	80	38.57	B	NW
1	Oskar Wencel	M	93	Single-ply	M-J	89.7	93	175	185	-190	185	185	62.54	B	WM
2	Nickolas Towson	M	93	Single-ply	M-J	92.1	93	150	162.5	-175	162.5	162.5	54.06	B	WM
1	Brandon Lee	M	120	Single-ply	M-J	118.1	120	197.5	207.5	215.5	215.5	215.5	63.76	B	EM
1	Daniel Mills	M	74	Single-ply	M-O	72.8	74	100			100	100	39.5	B	NM
1	Josh Inman	M	93	Single-ply	M-O	90.4	93	190	200	207.5	207.5	207.5	69.81	B	NM
1	Hugo Duarte	M	105	Single-ply	M-O	103	105	215	225	232.5	232.5	232.5	72.85	B	EM
2	Angus Gardner	M	105	Single-ply	M-O	97.8	105	190	200	-205	200	200	64.33	B	SE
DQ	Andy Champ	M	105	Single-ply	M-O	103.8	105	-265	-265	-265				B	EM
1	Tony Cliffe	M	120	Single-ply	M-O	119.4	120	300	-320	320	320	320	94.3	B	NW

1	Craig Coggle	M	120+	Single-ply	M-O	152.9	120+	245	275	-285	275	275	75.87	B	SE
2	Ryan Phillips-Martin	M	120+	Single-ply	M-O	157.8	120+	205	-275		205	205	56.24	B	WM
1	Aaron Gideon	M	66	Single-ply	M-M1	64.7	66	186	-192	-192	186	186	82.41	B	SE
1	Ben Richens	M	83	Single-ply	M-M1	82.8	83	155	-165	-165	155	155	55.27	B	SW
1	Andy Cudd	M	93	Single-ply	M-M1	91.4	93	180	190	-200	190	190	63.49	B	GL
1	Andrew Miles	M	93	Single-ply	M-M2	90.5	93	147.5	-160	160	160	160	53.79	B	SE
1	Darren Ball	M	120+	Single-ply	M-M2	124.3	120+	250	262.5	270	270	270	78.49	B	SE