

WM Winter Cup 25/11/23 - 26/11/23

Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points
1	Elena Wolfson	F	Raw	FR-J	47	47	-70	70	75	75	55	60	62.5	62.5	82.5	90	95	95	232.5	64.45
1	Lucy Wang	F	Raw	FR-J	63	63	105	112.5	120	120	47.5	52.5	55	55	137.5	-150	-155	137.5	312.5	68.37
2	Jess Fowkes	F	Raw	FR-J	61.3	63	-72.5	72.5	-80	72.5	-37.5	40	-42.5	40	85	-90	95	95	207.5	46.22
1	Hanna Davis	F	Raw	FR-J	65.8	69	160	165	-170	165	70	-75	75	75	170	177.5	-185	177.5	417.5	88.9
2	Tea Clark	F	Raw	FR-J	66.5	69	107.5	115	-120	115	57.5	62.5	65	65	137.5	145	152.5	152.5	332.5	70.36
3	Megan Sermon	F	Raw	FR-J	68.4	69	77.5	82.5	87.5	87.5	50	52.5	-55	52.5	105	112.5	117.5	117.5	257.5	53.61
1	Alicia Culyer	F	Raw	FR-J	103.2	84+	135	142.5	155	155	85	92.5	-100	92.5	185	195	200	200	447.5	79.16
1	Lydia Oerton	F	Raw	FR-O	51.1	52	107.5	115	120	120	50	52.5	55	55	120	130	-140	130	305	78.19
1	Amy Crumpton	F	Raw	FR-O	56.8	57	120	-127.5	130	130	50	55	-57.5	55	145	155	-165	155	340	79.96
2	Catherine Wilson	F	Raw	FR-O	56.8	57	100	105	-110	105	45	-50	50	50	142.5	150	155	155	310	72.91
3	Sabaha Iqbal	F	Raw	FR-O	56.3	57	85	95	-105	95	45	47.5	-50	47.5	110	120	127.5	127.5	270	63.93
1	Rachael Robertsom	F	Raw	FR-O	62.9	63	115	122.5	130	130	65	70	-75	70	135	145	-152.5	145	345	75.56
1	Shannon Slack	F	Raw	FR-O	67.6	69	105	112.5	-117.5	112.5	50	52.5	-55	52.5	140	147.5	155	155	320	67.07
DQ	Rachel Jackon	F	Raw	FR-O	67.4	69	120	127.5	132.5	132.5	65	-70	-70	65	-160	-160	-160			
1	Lianne Brook	F	Raw	FR-O	74.4	76	135	145	152.5	152.5	75	80	82.5	82.5	165	175	182.5	182.5	417.5	83.16
2	Beth Thomas	F	Raw	FR-O	73	76	137.5	145	-150	145	80	85	87.5	87.5	152.5	160	165	165	397.5	79.93
1	Nasreen Ahmed Brooker	F	Raw	FR-M1	68.6	69	110	115	120	120	65	-67.5	67.5	67.5	125	132.5	-140	132.5	320	66.51
1	Kerry Bolton	F	Raw	FR-M1	81.9	84	115	120	125	125	62.5	-67.5	-67.5	62.5	150	157.5	162.5	162.5	350	66.77
1	Kelly Phasey	F	Raw	FR-M1	87.7	84+	115	125	132.5	132.5	65	65	65	65	135	145	152.5	152.5	350	65.04
2	Tiffany Hughes	F	Raw	FR-M1	108.7	84+	110	125	-135	125	52.5	55	-62.5	55	130	-140	140	140	320	55.92
1	Nicola Leigh	F	Raw	FR-M2	58.3	63	65	70	75	75	40	45	47.5	47.5	85	90	95	95	217.5	50.18
1	Jeni Aulman	F	Raw	FR-M2	81.3	84	105	120	130	130	55	60	65	65	130	145	155	155	350	66.97
1	Janet Houlis	F	Raw	FR-M3	89.5	84+	60	65	-75	65	42.5	47.5	52.5	52.5	95	105	117.5	117.5	235	43.36
1	Catherine Hoaresmith	F	Single-ply	FR-O	54.7	57	150	160	-167.5	160	72.5	77.5	80	80	160	172.5	182.5	182.5	422.5	83.16
1	Katie Higgins	F	Single-ply	FR-O	68.2	69	160	170	175	175	80	85	90	90	150	155	160	160	425	73.5
1	Hannah Graham	F	Single-ply	FR-O	80.5	84	150	160	170	170	70	80	-85	80	160	180	-200	180	430	68.81
1	Lewis Pirie	M	Raw	MR-SJ	65.4	66	112.5	120	127.5	127.5	72.5	77.5	80	80	160	175	-185	175	382.5	59.91
1	Tin Yan Lee	M	Raw	MR-SJ	68.7	74	152.5	162.5	-170	162.5	105	110	-117.5	110	185	195	-207.5	195	467.5	71.35
2	Austin Betteridge	M	Raw	MR-SJ	73.6	74	160	-167.5	167.5	167.5	82.5	90	92.5	92.5	170	182.5	190	190	450	66.25
3	Ben Kaye	M	Raw	MR-SJ	68.7	74	130	140	150	150	90	-100	100	100	165	175	-180	175	425	64.86
4	Joseph Lowke	M	Raw	MR-SJ	72.4	74	150	157.5	165	165	75	80	-85	80	160	170	180	180	425	63.11
5	Edmond Hedley	M	Raw	MR-SJ	72	74	135	-145	-152.5	135	85	87.5	-100	87.5	185	-205	-205	185	407.5	60.68
6	Alex James	M	Raw	MR-SJ	72.4	74	110	120	130	130	95	102.5	107.5	107.5	142.5	-147.5	147.5	147.5	385	57.17
7	George Marsh	M	Raw	MR-SJ	72.1	74	-120	122.5	127.5	127.5	75	-80	-80	75	155	162.5	167.5	167.5	370	55.06
DQ	William Milichamp	M	Raw	MR-SJ	70	74	-165	167.5	-172.5	167.5	-92.5	92.5	-95	92.5	-192.5	-192.5	-192.5			
1	Charlie Ehlen	M	Raw	MR-SJ	88.9	93	195	205	215	215	-120	125	130	130	220	230	245	245	590	78.91
2	Reuben Done	M	Raw	MR-SJ	91.3	93	-180	180	190	190	115	122.5	-127.5	122.5	220	240	250	250	562.5	74.25
3	Dominik Michon	M	Raw	MR-SJ	91.3	93	160	162.5	172.5	172.5	-100	102.5	105	105	200	217.5	232.5	232.5	510	67.32
4	Cayden Hammond	M	Raw	MR-SJ	91.6	93	160	170	-190	170	-105	105	-112.5	105	200	215	-230	215	490	64.58
5	Gabriel Boswell	M	Raw	MR-SJ	92	93	-145	155	-162.5	155	92.5	-97.5	97.5	97.5	170	185	192.5	192.5	445	58.52
1	Tommy Docherty-Hutchings	M	Raw	MR-SJ	103.8	105	150	-160	-165	150	-130	130	-135	130	200	210	-222.5	210	490	60.82
1	Simeon Gagov	M	Raw	MR-SJ	147.5	120+	220	242.5	-255	242.5	100	-110	-115	100	195	215	230	230	572.5	61.15
1	Mohammed Arifur Rahman	M	Raw	MR-J	57	59	135	147.5	-160	147.5	97.5	102.5	105	105	150	165	175	175	427.5	72.06
1	Anis Rahman	M	Raw	MR-J	64.7	66	152.5	165	-175	165	90	-100	-100	90	190	200	-205	200	455	71.68
1	Tom Dawson	M	Raw	MR-J	74	74	165	175	190	190	125	127.5	145	145	200	225	232.5	232.5	567.5	83.31
2	Caden Otter	M	Raw	MR-J	70.8	74	185	200	-205	200	102.5	107.5	-112.5	107.5	230	245	-255	245	552.5	83
3	Jacob Ellis	M	Raw	MR-J	73.4	74	170	180	185	185	100	105	-110	105	-230	-230	230	230	520	76.66
4	Ethan Miles	M	Raw	MR-J	72.5	74	165	-170	-170	165	105	110	-115	110	195	205	-210	205	480	71.22
1	Adam Cronin	M	Raw	MR-J	82.9	83	190	202.5	215	215	125	130	135	135	215	235	250	250	600	83.11
2	Gabriel Trych	M	Raw	MR-J	81.2	83	205	215	225	225	127.5	130	-132.5	130	-220	230	240	240	595	83.28
3	Thomas Gauvin	M	Raw	MR-J	80.6	83	-190	205	-210	205	115	-120	-120	115	260	-280	-280	260	580	81.49
4	Oscar Brooks-Feller	M	Raw	MR-J	80.5	83	177.5	187.5	195	195	102.5	107.5	-112.5	107.5	200	210	217.5	217.5	520	73.11
DQ	Bashar Omer	M	Raw	MR-J	78	83	160	180	205	205	-110	-120	-120	120	200	220	240	240		
1	Nathaniel Woodbridge	M	Raw	MR-J	89.7	93	227.5	237.5	243	243	105	115	125	125	-255	255	267.5	267.5	635.5	84.62
2	Benedict Cave	M	Raw	MR-J	90.9	93	195	210	220	220	95	-105	-107.5	95	210	227.5	240	240	555	73.42
3	Matthew Bell	M	Raw	MR-J	92.5	93	147.5	155	-162.5	155	112.5	122.5	130	130	190	205	-215	205	490	64.27
1	Alex Stokes	M	Raw	MR-J	104.5	105	235	252.5	-257.5	252.5	132.5	-140	-140	132.5	272.5	292.5	305	305	690	85.38
2	Dominik Matuszyk	M	Raw	MR-J	104.2	105	225	240	250	250	130	137.5	-142.5	137.5	250	267.5	-280	267.5	655	81.16
3	Anthony Aldcroft	M	Raw	MR-J	102.8	105	205	217.5	-220	217.5	120	127.5	-132.5	127.5	240	255	260	260	605	75.44
4	Conor Casey	M	Raw	MR-J	95.3	105	167.5	180	190	190	82.5	90	-97.5	90	185	202.5	215	215	495	63.99
1	Dillon Burgess	M	Raw	MR-J	112.3	120	180	192.5	-200	192.5	127.5	-135	-135	127.5	210	225	-232.5	225	545	65.25
1	David Thomas	M	Raw	MR-O	65.1	66	167.5	177.5	180	180	80	85	87.5	87.5	192.5	202.5	-207.5	202.5	470	73.8

1	Luke Rogers	M	Raw	MR-O	74	74	220	230	237.5	237.5	117.5	125	127.5	127.5	255	275	-285	275	640	93.96
2	Maxwell Mazey	M	Raw	MR-O	73.6	74	170	180	187.5	187.5	-107.5	-110	110	110	200	212.5	-225	212.5	510	75.08
1	Karl Barnett	M	Raw	MR-O	81	83	220	230	-235	230	172.5	180	180	180	280	290	-300	290	700	98.1
2	Ben Passmore	M	Raw	MR-O	82.7	83	200	-212.5	212.5	212.5	115	120	-125	120	242.5	257.5	-270	257.5	590	81.82
3	Harry Parker	M	Raw	MR-O	81.8	83	180	200	-205	200	110	-117.5	117.5	117.5	240	250	255	255	572.5	79.84
DQ	Matthew Doyle	M	Raw	MR-O	80	83	190	200	210	210	-120	-130	-130		220	235	250	250		
1	Adam Madelin	M	Raw	MR-O	90.5	93	225	240	250	250	165	172.5	-180	172.5	265	280	-290	280	702.5	93.14
2	Tobias Rogers	M	Raw	MR-O	89.4	93	232.5	242.5	250	250	147.5	155	-160	155	255	277.5	295	295	700	93.37
3	Ben Johnson	M	Raw	MR-O	92	93	210	220	-227.5	220	-145	150	-155	150	280	290	300	300	670	88.11
4	Terence Chiu	M	Raw	MR-O	90.4	93	212.5	222.5	230	230	140	147.5	152.5	152.5	250	262.5	-270	262.5	645	85.56
5	Hasan Nasaar	M	Raw	MR-O	90.2	93	220	235	242.5	242.5	127.5	-132.5	-132.5	127.5	245	257.5	265	265	635	84.33
6	Shyam Papat	M	Raw	MR-O	91.3	93	207.5	220	227.5	227.5	135	142.5	147.5	147.5	227.5	240	250	250	625	82.5
7	Evan Warlow	M	Raw	MR-O	91.4	93	215	230	235	235	117.5	125	130	130	235	250	260	260	625	82.46
8	Graeme Levings	M	Raw	MR-O	86.5	93	142.5	150	155	155	107.5	112.5	115	115	180	192.5	205	205	475	64.4
1	Jordaine Jones	M	Raw	MR-O	103.6	105	250	-270	-270	250	170	-177.5	-177.5	170	280	312.5	-322.5	312.5	732.5	91.01
2	Adam Downie	M	Raw	MR-O	99.5	105	202.5	220	230	230	140	150	152.5	152.5	250	275	290	290	672.5	85.16
3	Ewan Morris	M	Raw	MR-O	104.2	105	220	230	240	240	140	-147.5	-155	140	-260	270	280	280	660	81.78
4	Omar Ali	M	Raw	MR-O	93.5	105	217.5	232.5	-242.5	232.5	137.5	145	150	150	237.5	252.5	-265	252.5	635	82.85
5	Michael Mander	M	Raw	MR-O	98.9	105	197.5	210	217.5	217.5	137.5	145	-150	145	245	260	272.5	272.5	635	80.64
6	Mohammed Ali	M	Raw	MR-O	99.1	105	177.5	187.5	195	195	112.5	117.5	125	125	227.5	240	250	250	570	72.32
1	Steven Barber	M	Raw	MR-O	118.6	120	260	275	280	280	-175	175	177.5	177.5	260	270	285	285	742.5	86.76
2	Peter Onyemenam	M	Raw	MR-O	110.7	120	235	250	260	260	127.5	135	-140	135	272.5	290	300	300	695	83.75
3	Will Davy	M	Raw	MR-O	114.2	120	202.5	215	225	225	125	130	-135	130	205	220	227.5	227.5	582.5	69.21
1	Ross Luker	M	Raw	MR-M1	96.5	105	125	132.5	140	140	67.5	-72.5	-72.5	67.5	165	172.5	175	175	382.5	49.15
1	Neil Simpson	M	Raw	MR-M3	101.6	105	150	155	160	160	120	-127.5	127.5	127.5	-200	200	205	205	492.5	61.75
1	Harri Singh Cheema	M	Raw	MR-M4	73.6	74	140	150	160	160	90	95	97.5	97.5	150			150	407.5	59.99
1	Oskar Wencel	M	Single-ply	MR-SJ	82	83	180	200	-220	200	110	-120	-120	110	200	210		210	520	60.48
1	Matthew Martynyszyn	M	Single-ply	MR-O	120	120	270	285	300	300	170	-182.5	-182.5	170	260	280	-292.5	280	750	72.48
1	Jas Singh	M	Single-ply	MR-M2	102.7	105	250	-265	-270	250	140	150	155	155	225	240	250	250	655	67.64
1	Stan Macrow	M	Single-ply	MR-M4	67.4	74	130	140	145	145	75	80	85	85	160	170	180	180	410	54.11
1	James Brincat-Smith	M	Single-ply	MR-M1	175.4	120+					180	190	200	200					200	54.01