

# Lift Loud Classic 2024

20/01/2024

Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Bench1Kg	Bench2Kg	Bench3Kg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	TotalKg
1	Karmen Harvey	F	Raw	Women's Open	107.5	84+	155	162.5	170	90	-94	94	155	165	-172.5	429
2	Wing Suet Koon	F	Raw	Women's Open	93.55	84+	135	145	155	60	65	70	140	150	160	385
1	Camila Cardwell	F	Raw	Women's Open	75.95	-76	132.5	140	145	70	75	77.5	157.5	170	-180	392.5
2	Sophia King-Mason	F	Raw	Women's Open	72.8	-76	140	147.5	155	60	65	-67.5	140	150	157.5	377.5
3	Elizabeth Windle	F	Raw	Women's Open	74.3	-76	80	87.5	95	50	52.5	-55.5	107.5	113	118	265.5
1	Natasha Brooks	F	Raw	Women's Open	83.35	-84	167.5	177.5	182.5	85	90	-92.5	187.5	200	207.5	480
2	Grace Howse	F	Raw	Women's Open	79.35	-84	140	150	155	-100	105	108	160	170	177.5	440.5
3	Tiana Ettienne	F	Raw	Women's Open	81.85	-84	142.5	-150	-150	65	67.5	70	140	155	170	382.5
4	Deniz Yazgan	F	Raw	Women's Open	84	-84	107.5	115	120	50	-52.5	-52.5	130	140	150	320
1	Courtney Brown	F	Raw	Women's Open	61.45	-63	102.5	110	115	70	75	77.5	137.5	147.5	157.5	350
2	Jessica Rigley	F	Raw	Women's Open	60.8	-63	92.5	97.5	-102.5	57.5	60	62.5	122.5	130	135	295
3	Elizabeth Culyer	F	Raw	Women's Open	62.35	-63	82.5	90	95	50	55	60	130	140	-160	295
1	Alanna Flewitt	F	Raw	Women's Open	55.1	-57	92.5	100	105	47.5	52.5	-55	105	115	120	277.5
1	Zara Guppy	F	Raw	Women's Open	67.8	-69	105	112.5	115	70	-75	75	145	160	165	355
2	Rebekah Aitken	F	Raw	Women's Open	68.5	-69	-115	120	-130	70	75	-77.5	145	-152.5	-152.5	340
1	Ashley Priddle	M	Equipped	Men's Sub Junior	90.15	-93	135	142.5	-150	80	87.5	90	135	145	150	382.5
1	Chris Gallagher	M	Raw	Men's Open	82.75	-83	220	240	250	-150	157.5	165	220	235	-242.5	650
1	Archie Cleverley	M	Raw	Men's Open	177.6	120+	245	-260	260	157.5	165	170	242.5	257.5	270	700
1	Tom Stapley	M	Raw	Men's Open	93	-93	-207.5	212.5	-220	152.5	-157.5	-157.5	232.5	242.5	247.5	612.5
2	Jay Keenan	M	Raw	Men's Open	92.15	-93	170	182.5	190	125	132.5	140	175	195	210	540
3	Jack Cannon	M	Raw	Men's Open	92.35	-93	180	200	205	90	102.5	-107.5	180	200	210	517.5
1	Tom Beech	M	Raw	Men's Open	73.9	-74	205	215	-225	102.5	-110	-110	240	257.5	265	582.5
2	Luke Warner	M	Raw	Men's Open	73.8	-74	152.5	157.5	165	120	130	-140	205	220	240	535
3	George Abbott	M	Raw	Men's Open	69.4	-74	150	162.5	172.5	105	-110	-110	230	245	250	527.5
4	Toby Locke	M	Raw	Men's Open	73.9	-74	165	172.5	177.5	-95	95	100	185	200	-212.5	477.5
1	Louis Keightley-Smith	M	Raw	Men's Open	117.9	-120	270	287.5	-295	187.5	197.5	205	275	295	307.5	800
2	Adam Crafer	M	Raw	Men's Open	118.35	-120	235	250	260	135	142.5	145	260	280	295	700
1	Matthew Rudd-Einecker	M	Raw	Men's Open	104.4	-105	220	235	-242.5	160	170	-175	250	270	-282.5	675
2	Chris Taylor	M	Raw	Men's Open	98.15	-105	220	227.5	-230	130	-140	-140	245	252.5	257.5	615
3	Kieron Tang	M	Raw	Men's Open	104.5	-105	185	200	210	-115	115	125	190	205	220	555
4	Ben Burch	M	Raw	Men's Open	100.7	-105	-165	165	172.5	-120	127.5	-135	-210	220	225	525
1	Harry Lincoln	M	Raw	Men's Sub Junior	76.85	-83	105	112.5	125	-70	75	-77.5	180	195	215	415
1	Megan Redshaw	F	Raw	Women's Open	51.05	-52	92.5	-97.5	97.5	45	47.5	-50	117.5	125	-127.5	270