

EM PWRTHR Spring Classic 19/05/24

Name	Team	Div	Bwt - kg	IPF Wt Cls	Lot #	Squat 1	Squat 2	Squat 3	Best	Bench 1	Bench 2	Bench 3	Best	Deadlift 1	Deadlift 2	Deadlift 3	Best	Total	Event
Katie Rimell	EM	FR-O	56.45	57	110	140	150	157.5	157.5	65	70	72.5	72.5	155	170	177.5	177.5	407.5	PL
Luisa Vargas	GL	FR-O	67.05	69	111	122.5	132.5	-140	132.5	62.5	67.5	70	70	162.5	172.5	-177.5	172.5	375	PL
Niki Neocleous	EM	FR-O	67.85	69	116	127.5	135	142.5	142.5	-70	70	75	75	135	147.5	155	155	372.5	PL
Katie Duckworth	EM	FR-O	67.1	69	117	-120	125	-130	125	57.5	62.5	65	65	120	125	130	130	320	PL
Rachel Parker	EM	FR-O	67.3	69	112	97.5	105	-107.5	105	50	52.5	-55	52.5	110	117.5	125	125	282.5	PL
Samantha Cantrell	EM	FR-O	68.9	69	113	85	92.5	97.5	97.5	42.5	47.5	50	50	115	122.5	130	130	277.5	PL
Diamond Franklin	EM	FR-O	74.1	76	211	145	155	162.5	162.5	90	-95	95	95	182.5	192.5	200	200	457.5	PL
Camila Cardwell	EM	FR-O	75.2	76	115	127.5	137.5	145	145	75	80	-82.5	80	162.5	175	182.5	182.5	407.5	PL
Sally Sweeney	GL	FR-O	75.2	76	114	127.5	137.5	-145	137.5	62.5	67.5	70	70	155	165	172.5	172.5	380	PL
Temitope Nuga	GL	FR-O	80	84	217	180	192.5	200	200	117.5	122.5	-125	122.5	210	222.5	-230	222.5	545	PL
Marina Garcia de Almeida	GL	FR-O	83.5	84	210	175	185	190	190	102.5	107.5	110	110	210	225	-235	225	525	PL
Laura McEwan	EM	FR-O	84	84	215	140	147.5	150	150	80	85	-87.5	85	145	157.5	167.5	167.5	402.5	PL
Leandro Viveiros	GL	MR-J	81.55	83	312	205	215	225	225	100	-102.5	-102.5	100	230	250	-275	250	575	PL
Heyden Laughlin	EM	MR-J	81.3	83	314	172.5	-182.5	182.5	182.5	110	117.5	122.5	122.5	220	235	247.5	247.5	552.5	PL
Yuvraj Agarwal	EM	MR-J	81.35	83	311	182.5	192.5	200	200	115	122.5	-127.5	122.5	210	222.5	-230	222.5	545	PL
Joey Barber	EM	MR-J	84.5	93	417	177.5	190	197.5	197.5	102.5	110	-115	110	190	200	210	210	517.5	PL
Nathan Brewer	EM	MR-J	88.3	93	310	-175	180	-190	180	100	105	110	110	195	210	220	220	510	PL
Bryce Thornhill	EM	MR-J	99.2	105	410	220	232.5	242.5	242.5	155	162.5	170	170	225	245	-255	245	657.5	PL
Hussein Waiswa	SM	MR-J	114.95	120	414	242.5	255	265	265	142.5	150	157.5	157.5	270	290	-310	290	712.5	PL
Mushfiqur Rahman	GL	MR-O	73.7	74	213	187.5	202.5	-210	202.5	135	145	150	150	200	215	225	225	577.5	PL
Curtis Rothwell-Cody	EM	MR-O	69.45	74	216	170	180	-190	180	102.5	110	-112.5	110	200	215	227.5	227.5	517.5	PL
Harry French	SE	MR-O	87.6	93	415	205	220	227.5	227.5	150	157.5	162.5	162.5	275	295	310	310	700	PL
Gareth Griffiths	EM	MR-O	90.75	93	318	240	250	-260	250	140	-150	-150	140	300	320	-330	320	710	PL
James Maher	EM	MR-O	92.1	93	317	210	-225	230	230	115	122.5	-125	122.5	260	285	307.5	307.5	660	PL
Sunny Tank	GL	MR-O	90.65	93	416	-207.5	-212.5	212.5	212.5	125	132.5	-137.5	132.5	245	265	-280	265	610	PL
Dexter Baah	EM	MR-O	92.2	93	315	167.5	177.5	187.5	187.5	135	142.5	-150	142.5	215	230	245	245	575	PL
Matthew Garnham	EM	MR-O	83.5	93	319	145	155	162.5	162.5	110	117.5	120	120	160	170	180	180	462.5	PL
Sam Blackaby	EM	MR-O	88.4	93	313	130	142.5	150	150	87.5	95	100	100	172.5	187.5	195	195	445	PL
Daniel Olaofe	GL	MR-O	103.55	105	419	240	250	260	260	150	155	160	160	310	330	-350	330	750	PL
Daniel Hirst	YNE	MR-O	101.55	105	411	235	252.5	262.5	262.5	132.5	142.5	-145	142.5	245	265	275	275	680	PL
Daniel Miller	EM	MR-O	100.6	105	413	220	232.5	245	245	147.5	155	162.5	162.5	230	245	262.5	262.5	670	PL
Sam Stuckey	EM	MR-O	103.15	105	418	205	220	225	225	145	152.5	-157.5	152.5	250	270	280	280	657.5	PL
Joe Charlton	EM	MR-O	94.4	105	412	197.5	212.5	225	225	137.5	147.5	152.5	152.5	200	220	240	240	617.5	PL
Garrett Adams	EM	MR-SJ	69.3	74	214	97.5	-110	110	110	70	75	77.5	77.5	130	140	-150	140	327.5	PL
Tom Easter	EM	MR-SJ	81.9	83	316	145	155	165	165	105	112.5	117.5	117.5	165	-172.5	175	175	457.5	PL
Albert Balakunets	GL	MR-SJ	83.5	93	320	145	155	-167.5	155	-105	-115	115	115	155	167.5	182.5	182.5	452.5	PL