

## GL Summer Divisional 010723

Place	Name	Sex	Division	Bodyweigh	WeightClas	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Deadl	TotalKg	Points
1	Rebecca Heath	F	F-O	46.3	47	100	105	110	110	57.5	62.5		62.5	112.5	122.5	130	130	302.5	85.12
1	Alison Benjamin	F	F-O	50.1	52	60	62.5	67.5	67.5	32.5	35	37.5	37.5	75	80	-85	80	185	48.27
1	Yana	F	F-O	55.4	57	130	135	140	140	60	65	-67.5	65	130	140	-152.5	140	345	82.71
2	Pru Mowbray	F	F-O	56.4	57	100	110	-115	110	57.5	62.5	-65	62.5	120	127.5	135	135	307.5	72.71
3	Yuanyuan Pao	F	F-O	56.9	57	85	90	95	95	55	-60	-60	55	95	105	115	115	265	62.24
1	Katie Hall	F	F-O	61.5	63	115	125	130	130	72.5	77.5	-80	77.5	130	140	145	145	352.5	78.35
2	Lara Oliver-Tomic	F	F-O	62.3	63	115	117.5	122.5	122.5	55	60	-65	60	132.5	140	-145	140	322.5	71.07
3	Marta Lesina	F	F-O	63	63	92.5	-97.5	100	100	57.5	-62.5	65	65	115	120	125	125	290	63.45
4	Elisabetta Conradi	F	F-O	61.6	63	82.5	90	95	95	50	55	57.5	57.5	100	110	115	115	267.5	59.39
5	Shana Brooks	F	F-O	62.2	63	82.5	87.5	92.5	92.5	35	40	45	45	97.5	105	112.5	112.5	250	55.15
1	Dami Howells	F	F-O	68.9	69	155	165	172.5	172.5	55	62.5	-67.5	62.5	170	185	192.5	192.5	427.5	88.64
2	Hannah Middlebrook	F	F-O	68.6	69	115	122.5	125	125	60	65	67.5	67.5	147.5	155	160	160	352.5	73.27
3	Eleanor Smith	F	F-O	68.3	69	117.5	125	132.5	132.5	60	-62.5	-62.5	60	132.5	145	147.5	147.5	340	70.84
4	Rashara Harewood	F	F-O	68.1	69	102.5	110	117.5	117.5	45	52.5	-60	52.5	127.5	137.5	147.5	147.5	317.5	66.26
5	Alexandra Dima	F	F-O	66.4	69	105	110	112.5	112.5	62.5	-65	-67.5	62.5	115	125	-130	125	300	63.54
DQ	Claire Yates	F	F-O	68	69	-77.5	-77.5	-77.5		45	-47.5	47.5	47.5	80	92.5	100	100		
1	Izzy Fakkal	F	F-O	71.7	76	115	122.5	127.5	127.5	65	-70	-70	65	152.5	162.5	172.5	172.5	365	74.07
2	Annabel Barr	F	F-O	73.8	76	117.5	125	132.5	132.5	65	70	75	75	132.5	142.5	152.5	152.5	360	71.99
3	Patricia Meana Saez	F	F-O	75.5	76	100	110	115	115	62.5	70	75	75	130	140	150	150	340	67.24
4	Yunia Maalo	F	F-O	72.8	76	105	115	120	120	47.5	52.5	-55	52.5	130	145	160	160	332.5	66.95
5	Sajanee Samuel	F	F-O	70.6	76	100	107.5	-115	107.5	-55	57.5	-60	57.5	140	150	160	160	325	66.49
6	Rianne Mccartney	F	F-O	74.4	76	100	110	-120	110	50	55	60	60	125	132.5	145	145	315	62.74
7	Praveeta Thayalan	F	F-O	71.6	76	92.5	97.5	100	100	57.5	-60	-60	57.5	125	135	-142.5	135	292.5	59.4
8	Khadija Kachra	F	F-O	71.5	76	97.5	100	110	110	55	60	-65	60	107.5	115	120	120	290	58.94
9	Erica Goh	F	F-O	72.4	76	105	110	115	115	37.5	-40	-40	37.5	115	122.5	132.5	132.5	285	57.55
1	Klara Boudova	F	F-O	81.9	84	120	130	140	140	60	70	-77.5	70	140	147.5	152.5	152.5	362.5	69.16
2	Marianne Lound-McGowan	F	F-O	82.3	84	112.5	120	125	125	62.5	67.5	-70	67.5	130	137.5	142.5	142.5	335	63.78
3	Greta Galimberti	F	F-O	80.9	84	95	100	-105	100	57.5	60	-62.5	60	115	120	127.5	127.5	287.5	55.13
4	Vikki Cohen	F	F-O	82.9	84	-60	70	75	75	35	40	42.5	42.5	95	102.5	-107.5	102.5	220	41.76
1	MikÅ©la Henry-Lowe	F	F-O	114.2	84+	150	157.5	162.5	162.5	80	85	-87.5	85	157.5	167.5	172.5	172.5	420	72.65
2	Emily Dennis	F	F-O	144	84+	152.5	157.5	162.5	162.5	92.5	97.5	-100	97.5	130	-140	-140	130	390	65.29
3	Serena Bersani	F	F-O	87.7	84+	110	120	130	130	55	60	62.5	62.5	110	120	135	135	327.5	60.86
4	Alexandria Cordova	F	F-O	91.5	84+	115	120	127.5	127.5	67.5	-72.5	-72.5	67.5	115	125	-135	125	320	58.6
1	Salman Desai	M	M-O	56.9	59	115	122.5	130	130	75	80	85	85	140	150	160	160	375	63.27
1	Alain Peroumal	M	M-O	60	66	95	107.5	115	115	-52.5	52.5	65	65	130	142.5	152.5	152.5	332.5	54.53
1	Jake Cazin-Meyer	M	M-O	73.8	74	-190	190	-210	190	117.5	125	130	130	-225	235	-250	235	555	81.59
2	Peter Le	M	M-O	71.8	74	160	167.5	175	175	100	105	110	110	205	220	-230	220	505	75.31
3	Stefan Saverimuttu	M	M-O	71.5	74	160	170	-180	170	110	120	-125	120	200	210	-215	210	500	74.73
4	Godfrey Chau	M	M-O	72	74	170	182.5	185	185	95	102.5	105	105	-205	207.5	-215	207.5	497.5	74.09
5	Clement Guardiera	M	M-O	71.5	74	152.5	162.5	-165	162.5	117.5	120	-122.5	120	195	-205	-205	195	477.5	71.37
6	Kamron Mir-Gajadhar	M	M-O	74	74	150	-157.5	157.5	157.5	100	107.5	-110	107.5	170	182.5	190	190	455	66.8
1	Anakin Kwok	M	M-O	75.7	83	160	180	190	190	110	120	125	125	200	225	265	265	580	84.15
2	Colin Chu	M	M-O	82.7	83	190	202.5	210	210	125	132.5	135	135	230	-245	-245	230	575	79.74

3	Jack Bowen-Bravery	M	M-O	81	83	160	180	190	190	125	130	-132.5	130	-230	-250	250	250	570	79.88
4	Peter Emerson	M	M-O	80.8	83	170	180	-187.5	180	-120	-125	125	125	200	210	220	220	525	73.67
5	Mason Green-Prosper	M	M-O	81.5	83	177.5	190	200	200	92.5	100	-107.5	100	200	210	220	220	520	72.65
6	Alan Malek	M	M-O	75.9	83	130	-150	150	150	105	115	-120	115	165	180	200	200	465	67.38
7	Teo Valdes Vodanovic	M	M-O	81	83	165	175	-180	175	80	90	95	95	170	180	190	190	460	64.47
1	Caleb Ellis	M	M-O	91.8	93	235	250	260	260	127.5	-135	-137.5	127.5	250	275	-280	275	662.5	87.22
2	Tyler Acheampong	M	M-O	91.5	93	200	210	220	220	-135	145	155	155	227.5	240	250	250	625	82.42
3	Alan Flanagan	M	M-O	92.5	93	157.5	170	180	180	115	122.5	130	130	200	220	230	230	540	70.83
4	Wilberth Solano	M	M-O	85	93	170	180	190	190	110	115	120	120	200	210	-215	210	520	71.12
5	Jubril Balogun	M	M-O	91	93	165	175	180	180	92.5	100	105	105	210	222.5	230	230	515	68.09
6	Alan Joseph	M	M-O	85	93	-150	150	160	160	100	110	115	115	180	200	220	220	495	67.7
7	Tiwa Adejuyigbe	M	M-O	90	93	165	170	172.5	172.5	95	-102.5	-102.5	95	192.5	205	217.5	217.5	485	64.48
8	Dave Osborne	M	M-O	91	93	140	152.5	160	160	100	105	107.5	107.5	190	212.5	-227.5	212.5	480	63.47
9	Lloyd Taylor	M	M-O	91.2	93	-160	170	175	175	100	107.5	-112.5	107.5	180	190	-202.5	190	472.5	62.41
10	Michael Oghenekevwe	M	M-O	84.1	93	155	165	-175	165	-102.5	107.5	-112.5	107.5	155	165	175	175	447.5	61.54
1	Chago Bunton Cole	M	M-O	96	105	227.5	235	242.5	242.5	165	175	-180	175	270	285	300	300	717.5	92.43
2	Daniel Olaofe	M	M-O	103.5	105	215	230	240	240	140	147.5	152.5	152.5	290	305	320	320	712.5	88.56
3	Ivan Otim	M	M-O	100.1	105	180	195	-205	195	112.5	-117.5	117.5	117.5	240	260	275	275	587.5	74.18
4	Simon Parsons	M	M-O	98	105	197.5	207.5	215	215	130	137.5	-142.5	137.5	197.5	205	212.5	212.5	565	72.07
1	Reece Smith	M	M-O	119.6	120	260	285	300	300	167.5	175	180	180	260	285	-300	285	765	89.06
2	Tom Roberts	M	M-O	108.3	120	220	230	237.5	237.5	162.5	172.5	180	180	240	255	-265	255	672.5	81.85
3	Samuel Monkley	M	M-O	107.4	120	225	-230	230	230	120	125	-130	125	250	260	270	270	625	76.36
4	John Carroll	M	M-O	117.6	120	-210	220	225	225	140	147.5	155	155	225	235	245	245	625	73.3
5	Nimrod Avissar	M	M-O	118.8	120	195	205	207.5	207.5	120	-127.5	-127.5	120	205	215	222.5	222.5	550	64.22