

## SM Bench Fest 16/12/23

Place	Name	Sex	BirthYear	Age	Equipment	BW	WC	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	TotalKg	Event
1	Amanda Hughes	F	1979	44	Equipped	56.1	57	-90	92.5	-100	92.5	92.5	B
1	Kathryn Hall	F	1996	27	Equipped	61.8	63	100	105	110	110	110	B
1	Sara Cardinale	F	1998	25	Equipped	68.4	69	65	-77.5	-77.5	65	65	B
1	Kate Sweatman	F	1985	38	Equipped	133.6	84+	210	-230	-230	210	210	B
2	Emily Shergold	F	2002	21	Equipped	91.9	84+	102.5	110	-115.5	110	110	B
1	Cristiana Sessini	F	1990	33	Raw	51.4	52	65	70.5	73	73	73	B
2	Laura Petch	F	1994	29	Raw	50	52	57.5	60	-62.5	60	60	B
3	Kelly Woolgar	F	1986	37	Raw	50.5	52	40	42.5	45	45	45	B
1	Sadie Evans	F	2003	20	Raw	62.8	63	-70	70	77.5	77.5	77.5	B
2	Rita Shergold	F	1965	58	Raw	62	63	65	70	-72.5	70	70	B
3	Kirsty Binge	F	1994	29	Raw	63	63	57.5	60	-62.5	60	60	B
1	Alexandra Henry	F	1999	24	Raw	69	69	92.5	97.5	-100	97.5	97.5	B
2	Catherine Phipps	F	1990	33	Raw	67.7	69	82.5	87.5	90	90	90	B
3	Sadie Blake	F	1994	28	Raw	66.3	69	47.5	50	-52.5	50	50	B
1	Beverley Rodgers	F	1972	51	Raw	69.9	76	85	90	-95	90	90	B
2	Princess Kunadu	F	2006	17	Raw	74.1	76	72.5	-77.5	77.5	77.5	77.5	B
3	Ella Okko	F	2000	23	Raw	74.9	76	67.5	70	75	75	75	B
1	Kelsey English	F	2000	23	Raw	79.9	84	80	87.5	90	90	90	B
2	Emma Kehoe	F	1972	51	Raw	84	84	65	70	-75	70	70	B
1	Shaunni Clutterbuck	F	1992	31	Raw	86.9	84+	62.5	67.5	72.5	72.5	72.5	B
1	Mathew Hallett	M	1992	31	Equipped	92.6	93	250	260	-270	260	260	B
2	Angus Gardner	M	2000	23	Equipped	93	93	185	-195	-205	185	185	B
3	Hector Willcocks	M	2007	16	Equipped	93	93	140	-145	-145	140	140	B
1	Darren Hibbert	M	1980	43	Equipped	104.2	105	175	-185	-190	175	175	B
DQ	Martin Green	M	1974	49	Equipped	104.2	105	-235	-235	-240			B
1	Jack Barber	M	1993	30	Equipped	110.5	120	202.5	212.5	-220	212.5	212.5	B
2	Henry Gorecki	M	2000	23	Equipped	120	120	180	-192.5	-192.5	180	180	B
1	Adeel Imtiaz	M	2007	16	Raw	49.8	53	70	80	-90	80	80	B
1	Cyrus Poonawalla	M	2009	14	Raw	63.1	66	95	100	102.5	102.5	102.5	B
2	Finley Highfield	M	2006	17	Raw	66	66	92.5	97.5	102.5	102.5	102.5	B
1	David Thomas	M	2004	19	Raw	74	74	132.5	-137.5	142.5	142.5	142.5	B
2	Conor Eede	M	1999	24	Raw	72.9	74	130	135	140	140	140	B
1	Sam Whale	M	2001	22	Raw	82.5	83	147.5	155	160	160	160	B
2	Dale Murrell	M	1995	28	Raw	82.7	83	140	145	150	150	150	B
3	Andy Cudd	M	1978	45	Raw	83	83	140	145	150	150	150	B
4	Jose Manuel Arias Morales	M	1983	40	Raw	82.8	83	130	140	145	145	145	B
5	Will Beale	M	1991	32	Raw	79.8	83	135	140	-145	140	140	B
6	Mitchell Thompson	M	1997	26	Raw	78.9	83	-130	130	-145	130	130	B
7	Benjamin Morris	M	2002	21	Raw	80.6	83	105	115	122.5	122.5	122.5	B
8	David Horne	M	1967	56	Raw	81.8	83	100	107.5	115	115	115	B
1	Aleksei Parakhoniak	M	1980	42	Raw	91	93	147.5	160	-167.5	160	160	B
2	Oliver Robson	M	2002	21	Raw	92.2	93	140	145	-152.5	145	145	B
3	Nick Whitehouse	M	1964	59	Raw	89.6	93	100	-105	110	110	110	B
4	Joe Bee	M	1994	29	Raw	89.4	93	-60	70	75	75	75	B
1	Ashley Liston	M	1989	34	Raw	101.4	105	190	200	210	210	210	B
2	Shuai Jiang	M	1995	28	Raw	103.3	105	170	-190	-190	170	170	B
3	Cyril Yerifor	M	1992	31	Raw	103.8	105	150	162.5	-170	162.5	162.5	B
4	Sam Dauncey	M	1994	29	Raw	98.3	105	150	-162.5	-162.5	150	150	B
1	Ryan Phillips-Martin	M	1992	31	Raw	144.4	120+	215	222.5	-227.5	222.5	222.5	B
2	Bradley Horne	M	1997	26	Raw	131.9	120+	190	-202.5	-202.5	190	190	B