

The East Midlands Powerlifting Association

Presents the

'All England Powerlifting Championships'

Hosted by the **Farm Powerlifting & Weightlifting Club** on the **8th & 9th October 2011** at **Moulton College** **Pitsford Road, Moulton Northampton NN3 7RR**

The 'All England Powerlifting Championships' will be a combined event for Equipped (under IPF rules) & unequipped lifters who are GBPF members of an English Division	This year will be two separate competitions the equipped event being held on the 8/10/11 and the unequipped on the 9/10/11 with awards for sub junior, junior, senior and Masters age categories.
As with last year's event, there are no set qualifying standards and therefore only the first 50 entries per day per day will be accepted.	All competitors will receive a commemorative T-shirt at the weigh-in and need to complete an anti-doping registration form.

Sat 8th October 2011 equipped lifters	Weigh-in times
All Sub junior, & Junior lifters Male and female	9.00 – 10.30 am lift-off 11.00am
All Master & senior lifters	12.00 – 1.30 pm lift-off 2.00pm
Sun 9th October 2011 unequipped lifters only	
All Sub junior & junior lifters male & female	9.00 -10.30am lift-off 11.00am
All master & senior lifters	12.00 -1.30pm lift-off 2.00pm

- **Please note – these weigh-in times are provisional and are subject to actual entries received no later than 1.00pm on the 24th September 2011.**

All England Powerlifting Championship 2011 – entry form

Name

Address

e-mail

Contact telephone number

GBPF membership no.

Division

Competition entered: EQUIPPED - UNEQUIPPED

Body weight class:

Age category: SUB JUNIOR- JUNIOR – SENIOR – MASTER
1 MASTER 2 - MASTER 3 – MASTER 4/5

Entry fees £20.00 to be made payable to ‘The Farm Weightlifting Club’ and sent to the organiser Kevin Jane, 17, Weedon Lane, Norton, Northants NN11 2NQ. Tel 01327 312535. Closing date strictly 1.00pm 24th September 2011

Venue Address – Moulton College, Sports centre, Gate 4, Pitsford Road, Moulton Northampton NN3 7RR

The venue has ample free car parking and refreshments will be available both days.

Adult spectators will be charged £5.00 per day OAP’s and under 16’s £2.50 - Please note that each year 50% of any profits made from the competition are donated to help support the English team in the Four Nations competition and this year may help towards supporting an English team in the Commonwealth Powerlifting Championships.



Accommodation

Please contact me if you require information about accommodation near to the venue, alternatively details will be posted on the English Powerlifting website in due course.