



Preliminary Nominations for 2011 Championships

NOMINATIONS POWERLIFTING EQUIPPED

NOMINATIONS POWERLIFTING OPEN MEN

Class	Last Name	First Name	Country	Best total in last year
59	Rana Shyam	Singh	India	545
59	Sanjay		India	340
66	Wilkes Darren		Wales	500
74	Richard Phillip		Wales	757.5
74	Muir Sean		Australia	690
74	Singh Jasvinder		England	620
74	Neilson Sam		Scotland	540
74	Bruce Scott		Scotland	450
83	Palmer Rob		England	862.5
83	Sokoli Livingstone		Papua New Guinea	735
83	Waheed Kareem		Nigeria	730
83	Burgess Ben		England	670
83	Oluwatuyi Mathew		Nigeria	620
83	Singh Shyam		India	610
83	Martin Gary		Scotland	550
83	Khan Khalid Mahmood		Pakistan	480
93	Watkins Phillip		Wales	750
93	Love Robert		Scotland	730
93	Shokeen Sachin		India	670
93	Sharma Nitin		India	500
105	MacDonald John		Canada	915
105	Francis Howard		Wales	757.5
105	Van Der Haer		South Africa	600
105	Ibrahim M Idris		Nigeria	520
120	Banks Ben		England	885
120	Lepeka Nanai		Australia	767.5
120	Muritala Muhammed		Nigeria	740

120	Saini Venkat	India	655
120	Sulaiman Samsondeen	Nigeria	600
120	Wilkinson Mike	Scotland	600
120+	Bowring Dean	England	1050
120+	Greene Carlos	Trinidad & Tobago	780
120+	Pennington Mike	Scotland	750
120+	Adnan Muhammed Abdul Jabar	Pakistan	675
120+	Parkes Thomas	Scotland	600

NOMINATIONS POWERLIFTING OPEN WOMEN

Class	Last Name	First Name	Country	Best total in last year
57	Range	Hesterki	South Africa	337.5
57	Duncan	Sharnell	New Zealand	317.5
63	Watton	Louise	Wales	462.5
63	De Sousa	Michelle	South Africa	385
63	Constantine	Michelle	England	372
72	Pulsan	Linda	Papua New Guinea	475
72	Anamemere	K Mabel	Nigeria	380

NOMINATIONS POWERLIFTING JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
53	Ali	Nizam	India	450
66	Tyers	Stephen	England	585
66	Choudhury	Chandan	India	560
66	Bruce	Christopher	South Africa	492.5
74	Chahal	Sunil	England	667
74	Duff	James	England	657.5
74	Censori	Michael	Australia	527.5
83	Cannings	Alistair	England	677
83	Valentine	Nathan	South Africa	660
83	Hubbard	Owen	Wales	640
93	Fourie	Juan	South Africa	660
93	Bielby	Peter	England	640
105	Grobler	Martin	South Africa	685
105	Beaumont	Lewis	England	600

120	Walton Joe	England	725
120	Karamveer	India	650

NOMINATIONS POWERLIFTING JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
57	Maritz	Lize-Mari	South Africa	290
63	Adesanmi V	Oluwatoyin	Nigeria	545
72	Moses	Gloria	Nigeria	540

NOMINATIONS POWERLIFTING SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
59	Pile	Sam	England	350
66	Connor	Andrew	England	480
66	Fourie	Jaques	South Africa	460
83	Strang	Ryan	England	527.5
83	Keyes	Cameron	England	427
93	Johnston	David	England	520
120	Cridland	David	England	475

NOMINATIONS POWERLIFTING SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Rowlands	Sharn	England	250
63	Jordaan	Anneke	South Africa	267.5
72	Hicks	Lisa	England	305

NOMINATIONS POWERLIFTING MASTERS 1 MEN

Class	Last Name	First Name	Country	Best total in last year
59	Abraham	Bino P	India	480
74	Parab	Rajesh G.	India	470
74	Vyas	Bhuppinder	India	457.5

93	Bullock Joe	England	760
93	Gidney Paul	Canada	717.5
93	Adewale T.S	England	700
93	Nicholas Gerient	Wales	650
93	Agbabiaka Alu	Nigeria	590
93	Singh Manohar	India	520
105	Gott Steve	England	720
105	Butt Athar Kamran	Pakistan	700
105	Jordaan Christo	South Africa	655
105	Akram Azhar	Pakistan	650
120	Nicholls Tom	Canada	930
120	Agboola Alexander	Nigeria	750
120	Toshare Manik	India	690
120	Prakash Sathya	India	585
120+	Sadler Bob	Wales	760

NOMINATIONS POWERLIFTING MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best total in last year
57	Range	Hesterki	South Africa	337.5
63	De Sousa	Michelle	South Africa	385
63	Barrs	Helen	England	337.5
84	Maton	Jean	England	480
84	Blasbery	Jackie	England	440

NOMINATIONS POWERLIFTING MASTERS 2 MEN

Class	Last Name	First Name	Country	Best total in last year
66	Merza	Zia	England	432.5
74	Ottolanqui	Allen	England	592.5
83	Singh	Joga	England	540
83	Quarty-Gyamfi	Frank	England	540
93	Huff	Robert	South Africa	500
93	Moffatt	Tommy	Scotland	500
105	Wagh	B D	India	540
120	Ludick	Andre	South Africa	597.5

NOMINATIONS POWERLIFTING MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best total in last year
52	Hunter	Jenny	England	370
84+	Fitzsimmons	Geraldine	Scotland	380

NOMINATIONS POWERLIFTING MASTERS 3 MEN

Class	Last Name	First Name	Country	Best total in last year
74	Macrow	Stan	England	497.5
74	Amey	Mick	England	450
83	Lincoln	Willie	Scotland	640
83	Delaney	Ron	Canada	620
93	Jane	Kevin	England	710
105	Battisson	David	England	567.5
105	Dulling	Jim	England	567.5

NOMINATIONS POWERLIFTING MASTERS 4 MEN *Maximum 3 lifters covering all classes*

Class	Last Name	First Name	Country	Best total in last year

NOMINATIONS POWERLIFTING MASTERS 3 WOMEN *Maximum 3 lifters covering all classes*

Class	Last Name	First Name	Country	Best total in last year
84	Hollands	Sue	England	435

NOMINATIONS POWERLIFTING UNEQUIPPED

NOMINATIONS UNEQUIPPED POWERLIFTING OPEN MEN

Class	Last Name	First Name	Country	Best total in last year
66	Withington	James	England	447.5
66	Bartlett	Paul	England	447.5
66	Wilkes	Darren	Wales	440
74	Cooper	Paul	England	600
83	Croft	Ben	England	585
83	Hodgett	Mark	England	582.5
83	Maddox	Fraser	Scotland	400
93	Jones	Carlin	England	652.5
93	Smets	Matt	England	602.5
93	Smith	Michael	Wales	600
105	Keys	Marc	Scotland	725
105	Jovicevic	Andrew	Australia	675
105	Walsh	Jon	England	670
105	Parihar	Balvinder	India	610
120	John	Rhys	Wales	752.5

NOMINATIONS UNEQUIPPED POWERLIFTING OPEN WOMEN

Class	Last Name	First Name	Country	Best total in last year
63	Watton	Louise	Wales	400
72	Howell	Louise	England	312
72	Nyers	Kate	England	250
84	Tushuizen	Katherine	Australia	345

NOMINATIONS UNEQUIPPED POWERLIFTING JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
59	Marshall	Philip	England	332
66	Tyers	Stephen	England	495

74	Susany Lev	Australia	555
83	Long Jack	England	582.5
83	Cannings Alister	England	560
83	Jones Aled	Wales	545
83	Wray Jeremy	Wales	540
83	Maduoad Rene	Australia	475
83	Rashed Ghufan	Pakistan	410
93	Eals Anthony	England	595
105	Mills David	England	645
105	Rees Robert	England	717.5
105	Savas Tudor	Australia	545
120	Nowicki Duncan	Scotland	580
120+	Jones Michael	Wales	785
120+	Pearce Matthew	Wales	740

NOMINATIONS UNEQUIPPED POWERLIFTING JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
72	Embleton	Victoria	England	315

NOMINATIONS UNEQUIPPED POWERLIFTING SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best total in last year
66	Cattermole	Ben	England	400
74	Macken	Xavier	Australia	447.5
74	O'Brien	Sam	England	420

NOMINATIONS UNEQUIPPED POWERLIFTING SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best total in last year
72	Hicks	Lisa	England	285
72	Taylor	Bronwyn	Scotland	260

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 1 MEN

Class	Last Name	First Name	Country	Best total in last year
93	Cooper	Chris	England	542.5
93	Ali	Stephen	Scotland	300

105	Butt Athar Kamran	Pakistan	690
105	Giles Marc	England	645
105	MacNeill Jean Derek	Canada	597.5
120	Kirby Russell	England	770
120+	Latham Rod	England	602

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS1 WOMEN

Class	Last Name	First Name	Country	Best total in last year

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 2 MEN

Class	Last Name	First Name	Country	Best total in last year
83	Guise Philip		England	537.5
93	Cole Roy		England	580
93	Rashed Muhammed		Pakistan	400
105	Mitchell John		England	700
105	Blackwell Steve		England	642.5
120	Finch Ian		England	545

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best total in last year
47	Cornwall Marina		England	230
57	Taylor Carol		England	277
72	Wilkinson Sue		England	252.5

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 3 MEN

Class	Last Name	First Name	Country	Best total in last year
59	Brown David		England	302.5

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 4 MEN *Maximum of 3 lifters*

Class	Last Name	First Name	Country	Best total in last year

NOMINATIONS UNEQUIPPED POWERLIFTING MASTERS 3 WOMEN *Maximum of 3 lifter*

Class	Last Name	First Name	Country	Best lift in the last year

BENCH PRESS EQUIPPED NOMINATIONS

NOMINATIONS BENCH PRESS OPEN MEN

Class	Last Name	First Name	Country	Best Bench in last year
59	Gideon	Aaron	England	147.5
59	Sanjay		India	80
66	Wilkes	Darren	Wales	137.5
83	Howard	Andrew	England	180
83	Waheed	Kareem	Nigeria	170
83	Oluwatuti	Mathew	Nigeria	140
83	Thapa	R.B.S.	India	132.5
83	Singh	Shyam	India	130
93	Wells	Ian	England	207.5
93	Shokeen	Sachin	India	162.5
105	Morse	Rick	Australia	220
105	Green	Martin	England	220
105	Parihar	Balvinder	India	165
105	Ibrahim	M Idris	Nigeria	150
120	Douglas	Alex	New Zealand	202.5
120	Sulaiman	Samsondeen	Nigeria	160
120	Muritala	Muhammed	Nigeria	160
120	Saini	Venkat	India	145
120+	Thomas	Rob	Wales	275

NOMINATIONS BENCH PRESS OPEN WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	Kumari	Sudha	India	75
57	Dalling	Lee Ann	Canada	96.5
63	Watton	Louise	Wales	90

NOMINATIONS BENCH PRESS JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Tyers	Stephen	England	145
66	Dixon	Luke	England	90
74	Susany	Lev	Australia	175
83	Hubbard	Owen	Wales	175
83	Cannings	Alister	England	167.5
120	Michael	Pennington	England	240
120	Karamveer		India	157.5
120+	Edwards	Peter	Wales	220
120+	Fortin	Jared	England	192.5

NOMINATIONS BENCH PRESS JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
57	Patel	Nidhi Singh	India	72.5
63	Adesanmi	V Oluwatoyin	Nigeria	105
63	Cellamini		India	60
72	Moses	Gloria	Nigeria	110

NOMINATIONS BENCH PRESS SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
120+	Mellor	Graham	England	195

NOMINATIONS BENCH PRESS SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
72	Hicks	Lisa	England	75
72	Sharma	Ria	India	37.5
84	Devi K.	Rosida	India	60
+84	Narkhede	Dipali	India	62.5
+84	Hemingta	Ch.	India	35

NOMINATIONS BENCH PRESS MASTERS 1 MEN

Class	Last Name	First Name	Country	Best in the last year
59	Sharma Rajiv		India	95
59	Abraham Bino P		India	90
74	Meachen Lee		England	172
74	Prater Gary		England	132.5
74	Lecoursiere Gary		Canada	137.5
74	Parab Rajesh G		India	120
93	Jefferies James		England	247
93	Agbabiaka Olu		Nigeria	120
105	Butt Athar Kamran		Pakistan	220
105	McCormish John		England	180
105	Hammond Paul		Wales	160
120	Cowern Stewart		England	200
120	Frost Phil		England	190
120	Toshare Manik		India	180
120	Agboola Alexander		Nigeria	170
120	Singh Ishar		India	155

NOMINATION BENCH PRESS MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best in the last year
63	Sawant Kalpana		India	75
63	De Souza Michelle		South Africa	67.5
84	Maton Jean		England	100
+84	Guha Sampa		India	97.5

NOMINATION BENCH PRESS MASTERS 2 MEN

Class	Last Name	First Name	Country	Best in the past year
105	Flett Martin		Scotland	200
120	Hulme Allan		England	180
120	Ludik Andre		South Africa	175
120+	Mathew Mackey		England	195

NOMINATIONS BENCH PRESS MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best in the last year

NOMINATIONS BENCH PRESS MASTERS 3 MEN

Class	Last Name	First Name	Country	Best in the last year
66	Byrne	Ted	England	95
74	Lee	Alexander	England	152.5
93	Edwards	Michael	Wales	115
93	Rees	Paul	Wales	115
105	Collins	Tom	England	182.5
120	Smith	Fred	England	137.5

NOMINATIONS BENCH PRESS MASTERS 4 MEN *Maximum three lifters*

Class	Last Name	First Name	Country	Best in the last year
74	Prestage	Ron	New Zealand	117.5
93	McFadyen	Bill	Scotland	160

NOMINATIONS BENCH PRESS MASTERS 3 WOMEN *Maximum three lifters*

Class	Last Name	First Name	Country	Best in the last year

BENCH PRESS UNEQUIPPED NOMINATIONS

NOMINATIONS UNEQUIPPED BENCH PRESS OPEN MEN

Class	Last Name	First Name	Country	Best Bench in last year
59	Johnson	Will	England	100
59	Sanjay		India	80
66	Wilkes	Darren	Wales	120
74	Carlo	Vincent Prakash	India	115
74	Cooper	Paul	England	155
83	Singh	Hardeep	India	120
83	Singh	Sukhvinder	India	95
93	Shokeen	Sachin	India	162.5
93	Wray	Sheridan	England	160
93	Sharma	Nitin	India	100
105	Morse	Rick	Australia	180
105	Walsh	Jon	England	172.5
105	Parihar	Balvinder	India	165
120	Allison	Jim	Scotland	180
120	Saini	Venkat	India	145
120+	Booth	Richard	England	175

NOMINATIONS UNEQUIPPED BENCH PRESS OPEN WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	Blake	Natalie	England	90
52	Poojarathi	Akshatha	India	45
57	Rani	Priti	India	57.5
63	Watton	Louise	Wales	80
63	Devi	Naorem Sushila	India	55

NOMINATIONS UNEQUIPPED BENCH PRESS JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Tyers	Stephen	England	115
83	Hubbard	Owen	Wales	1150
83	Cannings	Alister	England	132.5
120	Karamveer		India	157.5

NOMINATIONS UNEQUIPPED BENCH PRESS JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
52	Ramalaxmi	J	India	85
57	Patel	Nidhi Singh	India	72.5
57	Devi S.	Premila	India	50
63	Cellamini		India	60
72	Supreetha		India	37.5

NOMINATIONS UNEQUIPPED BENCH PRESS SUB JUNIOR MEN

Class	Last Name	First Name	Country	Best Bench in last year
66	Cattermole	Ben	England	92

NOMINATIONS UNEQUIPPED BENCH PRESS SUB JUNIOR WOMEN

Class	Last Name	First Name	Country	Best Bench in last year
72	Hicks	Lisa	England	65
72	Sharma	Ria	India	37.5
84	Devi K.	Rosida	India	60
+84	Narkhede	Dipali	India	62.5
+84	Hemingta	Ch.	India	35

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 1 MEN

Class	Last Name	First Name	Country	Best in the last year
59	Sharma	Rajiv	India	95
59	Abraham	Bino P.	India	90
74	You	Bill	Canada	160
74	Parab	Rajesh G	India	120
83	Barrs	Kevin	England	135
93	Cooper	Chris	England	150
105	Butt	Athar Kamran	Pakistan	190
120	Toshare	Manik	India	180
120	Singh	Ishar	India	155

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 1 WOMEN

Class	Last Name	First Name	Country	Best in the last year
47	Inderjeet		India	35
+84	Guha	Sampa	India	97.5

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 2 MEN

Class	Last Name	First Name	Country	Best in the last year
105	Wagh	BD	India	120
105	Mehta	Ashok Kumar	India	107.5

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 2 WOMEN

Class	Last Name	First Name	Country	Best in the last year
47	Cornwall	Marina	England	50
84	Nar	Vijaya B	India	30

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 3 MEN

Class	Last Name	First Name	Country	Best in the last year
59	Sharma	Mohan Datt	India	70
83	Stringer	Phil	England	150

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 4 MEN *Maximum Three Lifters*

Class	Last Name	First Name	Country	Best in the last year

NOMINATIONS UNEQUIPPED BENCH PRESS MASTERS 3 WOMEN *Maximum Three Lifters*

Class	Last Name	First Name	Country	Best in the last year